

# Arthritis Walk®



[www.arthritiswalk.org](http://www.arthritiswalk.org)



**Karen Ringwald, MD**  
**Arthritis Walk Medical Honoree**  
**Fort Wayne, IN**

Karen Ringwald, MD, who is a native of Van Wert, Ohio, joined Lutheran Medical Group in July 2004. As one of Lutheran Medical Group's board-certified rheumatologists, Dr. Ringwald can diagnose and treat joint, soft tissue and connecting tissue disorders, and can assess and treat more than 100 rheumatologic ailments. Dr. Ringwald works with patients 18 years of age and older and has a true passion for helping improve the lives of those with arthritis.

Dr. Ringwald earned a medical degree from the Medical College of Ohio in Toledo. She completed an internal medicine residency at Riverside Methodist Hospital in Columbus and a rheumatology fellowship at the Indiana University School of Medicine in Indianapolis. Dr. Ringwald is board certified in internal medicine and rheumatology, and she is a member of the American College of Rheumatology, the Indiana State Medical Society and the Fort Wayne Medical Society.

When Dr. Ringwald is not working, she enjoys playing the piano, gardening and spending time with her family.

Dr. Ringwald is an inspiration to those around her, especially her patients. Her fierce determination to fight arthritis makes us proud to have her as the 2013 Arthritis Walk Medical Honoree.

## **About the Arthritis Foundation**

The Arthritis Foundation ([www.arthritis.org](http://www.arthritis.org)) is committed to raising awareness and reducing the unacceptable impact of arthritis, which strikes one in every five adults and 300,000 children, and is the nation's leading cause of disability. To conquer this painful, debilitating disease, we support education, research, advocacy and other vital programs and services.