



**Waukee, IA**  
**Jingle Bell Run Medical Honoree**  
**Hassel Family Chiropractic**

The office of Hassel Family Chiropractic is the premier health and wellness center in the Des Moines area. They have served the local community for the past fifteen years. They pride themselves on caring for patients from a few days old, to a hundred years young; and everyone in between! This amazing chiropractic team includes Dr. Vince Hassel, Dr. Ross DeBoer, Dr. Thad Fever, and Dr. BrieAnn Reedy.

These doctors are known for treating everyone as an individual, and focusing on every patients unique set of needs. They stress that chiropractic health care is a different approach to optimal wellness. Without drugs or surgery, they will assist you in retraining your body to take care of itself. They place emphasis on the nervous system, and the brain to body connection. By removing nerve interference through chiropractic care, your body will get stronger as you reach 100% brain-body connection.

Dr. Gonstead, a former sufferer of Juvenile Rheumatoid Arthritis (JRA) used chiropractic adjustments in his quest to be free of the pain and fatigue associated with JRA. Gonstead's extensive research on the biomechanics of the spine went into the development of the Gonstead System used by the doctors at Hassel Family Chiropractic. This precise system has allowed them to achieve some amazing results.

The doctors at Hassel are champions in the local community, and are committed to the health and well-being of its residents. It is because of this dedication that the Arthritis Foundation is proud to recognize the office of Hassel Family Chiropractic as our 2012 Jingle Bell Run Medical Honoree.

**About the Arthritis Foundation**

The Arthritis Foundation ([www.arthritis.org](http://www.arthritis.org)) is committed to raising awareness and reducing the unacceptable impact of arthritis, which strikes one in every five adults and 300,000 children, and is the nation's leading cause of disability. To conquer this painful, debilitating disease, we support education, research, advocacy and other vital programs and services.