



CABIN FEVER

Saturday & Sunday, October 11&12, 2014

Don't miss this fun-filled weekend for children
with arthritis & their families at

Camp Wyman
600 Kiwanis Drive, Eureka, MO 63025
Saturday 10:00 am – Sunday 2:00 pm

Hosted by the Arthritis Foundation, Heartland Region

Sponsored in part by the United Way



United Way
of Greater St. Louis

Program Information

Having a child with a chronic illness is stressful for mom, dad, brothers and sisters. How do you fight that stress? With a little FUN! It's time for a family getaway especially geared towards the needs of families with children affected by arthritis, to participate in educational and recreational activities and share experiences in a casual, relaxed atmosphere.

When?

Check-in will begin at 10:00 am on Saturday, October 11, 2014. The event will end at approximately 2:00 p.m. on Sunday, October 12, 2014.

Program Features

The two-day program is designed so that parents and children can enjoy time together and separately with their peers. For part of the event, children will participate in activities supervised by volunteer counselors and facilitated by Wyman staff while parents participate in peer-to-peer panels, interactive discussions with pediatric rheumatologists and other workshops. Other activities families will enjoy together. The event includes lunch and dinner on Saturday and breakfast and lunch on Sunday. PLEASE NOTE: During family activities, children must be supervised by a parent or guardian at all times.

Cost

\$35 per family

*Please note: The beautiful Wyman camp cabins are fully enclosed, heated and air-conditioned, with full bathrooms. Each cabin sleeps 10, so families will be sharing cabins with other families for a true camp experience! If you do not want the full Cabin Fever experience and would prefer to spend the night at a nearby hotel with your family, you are welcome to do so. Feel free to contact Karen at the Arthritis Foundation for a list of nearby hotels. PLEASE NOTE: at least one parent/guardian is required to be present at camp Wyman for the entire Cabin Fever event while children are present.

Volunteer Staff

Volunteers will be on hand the entire day to assist with activities. Pediatric rheumatologists and healthcare professionals will be available to answer questions and concerns. The Health Lodge will be staffed throughout the entire event.

Eligibility

All families with a child 0-15 years old with arthritis or other rheumatologic illness are invited to attend Cabin Fever. A nursery is available for children ages 0-3. **Space is limited, so apply early!**

Dress/Items to Bring

Dress is casual and comfortable—this is supposed to be a fun and relaxing weekend! The schedule includes both indoor and outdoor activities, so please dress appropriately. If your family will be staying in an onsite cabin, please bring bedding (sheet, blanket, pillow) for each family member, a towel and a flashlight.

Special Needs

Please let us know as soon as possible if you or your child has special dietary needs. If you have a child that requires a crib, please bring a portable crib with you, which will be set up in the nursery for use during the day.

PLEASE NOTE: The activities and cabins are spread across the camp and walking is required; if this will be a challenge, please let us know and we will be happy to make arrangements!

REGISTRATION FORM

ONLINE REGISTRATION AVAILABLE: www.cabinfever.kintera.org

PLEASE NOTE: Include only immediate family members. Due to funding restrictions, friends and extended relatives are unable to attend. Space is limited and a waiting list may be necessary. You will receive confirmation of your registration. For more information, please contact the Arthritis Foundation at (314) 447-4882 or email kshoulders@arthritis.org

**Please complete and return this form with payment to:
ARTHRITIS FOUNDATION
9433 Olive Blvd #100
St. Louis, MO 63132**

Family Last Name: _____

Address: _____

Phone # _____ Email _____

- Scholarship Assistance Requested
- Yes, I want my name, address, phone number and email to be listed in the Cabin Fever Family Directory
- Enclosed is my payment of \$35 made out to the Arthritis Foundation

Parent #1 First Name _____

Parent #2 First Name _____

Child #1 First Name _____

Age _____ Sex _____ Has Arthritis? _____

Child #2 First Name _____

Age _____ Sex _____ Has Arthritis? _____

Child #3 First Name _____

Age _____ Sex _____ Has Arthritis? _____

Child #4 First Name _____

Age _____ Sex _____ Has Arthritis? _____

REGISTRATION DEADLINE: September 26, 2014

ACTIVITIES

For the kids...

Crafts
Educational Games
Weedi Fungi
Campus Critters animal show
S'Mores

For the adults...

Guest Speakers
Peer-to-Peer Workshop
Prizes
Interactive Discussions with Pediatric Health Professionals

For all...

Campfire
Hayride
Chance to meet other JA families!

All activities listed are tentative; a final schedule will be available upon check-in.

