



**Brian D. Meek, M.D.**  
**2014 Jingle Bell Run/Walk**  
**Medical Honoree**  
**St. Louis, MO**

Dr. Brian D. Meek is the Arthritis Foundation's Jingle Bell Run/Walk Co-Medical Honoree for 2014.

Dr. Brian Meek joined Advanced Bone & Joint in the summer of 2013. He is a fellowship-trained Pain Management physician utilizing the latest and best strategies for improvement of painful conditions. Problems such as neck and low back pain, neuropathy, cancer-related pain, and joint pain are treated with various options to reduce side effects and improve your comfort.

A native of Indiana, Dr. Meek completed his undergraduate degree in biopsychology at the University of Michigan. After graduating from Indiana University School of Medicine, Dr. Meek set roots in the St. Louis area. He completed his anesthesiology residency at Washington University in 2012, serving as Chief Resident in his final year. Dr. Meek completed his fellowship in pain management at Washington University in 2013, mastering the latest treatments in pain management.

Dr. Meek is dedicated to bringing the most effective pain treatment to St. Charles County. He will work with each patient to develop an individualized plan to improve his or her enjoyment of life. Dedicated to the forward progress in treatment of painful conditions, he has published articles on special topics such as treatment of pain in the elderly.

Dr. Meek is on schedule for board certification in both anesthesiology and pain management.

We are thrilled to have Dr. Meek as the 2014 St. Louis Jingle Bell Run/Walk Medical Honoree.

Join Dr. Meek and his team, Advanced Bone & Joint, at the Jingle Bell Run/Walk on November 23, 2014 at Hollywood Casino. To sign-up or donate to the team, visit [www.jinglebellrunstl.org](http://www.jinglebellrunstl.org).

#### **About the Arthritis Foundation**

The Arthritis Foundation ([www.arthritis.org](http://www.arthritis.org)) is committed to raising awareness and reducing the unacceptable impact of arthritis, which strikes one in every five adults and 300,000 children, and is the nation's leading cause of disability. To conquer this painful, debilitating disease, we support education, research, advocacy and other vital programs and services.