



Team Captains, Runners, Walkers, & Jingle in Water participants;

Thank you for registering for the Arthritis Foundation's Jingle Bell Run/Walk on December 1<sup>st</sup> at Mercer Park and Aquatic Center, 2701 Bradford Rd. Iowa City. Below is a list of things you should know. Please email me if you have additional questions.

The route map is attached.

- 1) 8:00-9:00 am. Packet pick-up and getting your numbers, (and for the runners, the timing chips) please go to the pre-registered table. You will also receive your long-sleeved shirt there.
- 2) There is plenty of parking at the center.
- 3) Race will be timed by Race Monkey who will provide you results via email.
- 4) Participants are encouraged to dress in holiday costume. There will be prizes for the best costume. We will have some Santa hats for sell.
- 5) If you have children planning to run in the reindeer dash, please have an adult with them at all times. There will be a Kid's Zone with face painting and other activities inside Mercer. Santa will also be there.
- 6) Food will be provided inside Mercer.
- 7) Any group wishing to participant in a special Club event needs to email me as soon as possible with that information. The Club event is a group of 5 runners, 2 are female. The aggregate lowest times of the five people will determine a special club winner.
- 8) Awards ceremony will occur after the runners are back in.