



**R. Michael Meneghini, MD**  
**Arthritis Walk Medical Honoree**  
**Indianapolis, IN**

Dr. Michael Meneghini is in the business of fixing what arthritis destroys. As an orthopedic surgeon, Dr. Meneghini specializes in hip and knee replacement at Indiana University Health Saxony Hospital. He has a special interest in arthritis in young adults.

“Over 90 percent of my patients have arthritis,” explained Dr. Meneghini. “Many of those patients are teenagers and people in their early twenties. They suffer from crippling pain and disability. They are severely restricted in their activities. I just really feel compelled to help these young patients regain a normal life.”

Dr. Meneghini grew up in Terre Haute, and received his undergraduate degree in Civil Engineering from Rose-Hulman Institute. He then attended Indiana University School of Medicine, and received his residency training in orthopedic surgery from Rush University Medical Center in Chicago. Following residency he completed a fellowship in Adult Hip and Knee Reconstruction at the Mayo Clinic in Rochester, Minnesota.

“I knew that I wanted to be a physician as a young child,” Dr. Meneghini recalls. “It was when I was getting my engineering degree that I discovered I wanted to be a joint replacement surgeon. It combined my love of two disciplines; engineering and medicine.”

Today, Dr. Meneghini puts his engineering degree to good use in his work on implant design and biomechanical research. He is the author of over 45 scientific articles on hip and knee replacement, and is a member of the Knee Society. He has won several awards which include, the Career Development Award from the Orthopedic Research and Education Foundation; and the prestigious Mark Coventry award for the outstanding fellow in Hip and Knee Adult Reconstruction at the Mayo Clinic.

“I’ve witnessed firsthand the devastating affects arthritis can have on the body,” Dr. Meneghini says. “That’s why I’m so excited to be a part of this year’s Arthritis Walk. The Arthritis Foundation provides support and research to help these patients, just as I treat them. We are all part of the same team, and we should support each other in the fight against arthritis”.

When he is not working, Dr. Meneghini likes to spend time with his family and friends, especially his wife Sarah and his two children; 10 year old Ethan and 8 year old Cecilia.

Dr. Meneghini is an inspiration to those around him, especially his patients. His fierce determination to fight arthritis makes us proud to have him as the 2013 Arthritis Walk Medical Honoree.

**About the Arthritis Foundation**

The Arthritis Foundation ([www.arthritis.org](http://www.arthritis.org)) is committed to raising awareness and reducing the unacceptable impact of arthritis, which strikes one in every five adults and 300,000 children, and is the nation's leading cause of disability. To conquer this painful, debilitating disease, we support education, research, advocacy and other vital programs and services.