

Dear Training Participant,

Thank you for registering for the Arthritis Foundation Training!

What to Bring?

Please make sure that you bring the following items with you:

- Swim Suit
- Comfortable Clothes
- Lunch and snacks
- Leader Manual (**Recerts Only**)

What to Expect Full Certification?

At the training workshop you will be provided with class materials, however, **lunch is not provided**. As part of the training you are required to pass a swimming test as well as a teaching demonstration and written exam by 80%. You will be practicing deep water exercises in the deep water. **There will be no refunds or rescheduling if you do not attend.**

What to Expect Recertification?

At the training workshop you will be provided with class materials, however, **lunch is not provided**. As part of the training program you are required to pass teaching demonstration and written exam by 80%. **There will be no refunds or rescheduling if you do not attend.**

What the Arthritis Foundation Expects?

Please remember that certification is only available to those who complete the training workshop, pass the written, test swimming requirements for full certification, teaching demonstration, and **go on to complete a six week session teaching assignment at a sanctioned site.**

Paperwork includes certification application form, quarterly attendance forms, participant release forms, and a yearly co-sponsorship agreement. In order to become certified, you must attend the entire workshop. **Participants having to leave early or show up late, for whatever reason, will not qualify for certification.**

How do I get certified?

- Teach the class (a minimum of six class sessions within 6 months of training).
- Complete the **Certification Application Form** and send to the local office. Please also enclose a copy of your class roster listing participants' names and addresses as well as the participants release forms.