

Arthritis Walk®



www.arthritiswalk.org



Brittany Konsoer
Arthritis Walk Honoree
South Suburbs of Illinois

Brittany was a college freshman when she was diagnosed with Seronegative Osteoarthritis in March, 2009. She had suffered with a swollen ankle, knee and elbow and was undergoing physical therapy when arthritis was discovered during an MRI.

Most days are a challenge, but Brittany fights through the pain and continues to work at a job she loves; being a special education teacher. She has completed her master's degree and is looking forward to this year's walk; her sixth!

In her free time Brittany enjoys hanging out with her family and friends, reading and volunteering for committees at work. She is active in a community book club and a variety of education organizations. A lover of softball, Brittany played for over 10 years.

She has been on several medications seeking the one that provides the most relief, with the least amount of side effects. A flare back in December caused her to go on more medication, and she still has pain daily in her elbow and ankle. She has lost some mobility in both areas, but she remains determined to live her best life ever.

When asked about her hopes for the future Brittany said, "That someday a cure for this disease is found." We have the same hope, Brittany.

Her courage to face each day with a new found resilience makes us proud to have Brittany Konsoer as the 2013 Arthritis Walk Honoree.

About the Arthritis Foundation

The Arthritis Foundation (www.arthritis.org) is committed to raising awareness and reducing the unacceptable impact of arthritis, which strikes one in every five adults and 300,000 children, and is the nation's leading cause of disability. To conquer this painful, debilitating disease, we support education, research, advocacy and other vital programs and services.