



A *FREE* Public Education Seminar

It Takes a Team: New Approaches to Living With Arthritis

**Friday, October 12, 2012
Libertyville Civic Center
135 W. Church Street
Libertyville, IL. 60048**

Check-in and box lunch at 12:30 pm. Program: 1:00 – 3:00 pm

***Registration is required. To register go to
<http://AFForumLibertyvilleIL.kintera.org>
or call 1-800-735-0096***

Speakers and Topics:

Anterior Approach Hip Replacement: Back to the Past, Forward to the Future

Dr. Peter Thadani, orthopaedic surgeon,
Illinois Bone and Joint Institute, Libertyville and Lake Forest

Your Arthritis Diet: Eat a Rainbow of Colorful Plants: Overview of a Diet to Avoid Inflammation

Therese Laurenz, MS, RD
Northwestern University, Evanston

Knowledge Is Power: What You May Not Know About Your Arthritis.

Dr. Lori Siegel, Rheumatologist, Illinois Bone and Joint Institute

This program is sponsored by Medacta USA and the Arthritis Foundation, Heartland Region