

# Arthritis Walk®



**Courtney Smith**  
**Arthritis Walk Honoree**  
**Manhattan, KS**

Courtney was diagnosed with Rheumatoid Arthritis (RA) over twenty years ago. She has had numerous struggles over the years, but has seen and experienced the progress of advancements in treatments for RA.

Courtney said, “It wasn’t easy growing up as a teenager with RA, and it honestly still isn’t easy, but you adjust to your limitations. She went on to say, when I was diagnosed there weren’t many choices in treatment. We’ve come such a long way and I hope to see a cure someday.”

A native Texan, Courtney is an Office Manager for Bowman, Bowman Novick, Inc., a local architectural firm. She and her husband Paul have 2 children, Hayley and Lindsey.

Courtney stays busy with volunteer work and has been a participant in all of Manhattan’s Arthritis Walks since they began in 2007. Courtney went on to say, “The Arthritis Foundation has been a great source of information and support for me. Fight this disease with me and let’s have another great turn out at the Walk this year.”

Courtney has remained strong and optimistic despite her challenges, and we are proud to honor her as the 2013 Arthritis Walk Honoree.

### **About the Arthritis Foundation**

The Arthritis Foundation ([www.arthritis.org](http://www.arthritis.org)) is committed to raising awareness and reducing the unacceptable impact of arthritis, which strikes one in every five adults and 300,000 children, and is the nation’s leading cause of disability. To conquer this painful, debilitating disease, we support education, research, advocacy and other vital programs and services.