



State Arthritis Fact Sheets

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Florida	 Michigan 	Ohio	Washington, D.C.
Georgia	Minnesota	 Oklahoma 	West Virginia
Hawaii	 Mississippi 	 Oregon 	Wisconsin
Idaho	 Missouri 	Pennsylvania	 Wyoming
Illinois	Montana	Rhode Island	

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Centers for Disease Control and Prevention (CDC). Arthritis Among Veterans — United States, 2011–2013. https://www.cdc.gov/mmwr/preview/mmwrhtml/mm6344a4.htm Centers for Disease Control and Prevention (CDC). 2015 Behavioral Risk Factor Surveillance Survey. https://www.cdc.gov/arthritis/data_statistics/arthritis-relatedstats.htm#prev Centers for Disease Control and Prevention (CDC). 2016 Chronic Disease Indicators (CDI) https://nccd.cdc.gov/cdi



Alabama: Why Arthritis Matters

Arthritis affects **33%** of the population in Alabama. That's **1,673,000** adults living with doctordiagnosed arthritis in the state.

- There are nearly **60 Million** American adults with doctor diagnosed arthritis in the U.S.
- **1 in 3** veterans has arthritis, which accounts for **119,000** people in Alabama living with arthritis
- There are approximately 300,000 kids with arthritis in the U.S. but only about 450 pediatric rheumatologists. That's about 700 kids for each doctor.

Over 24 million Americans experience activity limitations due to their arthritis.

- 954,000 adults in Alabama have activity limitations caused by arthritis
- Among all adults in Alabama with arthritis, **53%** have work limitations
- Arthritis in the U.S. has an economic burden of \$304 billion made up of medical expenses and lost wages

Adults with arthritis often have one or more chronic conditions.

- Mental Health: Anxiety and depression affect 1/3 of U.S. adults with arthritis 45 years of age or older
- **Diabetes: 39.3%** of adults in AL with diabetes also have arthritis
- Heart Disease: 41.5% of adults in AL with heart disease also have arthritis
- **Obesity: 32.7%** of adults in AL who are obese also have arthritis

You can make a difference for people living with arthritis in Alabama by advocating for key priorities. Federal

- Workforce: Addresses the pediatric rheumatology workforce shortage through federal loan repayment programs.
- Congressional Arthritis Caucus: Grows the bipartisan Arthritis Caucus, a forum to educate Members of Congress about the most pressing issues facing people with arthritis.

Contact the Arthritis Foundation's Advocacy and Access team for more information.



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As of January 2023



Alaska: Why Arthritis Matters

Arthritis affects **22%** of the population in Alaska. That's **158,000** adults living with doctor-diagnosed arthritis in the state.

As of January 2023

- There are nearly **60 Million** American adults with doctor diagnosed arthritis in the U.S.
- **1 in 3** veterans has arthritis, which accounts for **23,000** people in Alaska living with arthritis
- There are approximately 300,000 kids with arthritis in the U.S. but only about 450 pediatric rheumatologists. That's about 700 kids for each doctor.

Over 24 million Americans experience activity limitations due to their arthritis.

- **81,000** adults in Alaska have activity limitations caused by arthritis
- Among all adults in Alaska with arthritis, 45% have work limitations
- Arthritis in the U.S. has an economic burden of **\$304 billion** made up of medical expenses and lost wages

Arthritis Foundation data has found:

- 100% of arthritis patients reported experiencing pain in the last 7 days, with 75% reporting that pain has impacted their day-to-day activities.
- **37%** of arthritis patients reported having trouble affording their out-of-pocket costs this past year. **54%** of those say they have incurred debt or suffered financial hardship because of it and **41%** said their health worsened.
- Prior authorization is consistently cited as the top health coverage-related challenge for people living with arthritis, and has led to negative health impacts.

We are helping people living with arthritis achieve their Ideal Model of Care by:

- Making healthcare more affordable by lowering out-of-pocket costs.
- Reducing administrative burdens to care, such as inappropriate use of prior authorization and step therapy.
- Addressing workforce shortages, ensuring the appropriate providers are available to treat people with arthritis, particularly in undeserved areas.

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US Department of Veterans Affairs (VA). Veteran Popu \lation— Fiscal Year 2020. <u>https://www.cdc.gov/mmwr/preview/mmwr/tml/mm6344a4.htm</u> Centers for Disease Control and Prevention (CDC). 2015 Behavioral Risk Factor Surveillance Survey. <u>https://www.cdc.gov/arthritis/data_statistics/arthritis-related-stats.htm#prev</u>



Arizona: Why Arthritis Matters

Arthritis affects **23%** of the population in Arizona. That's **1,631,000** adults living with doctor-diagnosed arthritis in the state.

- There are nearly **60 Million** American adults with doctor diagnosed arthritis in the U.S.
- 1 in 3 veterans has arthritis, which accounts for 168,000 of the people in Arizona living with arthritis
- There are approximately 300,000 kids with arthritis in the U.S. but only about 450 pediatric rheumatologists. That's about 700 kids for each doctor.

Over 24 million Americans experience activity limitations due to their arthritis.

- **848,000** adults in Arizona have activity limitations caused by arthritis
- Among all adults in Arizona with arthritis, **42%** have work limitations
- Arthritis in the U.S. has an economic burden of \$304 billion made up of medical expenses and lost wages

Arthritis Foundation data has found:

- 100% of arthritis patients reported experiencing pain in the last 7 days, with 75% reporting that pain has impacted their day-to-day activities.
- 37% of arthritis patients reported having trouble affording their out-of-pocket costs this past year. 54% of those say they have incurred debt or suffered financial hardship because of it and 41% said their health worsened.
- Prior authorization is consistently cited as the top health coverage-related challenge for people living with arthritis, and has led to negative health impacts.

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- Making healthcare more affordable by lowering out-of-pocket costs.
- Reducing administrative burdens to care, such as inappropriate use of prior authorization and step therapy.
- Addressing workforce shortages, ensuring the appropriate providers are available to treat people with arthritis, particularly in undeserved areas.

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Arthritis Foundation. May 2021 How it Hurts - Annual Report on the Impact of Arthritis Pain. <u>https://www.arthritis.org/liveyes/insights/how-it-hurts</u> Arthritis Foundation Advocacy 2023. <u>https://www.arthritis.org/advocacy</u>

As of January 2023



Arkansas: Why Arthritis Matters

Arthritis affects **30%** of the population in Arkansas. That's **888,000** adults living with doctor-diagnosed arthritis in the state.

As of January 2023

- There are nearly **60 Million** American adults with doctor diagnosed arthritis in the U.S.
- **1 in 3** veterans has arthritis, which accounts for **70,000** people in Arkansas living with arthritis
- There are approximately 300,000 kids with arthritis in the U.S. but only about 450 pediatric rheumatologists. That's about 700 kids for each doctor.

Over 24 million Americans experience activity limitations due to their arthritis.

- **506,000** adults in Arkansas have activity limitations caused by arthritis
- Among all adults in Arkansas with arthritis, 55% have work limitations
- Arthritis in the U.S. has an economic burden of \$304 billion made up of medical expenses and lost wages

Adults with arthritis often have one or more chronic conditions.

- 100% of arthritis patients reported experiencing pain in the last 7 days, with 75% reporting that pain has impacted their day-to-day activities.
- 37% of arthritis patients reported having trouble affording their out-of-pocket costs this past year. 54% of those say they have incurred debt or suffered financial hardship because of it and 41% said their health worsened.
- Prior authorization is consistently cited as the top health coverage-related challenge for people living with arthritis, and has led to negative health impacts.

We are helping people living with arthritis achieve their Ideal Model of Care by:

- Making healthcare more affordable by lowering out-of-pocket costs.
- Reducing administrative burdens to care, such as inappropriate use of prior authorization and step therapy.
- Addressing workforce shortages, ensuring the appropriate providers are available to treat people with arthritis, particularly in undeserved areas.

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California: Why Arthritis Matters

Arthritis affects **20%** of the population in California. That's **7,789,000** adults living with doctor-diagnosed arthritis in the state.

- There are nearly **60 Million** American adults with doctor diagnosed arthritis in the U.S.
- 1 in 3 veterans has arthritis, which accounts for 542,000 people in California living with arthritis
- There are approximately 300,000 kids with arthritis in the U.S. but only about 450 pediatric rheumatologists. That's about 700 kids for each doctor.

Over 24 million Americans experience activity limitations due to their arthritis.

- 3,895,000 adults in California have activity limitations caused by arthritis
- Among all adults in California with arthritis, **43%** have work limitations
- Arthritis in the U.S. has an economic burden of \$304 billion made up of medical expenses and lost wages

Arthritis Foundation data has found:

- 100% of arthritis patients reported experiencing pain in the last 7 days, with 75% reporting that pain has impacted their day-to-day activities.
- **37%** of arthritis patients reported having trouble affording their out-of-pocket costs this past year. **54%** of those say they have incurred debt or suffered financial hardship because of it and **41%** said their health worsened.
- Prior authorization is consistently cited as the top health coverage-related challenge for people living with arthritis, and has led to negative health impacts.

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- Making healthcare more affordable by lowering out-of-pocket costs.
- Reducing administrative burdens to care, such as inappropriate use of prior authorization and step therapy.
- Addressing workforce shortages, ensuring the appropriate providers are available to treat people with arthritis, particularly in undeserved areas.

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Centers for Disease Control and Prevention (CDC). 2015 Behavioral Risk Factor Surveillance Survey. <u>https://www.cdc.gov/arthritis/data_statistics/arthritis-related-stats.htm#prev</u> Arthritis Foundation. May 2021 How it Hurts - Annual Report on the Impact of Arthritis Pain. <u>https://www.arthritis.org/liveyes/insights/how-it-hurts</u> Arthritis Foundation Advocacy 2023. <u>https://www.arthritis.org/advocacy</u>

As of January 2023



Colorado: Why Arthritis Matters

Arthritis affects **21%** of the population in Colorado. That's **1,212,000** adults living with doctor-diagnosed arthritis in the state.

As of January 2023

- There are nearly **60 Million** American adults with doctor diagnosed arthritis in the U.S.
- 1 in 3 veterans has arthritis, which accounts for 127,000 people in Colorado living with arthritis
- There are approximately 300,000 kids with arthritis in the U.S. but only about 450 pediatric rheumatologists. That's about 700 kids for each doctor.

Over 24 million Americans experience activity limitations due to their arthritis.

- 582,000 adults in Colorado have activity limitations caused by arthritis
- Among all adults in Colorado with arthritis, 43% have work limitations
- Arthritis in the U.S. has an economic burden of \$304 billion made up of medical expenses and lost wages

Arthritis Foundation data has found:

- 100% of arthritis patients reported experiencing pain in the last 7 days, with 75% reporting that pain has impacted their day-to-day activities.
- 37% of arthritis patients reported having trouble affording their out-of-pocket costs this past year. 54% of those say they have incurred debt or suffered financial hardship because of it and 41% said their health worsened.
- Prior authorization is consistently cited as the top health coverage-related challenge for people living with arthritis, and has led to negative health impacts.

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- Making healthcare more affordable by lowering out-of-pocket costs.
- Reducing administrative burdens to care, such as inappropriate use of prior authorization and step therapy.
- Addressing workforce shortages, ensuring the appropriate providers are available to treat people with arthritis, particularly in undeserved areas.

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Connecticut: Why Arthritis Matters

Arthritis affects **22%** of the population in Connecticut. That's **808,000** adults living with doctor-diagnosed arthritis in the state.

As of January 2023

- There are nearly **60 Million** American adults with doctor diagnosed arthritis in the U.S.
- **1 in 3** veterans has arthritis, which accounts for **56,000** people in Connecticut living with arthritis
- There are approximately 300,000 kids with arthritis in the U.S. but only about 450 pediatric rheumatologists. That's about 700 kids for each doctor.

Over 24 million Americans experience activity limitations due to their arthritis.

- 388,000 adults in Connecticut have activity limitations caused by arthritis
- Among all adults in Connecticut with arthritis, 35% have work limitations
- Arthritis in the U.S. has an economic burden of \$304 billion made up of medical expenses and lost wages

Arthritis Foundation data has found:

- 100% of arthritis patients reported experiencing pain in the last 7 days, with 75% reporting that pain has impacted their day-to-day activities.
- **37%** of arthritis patients reported having trouble affording their out-of-pocket costs this past year. **54%** of those say they have incurred debt or suffered financial hardship because of it and **41%** said their health worsened.
- Prior authorization is consistently cited as the top health coverage-related challenge for people living with arthritis, and has led to negative health impacts.

We are helping people living with arthritis achieve their Ideal Model of Care by:

- Making healthcare more affordable by lowering out-of-pocket costs.
- Reducing administrative burdens to care, such as inappropriate use of prior authorization and step therapy.
- Addressing workforce shortages, ensuring the appropriate providers are available to treat people with arthritis, particularly in undeserved areas.

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Delaware: Why Arthritis Matters

Arthritis affects **27%** of the population in Delaware. That's **264,000** adults living with doctor-diagnosed arthritis in the state.

As of January 2023

- There are nearly **60 Million** American adults with doctor diagnosed arthritis in the U.S.
- 1 in 3 veterans has arthritis, which accounts for 23,000 people in Delaware living with arthritis
- There are approximately 300,000 kids with arthritis in the U.S. but only about 450 pediatric rheumatologists. That's about 700 kids for each doctor.

Over 24 million Americans experience activity limitations due to their arthritis.

- 124,000 adults in Delaware have activity limitations caused by arthritis
- Among all adults in Delaware with arthritis, 44% have work limitations
- Arthritis in the U.S. has an economic burden of **\$304 billion** made up of medical expenses and lost wages

Arthritis Foundation data has found:

- 100% of arthritis patients reported experiencing pain in the last 7 days, with 75% reporting that pain has impacted their day-to-day activities.
- **37%** of arthritis patients reported having trouble affording their out-of-pocket costs this past year. **54%** of those say they have incurred debt or suffered financial hardship because of it and **41%** said their health worsened.
- Prior authorization is consistently cited as the top health coverage-related challenge for people living with arthritis, and has led to negative health impacts.

We are helping people living with arthritis achieve their Ideal Model of Care by:

- Making healthcare more affordable by lowering out-of-pocket costs.
- Reducing administrative burdens to care, such as inappropriate use of prior authorization and step therapy.
- Addressing workforce shortages, ensuring the appropriate providers are available to treat people with arthritis, particularly in undeserved areas.

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Florida: Why Arthritis Matters

Arthritis affects **24%** of the population in Florida. That's **5,169,000** adults living with doctor-diagnosed arthritis in the state.

As of January 2023

- There are nearly **60 Million** American adults with doctor diagnosed arthritis in the U.S.
- 1 in 3 veterans has arthritis, which accounts for 492,000 of the people in Florida living with arthritis
- There are approximately 300,000 kids with arthritis in the U.S. but only about 450 pediatric rheumatologists. That's about 700 kids for each doctor.

Over 24 million Americans experience activity limitations due to their arthritis.

- 2,740,000 adults in Florida have activity limitations caused by arthritis
- Among all adults in Florida with arthritis, 46% have work limitations
- Arthritis in the U.S. has an economic burden of **\$304 billion** made up of medical expenses and lost wages

Arthritis Foundation data has found:

- 100% of arthritis patients reported experiencing pain in the last 7 days, with 75% reporting that pain has impacted their day-to-day activities.
- **37%** of arthritis patients reported having trouble affording their out-of-pocket costs this past year. **54%** of those say they have incurred debt or suffered financial hardship because of it and **41%** said their health worsened.
- Prior authorization is consistently cited as the top health coverage-related challenge for people living with arthritis, and has led to negative health impacts.

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- Making healthcare more affordable by lowering out-of-pocket costs.
- Reducing administrative burdens to care, such as inappropriate use of prior authorization and step therapy.
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Georgia: Why Arthritis Matters

Arthritis affects **24%** of the population in Georgia. That's **2,603,000** adults living with doctor-diagnosed arthritis in the state.

- There are nearly **60 Million** American adults with doctor diagnosed arthritis in the U.S.
- 1 in 3 veterans has arthritis, which accounts for 228,000 of the people in Georgia living with arthritis
- There are approximately 300,000 kids with arthritis in the U.S. but only about 450 pediatric rheumatologists. That's about 700 kids for each doctor.

Over 24 million Americans experience activity limitations due to their arthritis.

- **1,354,000** adults in Georgia have activity limitations caused by arthritis
- Among all adults in Georgia with arthritis, 42% have work limitations
- Arthritis in the U.S. has an economic burden of \$304 billion made up of medical expenses and lost wages

Arthritis Foundation data has found:

- 100% of arthritis patients reported experiencing pain in the last 7 days, with 75% reporting that pain has impacted their day-to-day activities.
- **37%** of arthritis patients reported having trouble affording their out-of-pocket costs this past year. **54%** of those say they have incurred debt or suffered financial hardship because of it and **41%** said their health worsened.
- Prior authorization is consistently cited as the top health coverage-related challenge for people living with arthritis, and has led to negative health impacts.

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As of January 2023



Hawaii: Why Arthritis Matters

Arthritis affects **21%** of the population in Pennsylvania. That's **301,000** adults living with doctordiagnosed arthritis in the state.

- There are nearly **60 Million** American adults with doctor diagnosed arthritis in the U.S.
- 1 in 3 veterans has arthritis, which accounts for 37,0000 people in Hawaii living with arthritis
- There are approximately 300,000 kids with arthritis in the U.S. but only about 450 pediatric rheumatologists. That's about 700 kids for each doctor.

Over 24 million Americans experience activity limitations due to their arthritis.

- **126,000** adults in Hawaii have activity limitations caused by arthritis
- Among all adults in Hawaii with arthritis, 38% have work limitations
- Arthritis in the U.S. has an economic burden of \$304 billion made up of medical expenses and lost wages

Arthritis Foundation data has found:

- **100%** of arthritis patients reported experiencing pain in the last 7 days, with **75%** reporting that pain has impacted their day-to-day activities.
- **37%** of arthritis patients reported having trouble affording their out-of-pocket costs this past year. **54%** of those say they have incurred debt or suffered financial hardship because of it and **41%** said their health worsened.
- Prior authorization is consistently cited as the top health coverage-related challenge for people living with arthritis, and has led to negative health impacts.

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As of January 2023



Idaho: Why Arthritis Matters

Arthritis affects **23%** of the population in Idaho. That's **421,000** adults living with doctor-diagnosed arthritis in the state.

As of January 2023

- There are nearly **60 Million** American adults with doctor diagnosed arthritis in the U.S.
- 1 in 3 veterans has arthritis, which accounts for 42,000 people in Idaho living with arthritis
- There are approximately 300,000 kids with arthritis in the U.S. but only about 450 pediatric rheumatologists. That's about 700 kids for each doctor.

Over 24 million Americans experience activity limitations due to their arthritis.

- 202,000 adults in Idaho have activity limitations caused by arthritis
- Among all adults in Idaho with arthritis, **41%** have work limitations
- Arthritis in the U.S. has an economic burden of **\$304 billion** made up of medical expenses and lost wages

Arthritis Foundation data has found:

- 100% of arthritis patients reported experiencing pain in the last 7 days, with 75% reporting that pain has impacted their day-to-day activities.
- **37%** of arthritis patients reported having trouble affording their out-of-pocket costs this past year. **54%** of those say they have incurred debt or suffered financial hardship because of it and **41%** said their health worsened.
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Department of Veterans Affairs (VA). Veteran Population — United States, Fiscal Yeaer 2020. <u>https://www.va.gov/vetdata/veteran_population.asp</u> Centers for Disease Control and Prevention (CDC). 2015 Behavioral Risk Factor Surveillance Survey. <u>https://www.cdc.gov/arthritis/data_statistics/arthritis-related-stats.htm#prev</u> Arthritis Foundation. May 2021 How it Hurts - Annual Report on the Impact of Arthritis Pain. <u>https://www.arthritis.org/liveyes/insights/how-it-hurts</u> Arthritis Foundation Advocacy 2023.<u>https://www.arthritis.org/advocacy</u>



Illinois: Why Arthritis Matters

Arthritis affects **24%** of the population in Illinois. That's **3,126,000** adults living with doctor-diagnosed arthritis in the state.

- There are nearly **60 Million** American adults with doctor diagnosed arthritis in the U.S.
- 1 in 3 veterans has arthritis, which accounts for 201,000 people in Illinois living with arthritis
- There are approximately 300,000 kids with arthritis in the U.S. but only about 450 pediatric rheumatologists. That's about 700 kids for each doctor.

Over 24 million Americans experience activity limitations due to their arthritis.

- 1,469,000 adults in Illinois have activity limitations caused by arthritis
- Among all adults in Illinois with arthritis, 35% have work limitations
- Arthritis in the U.S. has an economic burden of **\$304 billion** made up of medical expenses and lost wages

Arthritis Foundation data has found:

- 100% of arthritis patients reported experiencing pain in the last 7 days, with 75% reporting that pain has impacted their day-to-day activities.
- **37%** of arthritis patients reported having trouble affording their out-of-pocket costs this past year. **54%** of those say they have incurred debt or suffered financial hardship because of it and **41%** said their health worsened.
- Prior authorization is consistently cited as the top health coverage-related challenge for people living with arthritis, and has led to negative health impacts.

We are helping people living with arthritis achieve their Ideal Model of Care by:

- Making healthcare more affordable by lowering out-of-pocket costs.
- Reducing administrative burdens to care, such as inappropriate use of prior authorization and step therapy.
- Addressing workforce shortages, ensuring the appropriate providers are available to treat people with arthritis, particularly in undeserved areas.

Contact the Arthritis Foundation's Advocacy and Access team for more information.



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As of January 2023



Indiana: Why Arthritis Matters

Arthritis affects **27%** of the population in Indiana. That's **1,825,000** adults living with doctor-diagnosed arthritis in the state.

As of January 2023

- There are nearly **60 Million** American adults with doctor diagnosed arthritis in the U.S.
- **1 in 3** veterans has arthritis, which accounts for **134,000** people in Indiana living with arthritis
- There are approximately 300,000 kids with arthritis in the U.S. but only about 450 pediatric rheumatologists. That's about 700 kids for each doctor.

Over 24 million Americans experience activity limitations due to their arthritis.

- **876,147** adults in Indiana have activity limitations caused by arthritis
- Among all adults in Indiana with arthritis, 46% have work limitations
- Arthritis in the U.S. has an economic burden of **\$304 billion** made up of medical expenses and lost wages

Arthritis Foundation data has found:

- 100% of arthritis patients reported experiencing pain in the last 7 days, with 75% reporting that pain has impacted their day-to-day activities.
- **37%** of arthritis patients reported having trouble affording their out-of-pocket costs this past year. **54%** of those say they have incurred debt or suffered financial hardship because of it and **41%** said their health worsened.
- Prior authorization is consistently cited as the top health coverage-related challenge for people living with arthritis, and has led to negative health impacts.

We are helping people living with arthritis achieve their Ideal Model of Care by:

- Making healthcare more affordable by lowering out-of-pocket costs.
- Reducing administrative burdens to care, such as inappropriate use of prior authorization and step therapy.
- Addressing workforce shortages, ensuring the appropriate providers are available to treat people with arthritis, particularly in undeserved areas.

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Iowa: Why Arthritis Matters

Arthritis affects **24%** of the population in Iowa. That's **778,000** adults living with doctor-diagnosed arthritis in the state.

- There are nearly **60 Million** American adults with doctor diagnosed arthritis in the U.S.
- **1 in 3** veterans has arthritis, which accounts for **64,000** people in Iowa living with arthritis
- There are approximately 300,000 kids with arthritis in the U.S. but only about 450 pediatric rheumatologists. That's about 700 kids for each doctor.

Over 24 million Americans experience activity limitations due to their arthritis.

- **319,000** adults in Iowa have activity limitations caused by arthritis
- Among all adults in Iowa with arthritis, 34% have work limitations
- Arthritis in the U.S. has an economic burden of **\$304 billion** made up of medical expenses and lost wages

Arthritis Foundation data has found:

- **100%** of arthritis patients reported experiencing pain in the last 7 days, with **75%** reporting that pain has impacted their day-to-day activities.
- **37%** of arthritis patients reported having trouble affording their out-of-pocket costs this past year. **54%** of those say they have incurred debt or suffered financial hardship because of it and **41%** said their health worsened.
- Prior authorization is consistently cited as the top health coverage-related challenge for people living with arthritis, and has led to negative health impacts.

We are helping people living with arthritis achieve their Ideal Model of Care by:

- Making healthcare more affordable by lowering out-of-pocket costs.
- Reducing administrative burdens to care, such as inappropriate use of prior authorization and step therapy.
- Addressing workforce shortages, ensuring the appropriate providers are available to treat people with arthritis, particularly in undeserved areas.

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As of January 2023



Kansas: Why Arthritis Matters

Arthritis affects **25%** of the population in Kansas. That's **719,800** adults living with doctor-diagnosed arthritis in the state.

- There are nearly **60 Million** American adults with doctor diagnosed arthritis in the U.S.
- **1 in 3** veterans has arthritis, which accounts for **64,000** of the people in Kansas living with arthritis
- There are approximately 300,000 kids with arthritis in the U.S. but only about 450 pediatric rheumatologists. That's about 700 kids for each doctor.

Over 24 million Americans experience activity limitations due to their arthritis.

- **345,000** adults in Kansas have activity limitations caused by arthritis
- Among all adults in Kansas with arthritis, 36% have work limitations
- Arthritis in the U.S. has an economic burden of **\$304 billion** made up of medical expenses and lost wages

Arthritis Foundation data has found:

- **100%** of arthritis patients reported experiencing pain in the last 7 days, with **75%** reporting that pain has impacted their day-to-day activities.
- **37%** of arthritis patients reported having trouble affording their out-of-pocket costs this past year. **54%** of those say they have incurred debt or suffered financial hardship because of it and **41%** said their health worsened.
- Prior authorization is consistently cited as the top health coverage-related challenge for people living with arthritis, and has led to negative health impacts.

We are helping people living with arthritis achieve their Ideal Model of Care by:

- Making healthcare more affordable by lowering out-of-pocket costs.
- Reducing administrative burdens to care, such as inappropriate use of prior authorization and step therapy.
- Addressing workforce shortages, ensuring the appropriate providers are available to treat people with arthritis, particularly in undeserved areas.

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As of January 2023



Kentucky: Why Arthritis Matters

Arthritis affects **32%** of the population in Kentucky. That's **1,451,000** adults living with doctor-diagnosed arthritis in the state.

- There are nearly **60 Million** American adults with doctor diagnosed arthritis in the U.S.
- **1 in 3** veterans has arthritis, which accounts for **93,000** of the people in Kentucky living with arthritis
- There are approximately 300,000 kids with arthritis in the U.S. but only about 450 pediatric rheumatologists. That's about 700 kids for each doctor.

Over 24 million Americans experience activity limitations due to their arthritis.

- 827,000 adults in Kentucky have activity limitations caused by arthritis
- Among all adults in Kentucky with arthritis, 51% have work limitations
- Arthritis in the U.S. has an economic burden of \$304 billion made up of medical expenses and lost wages

Arthritis Foundation data has found:

- 100% of arthritis patients reported experiencing pain in the last 7 days, with 75% reporting that pain has impacted their day-to-day activities.
- **37%** of arthritis patients reported having trouble affording their out-of-pocket costs this past year. **54%** of those say they have incurred debt or suffered financial hardship because of it and **41%** said their health worsened.
- Prior authorization is consistently cited as the top health coverage-related challenge for people living with arthritis, and has led to negative health impacts.

We are helping people living with arthritis achieve their Ideal Model of Care by:

- Making healthcare more affordable by lowering out-of-pocket costs.
- Reducing administrative burdens to care, such as inappropriate use of prior authorization and step therapy.
- Addressing workforce shortages, ensuring the appropriate providers are available to treat people with arthritis, particularly in undeserved areas.

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As of January 2023



Louisiana: Why Arthritis Matters

Arthritis affects **27%** of the population in Louisiana. That's **1,272,000** adults living with doctor-diagnosed arthritis in the state.

As of January 2023

- There are nearly **60 Million** American adults with doctor diagnosed arthritis in the U.S.
- 1 in 3 veterans has arthritis, which accounts for 92,000 of the people in Louisiana living with arthritis
- There are approximately 300,000 kids with arthritis in the U.S. but only about 450 pediatric rheumatologists. That's about 700 kids for each doctor.

Over 24 million Americans experience activity limitations due to their arthritis.

- 687,000 adults in Louisiana have activity limitations caused by arthritis
- Among all adults in Louisiana with arthritis, 45% have work limitations
- Arthritis in the U.S. has an economic burden of **\$304 billion** made up of medical expenses and lost wages

Arthritis Foundation data has found:

- 100% of arthritis patients reported experiencing pain in the last 7 days, with 75% reporting that pain has impacted their day-to-day activities.
- **37%** of arthritis patients reported having trouble affording their out-of-pocket costs this past year. **54%** of those say they have incurred debt or suffered financial hardship because of it and **41%** said their health worsened.
- Prior authorization is consistently cited as the top health coverage-related challenge for people living with arthritis, and has led to negative health impacts.

We are helping people living with arthritis achieve their Ideal Model of Care by:

- Making healthcare more affordable by lowering out-of-pocket costs.
- Reducing administrative burdens to care, such as inappropriate use of prior authorization and step therapy.
- Addressing workforce shortages, ensuring the appropriate providers are available to treat people with arthritis, particularly in undeserved areas.

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Maine: Why Arthritis Matters

Arthritis affects **29%** of the population in Maine. That's **395,000** adults living with doctor-diagnosed arthritis in the state.

As of January 2023

- There are nearly **60 Million** American adults with doctor diagnosed arthritis in the U.S.
- 1 in 3 veterans has arthritis, which accounts for 37,000 people in Maine living with arthritis
- There are approximately 300,000 kids with arthritis in the U.S. but only about 450 pediatric rheumatologists. That's about 700 kids for each doctor.

Over 24 million Americans experience activity limitations due to their arthritis.

- **194,000** adults in Maine have activity limitations caused by arthritis
- Among all adults in Maine with arthritis, **42%** have work limitations
- Arthritis in the U.S. has an economic burden of **\$304 billion** made up of medical expenses and lost wages

Arthritis Foundation data has found:

- 100% of arthritis patients reported experiencing pain in the last 7 days, with 75% reporting that pain has impacted their day-to-day activities.
- **37%** of arthritis patients reported having trouble affording their out-of-pocket costs this past year. **54%** of those say they have incurred debt or suffered financial hardship because of it and **41%** said their health worsened.
- Prior authorization is consistently cited as the top health coverage-related challenge for people living with arthritis, and has led to negative health impacts.

We are helping people living with arthritis achieve their Ideal Model of Care by:

- Making healthcare more affordable by lowering out-of-pocket costs.
- Reducing administrative barriers to care, such as inappropriate use of prior authorization and step therapy.
- Addressing workforce shortages, ensuring the appropriate providers are available, particularly in undeserved areas.

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Maryland: Why Arthritis Matters

Arthritis affects **23%** of the population in Maryland. That's **1,427,000** adults living with doctor-diagnosed arthritis in the state.

As of January 2023

- There are nearly **60 Million** American adults with doctor diagnosed arthritis in the U.S.
- **1 in 3** veterans has arthritis, which accounts for **123,000** people in Maryland living with arthritis
- There are approximately 300,000 kids with arthritis in the U.S. but only about 450 pediatric rheumatologists. That's about 700 kids for each doctor.

Over 24 million Americans experience activity limitations due to their arthritis.

- **599,000** adults in Maryland have activity limitations caused by arthritis
- Among all adults in Maryland with arthritis, **35%** have work limitations
- Arthritis in the U.S. has an economic burden of \$304 billion made up of medical expenses and lost wages

Arthritis Foundation data has found:

- **100%** of arthritis patients reported experiencing pain in the last 7 days, with **75%** reporting that pain has impacted their day-to-day activities.
- **37%** of arthritis patients reported having trouble affording their out-of-pocket costs this past year. **54%** of those say they have incurred debt or suffered financial hardship because of it and **41%** said their health worsened.
- Prior authorization is consistently cited as the top health coverage-related challenge for people living with arthritis, and has led to negative health impacts.

We are helping people living with arthritis achieve their Ideal Model of Care by:

- Making healthcare more affordable by lowering out-of-pocket costs.
- Reducing administrative barriers to care, such as inappropriate use of prior authorization and step therapy.
- Addressing workforce shortages, ensuring the appropriate providers are available, particularly in undeserved areas.

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Massachusetts: Why Arthritis Matters

Arthritis affects **24%** of the population in Massachusetts. That's **1,673,000** adults living with doctor-diagnosed arthritis in the state.

As of January 2023

- There are nearly **60 Million** American adults with doctor diagnosed arthritis in the U.S.
- **1 in 3** veterans has arthritis, which accounts for **102,000** people in Massachusetts living with arthritis
- There are approximately 300,000 kids with arthritis in the U.S. but only about 450 pediatric rheumatologists. That's about 700 kids for each doctor.

Over 24 million Americans experience activity limitations due to their arthritis.

- 820,000 adults in Massachusetts have activity limitations caused by arthritis
- Among all adults in Massachusetts with arthritis,35% have work limitations
- Arthritis in the U.S. has an economic burden of **\$304 billion** made up of medical expenses and lost wages

Arthritis Foundation data has found:

- 100% of arthritis patients reported experiencing pain in the last 7 days, with 75% reporting that pain has impacted their day-to-day activities.
- **37%** of arthritis patients reported having trouble affording their out-of-pocket costs this past year. **54%** of those say they have incurred debt or suffered financial hardship because of it and **41%** said their health worsened.
- Prior authorization is consistently cited as the top health coverage-related challenge for people living with arthritis, and has led to negative health impacts.

We are helping people living with arthritis achieve their Ideal Model of Care by:

- Making healthcare more affordable by lowering out-of-pocket costs.
- Reducing administrative barriers to care, such as inappropriate use of prior authorization and step therapy.
- Addressing workforce shortages, ensuring the appropriate providers are available, particularly in undeserved areas.

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Michigan: Why Arthritis Matters

Arthritis affects **30%** of the population in Michigan. That's **3,033,000** adults living with doctor-diagnosed arthritis in the state.

As of January 2023

- There are nearly **68 Million** American adults with doctor diagnosed arthritis in the U.S.
- **1 in 3** veterans has arthritis, which accounts for **186,000** people in Michigan living with arthritis
- There are approximately 300,000 kids with arthritis in the U.S. but only about 450 pediatric rheumatologists. That's about 700 kids for each doctor.

Over 24 million Americans experience activity limitations due to their arthritis.

- 1,486,000 adults in Michigan have activity limitations caused by arthritis
- Among all adults in Michigan with arthritis, 44% have work limitations
- Arthritis in the U.S. has an economic burden of **\$304 billion** made up of medical expenses and lost wages

Arthritis Foundation data has found:

- 100% of arthritis patients reported experiencing pain in the last 7 days, with 75% reporting that pain has impacted their day-to-day activities.
- **37%** of arthritis patients reported having trouble affording their out-of-pocket costs this past year. **54%** of those say they have incurred debt or suffered financial hardship because of it and **41%** said their health worsened.
- Prior authorization is consistently cited as the top health coverage-related challenge for people living with arthritis, and has led to negative health impacts.

We are helping people living with arthritis achieve their Ideal Model of Care by:

- Making healthcare more affordable by lowering out-of-pocket costs.
- Reducing administrative barriers to care, such as inappropriate use of prior authorization and step therapy.
- Addressing workforce shortages, ensuring the appropriate providers are available, particularly in undeserved areas.

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Minnesota: Why Arthritis Matters

Arthritis affects **22%** of the population in Minnesota. That's **1,255,000** adults living with doctor-diagnosed arthritis in the state.

As of January 2022

- There are nearly **60 Million** American adults with doctor diagnosed arthritis in the U.S.
- **1 in 3** veterans has arthritis, which accounts for **104,000** people in Minnesota living with arthritis
- There are approximately 300,000 kids with arthritis in the U.S. but only about 450 pediatric rheumatologists. That's about 700 kids for each doctor.

Over 24 million Americans experience activity limitations due to their arthritis.

- **590,000** adults in Minnesota have activity limitations caused by arthritis
- Among all adults in Minnesota with arthritis, 37% have work limitations
- Arthritis in the U.S. has an economic burden of \$304 billion made up of medical expenses and lost wages

Arthritis Foundation data has found:

- 100% of arthritis patients reported experiencing pain in the last 7 days, with 75% reporting that pain has impacted their day-to-day activities.
- **37%** of arthritis patients reported having trouble affording their out-of-pocket costs this past year. **54%** of those say they have incurred debt or suffered financial hardship because of it and **41%** said their health worsened.
- Prior authorization is consistently cited as the top health coverage-related challenge for people living with arthritis, and has led to negative health impacts.

We are helping people living with arthritis achieve their Ideal Model of Care by:

- Making healthcare more affordable by lowering out-of-pocket costs.
- Reducing administrative barriers to care, such as inappropriate use of prior authorization and step therapy.
- Addressing workforce shortages, ensuring the appropriate providers are available, particularly in undeserved areas.

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Mississippi: Why Arthritis Matters

Arthritis affects **30%** of the population in Mississippi. That's **900,000** adults living with doctor-diagnosed arthritis in the state.

As of January 2023

- There are nearly **60 Million** American adults with doctor diagnosed arthritis in the U.S.
- 1 in 3 veterans has arthritis, which accounts for 62,000 people in Mississippi living with arthritis
- There are approximately 300,000 kids with arthritis in the U.S. but only about 450 pediatric rheumatologists. That's about 700 kids for each doctor.

Over 24 million Americans experience activity limitations due to their arthritis.

- **513,000** adults in Mississippi have activity limitations caused by arthritis
- Among all adults in Mississippi with arthritis, 47% have work limitations
- Arthritis in the U.S. has an economic burden of \$304 billion made up of medical expenses and lost wages

Arthritis Foundation data has found:

- **100%** of arthritis patients reported experiencing pain in the last 7 days, with **75%** reporting that pain has impacted their day-to-day activities.
- **37%** of arthritis patients reported having trouble affording their out-of-pocket costs this past year. **54%** of those say they have incurred debt or suffered financial hardship because of it and **41%** said their health worsened.
- Prior authorization is consistently cited as the top health coverage-related challenge for people living with arthritis, and has led to negative health impacts.

We are helping people living with arthritis achieve their Ideal Model of Care by:

- Making healthcare more affordable by lowering out-of-pocket costs.
- Reducing administrative barriers to care, such as inappropriate use of prior authorization and step therapy.
- Addressing workforce shortages, ensuring the appropriate providers are available, particularly in undeserved areas.

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Missouri: Why Arthritis Matters

Arthritis affects **28%** of the population in Missouri. That's **1,742,000** adults living with doctor-diagnosed arthritis in the state.

- There are nearly **60 Million** American adults with doctor diagnosed arthritis in the U.S.
- **1 in 3** veterans has arthritis, which accounts for **137,000** people in Missouri living with arthritis
- There are approximately 300,000 kids with arthritis in the U.S. but only about 450 pediatric rheumatologists. That's about 700 kids for each doctor.

Over 24 million Americans experience activity limitations due to their arthritis.

- **958,000** adults in Missouri have activity limitations caused by arthritis
- Among all adults in Missouri with arthritis, 45% have work limitations
- Arthritis in the U.S. has an economic burden of \$304 billion made up of medical expenses and lost wages

Arthritis Foundation data has found:

- 100% of arthritis patients reported experiencing pain in the last 7 days, with 75% reporting that pain has impacted their day-to-day activities.
- **37%** of arthritis patients reported having trouble affording their out-of-pocket costs this past year. **54%** of those say they have incurred debt or suffered financial hardship because of it and **41%** said their health worsened.
- Prior authorization is consistently cited as the top health coverage-related challenge for people living with arthritis, and has led to negative health impacts.

We are helping people living with arthritis achieve their Ideal Model of Care by:

- Making healthcare more affordable by lowering out-of-pocket costs.
- Reducing administrative barriers to care, such as inappropriate use of prior authorization and step therapy.
- Addressing workforce shortages, ensuring the appropriate providers are available, particularly in undeserved areas.

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As of January 2022



Montana: Why Arthritis Matters

Arthritis affects **26%** of the population in Montana. That's **284,000** adults living with doctor-diagnosed arthritis in the state.

As of January 2023

- There are nearly **60 Million** American adults with doctor diagnosed arthritis in the U.S.
- **1 in 3** veterans has arthritis, which accounts for **29,000** people in Montana living with arthritis
- There are approximately 300,000 kids with arthritis in the U.S. but only about 450 pediatric rheumatologists. That's about 700 kids for each doctor.

Over 24 million Americans experience activity limitations due to their arthritis.

- 142,000 adults in Montana have activity limitations caused by arthritis
- Among all adults in Montana with arthritis, 40% have work limitations
- Arthritis in the U.S. has an economic burden of \$304 billion made up of medical expenses and lost wages

Arthritis Foundation data has found:

- **100%** of arthritis patients reported experiencing pain in the last 7 days, with **75%** reporting that pain has impacted their day-to-day activities.
- **37%** of arthritis patients reported having trouble affording their out-of-pocket costs this past year. **54%** of those say they have incurred debt or suffered financial hardship because of it and **41%** said their health worsened.
- Prior authorization is consistently cited as the top health coverage-related challenge for people living with arthritis, and has led to negative health impacts.

We are helping people living with arthritis achieve their Ideal Model of Care by:

- Making healthcare more affordable by lowering out-of-pocket costs.
- Reducing administrative barriers to care, such as inappropriate use of prior authorization and step therapy.
- Addressing workforce shortages, ensuring the appropriate providers are available, particularly in undeserved areas.

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Nebraska: Why Arthritis Matters

Arthritis affects **23%** of the population in Nebraska. That's **447,000** adults living with doctor-diagnosed arthritis in the state.

As of January 2023

- There are nearly **60 Million** American adults with doctor diagnosed arthritis in the U.S.
- 1 in 3 veterans has arthritis, which accounts for 42,000 people in Nebraska living with arthritis
- There are approximately 300,000 kids with arthritis in the U.S. but only about 450 pediatric rheumatologists. That's about 700 kids for each doctor.

Over 24 million Americans experience activity limitations due to their arthritis.

- 197,000 adults in Nebraska have activity limitations caused by arthritis
- Among all adults in Nebraska with arthritis, 34% have work limitations
- Arthritis in the U.S. has an economic burden of \$304 billion made up of medical expenses and lost wages

Arthritis Foundation data has found:

- **100%** of arthritis patients reported experiencing pain in the last 7 days, with **75%** reporting that pain has impacted their day-to-day activities.
- **37%** of arthritis patients reported having trouble affording their out-of-pocket costs this past year. **54%** of those say they have incurred debt or suffered financial hardship because of it and **41%** said their health worsened.
- Prior authorization is consistently cited as the top health coverage-related challenge for people living with arthritis, and has led to negative health impacts.

We are helping people living with arthritis achieve their Ideal Model of Care by:

- Making healthcare more affordable by lowering out-of-pocket costs.
- Reducing administrative barriers to care, such as inappropriate use of prior authorization and step therapy.
- Addressing workforce shortages, ensuring the appropriate providers are available, particularly in undeserved areas.

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Nevada: Why Arthritis Matters

Arthritis affects **25%** of the population in Nevada. That's **773,000** adults living with doctor-diagnosed arthritis in the state.

As of January 2023

- There are nearly **60 Million** American adults with doctor diagnosed arthritis in the U.S.
- **1 in 3** veterans has arthritis, which accounts for **73,000** people in Nevada living with arthritis
- There are approximately 300,000 kids with arthritis in the U.S. but only about 450 pediatric rheumatologists. That's about 700 kids for each doctor.

Over 24 million Americans experience activity limitations due to their arthritis.

- **371,000** adults in Nevada have activity limitations caused by arthritis
- Among all adults in Nevada with arthritis, 47% have work limitations
- Arthritis in the U.S. has an economic burden of \$304 billion made up of medical expenses and lost wages

Arthritis Foundation data has found:

- 100% of arthritis patients reported experiencing pain in the last 7 days, with 75% reporting that pain has impacted their day-to-day activities.
- **37%** of arthritis patients reported having trouble affording their out-of-pocket costs this past year. **54%** of those say they have incurred debt or suffered financial hardship because of it and **41%** said their health worsened.
- Prior authorization is consistently cited as the top health coverage-related challenge for people living with arthritis, and has led to negative health impacts.

We are helping people achieve their Ideal Model of Care by:

- Making healthcare more affordable by lowering out-of-pocket costs.
- Reducing administrative burdens to care, such as inappropriate use of prior authorization and step therapy.
- Addressing workforce shortages, ensuring the appropriate providers are available to treat people with arthritis, particularly in undeserved areas.

Contact the Arthritis Foundation's Advocacy and Access team for more information.



American Board of Pediatrics (ABP). 2022 Distribution of US-Based Pediatric Subspecialists Ever Certified by the ABP, Age 70 and Under: Pediatric Rheumatology. 2022. <u>https://www.abp.org/content/us-map-subspecialists-state</u>



New Hampshire: Why Arthritis Matters

Arthritis affects **25%** of the population in New Hampshire. That's **344,000** adults living with doctor-diagnosed arthritis in the state.

As of January 2022

- There are nearly **60 Million** American adults with doctor diagnosed arthritis in the U.S.
- **1 in 3** veterans has arthritis, which accounts for **33,000** people in New Hampshire living with arthritis
- There are approximately 300,000 kids with arthritis in the U.S. but only about 450 pediatric rheumatologists. That's about 700 kids for each doctor.

Over 24 million Americans experience activity limitations due to their arthritis.

- 158,000 adults in New Hampshire have activity limitations caused by arthritis
- Among all adults in New Hampshire with arthritis, **35%** have work limitations
- Arthritis in the U.S. has an economic burden of \$304 billion made up of medical expenses and lost wages

Arthritis Foundation data has found:

- 100% of arthritis patients have experienced pain in the last 7 days, with 75% reporting it has impacted their dayto-day activities.
- **37%** of arthritis patients have had trouble affording their out-of-pocket costs this past year; **54%** of those say they have incurred debt or suffered financial hardship because of it and **41%** said their health worsened.
- Prior authorization is consistently cited as the top health coverage-related challenge, and has led to negative health impacts.

We are helping people achieve their Ideal Model of Care by:

- Making healthcare more affordable by lowering out-of-pocket costs.
- Reducing administrative burdens to care, such as inappropriate use of prior authorization and step therapy.
- Addressing workforce shortages, ensuring the appropriate providers are available to treat people with arthritis, particularly in undeserved areas.

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New Jersey: Why Arthritis Matters

Arthritis affects **21%** of the population in New Jersey. That's **1,941,400** adults living with doctor-diagnosed arthritis in the state.

As of January 2023

- There are nearly **60 Million** American adults with doctor diagnosed arthritis in the U.S.
- **1** in 3 veterans has arthritis, which accounts for **112,000** of the people in New Jersey living with arthritis
- There are approximately 300,000 kids with arthritis in the U.S. but only about 450 pediatric rheumatologists. That's about 700 kids for each doctor.

Over 24 million Americans experience activity limitations due to their arthritis.

- 912,458 adults in New Jersey have activity limitations caused by arthritis
- Among all adults in New Jersey with arthritis, 36% have work limitations
- Arthritis in the U.S. has an economic burden of **\$304 billion** made up of medical expenses and lost wages

Arthritis Foundation data has found:

- 100% of arthritis patients reported experiencing pain in the last 7 days, with 75% reporting that pain has impacted their day-to-day activities.
- **37%** of arthritis patients reported having trouble affording their out-of-pocket costs this past year. **54%** of those say they have incurred debt or suffered financial hardship because of it and **41%** said their health worsened.
- Prior authorization is consistently cited as the top health coverage-related challenge for people living with arthritis, and has led to negative health impacts.

We are helping people achieve their Ideal Model of Care by:

- Making healthcare more affordable by lowering out-of-pocket costs.
- Reducing administrative burdens to care, such as inappropriate use of prior authorization and step therapy.
- Addressing workforce shortages, ensuring the appropriate providers are available to treat people with arthritis, particularly in undeserved areas.

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New Mexico: Why Arthritis Matters

Arthritis affects **25%** of the population in New Mexico. That's **538,000** adults living with doctordiagnosed arthritis in the state.

As of January 2023

- There are nearly **60 Million** American adults with doctor diagnosed arthritis in the U.S.
- **1 in 3** veterans has arthritis, which accounts for **49,000** people in New Mexico living with arthritis
- There are approximately **300,000 kids** with arthritis in the U.S. but only about **450 pediatric rheumatologists.** That's about 700 kids for each doctor.

Over 24 million Americans experience activity limitations due to their arthritis.

- **274,000** adults in New Mexico have activity limitations caused by arthritis
- Among all adults in New Mexico with arthritis, **46%** have work limitations
- Arthritis in the U.S. has an economic burden of \$304 billion made up of medical expenses and lost wages

Adults with arthritis often have one or more chronic conditions.

- 100% of arthritis patients reported experiencing pain in the last 7 days, with 75% reporting that pain has impacted their day-to-day activities.
- **37%** of arthritis patients reported having trouble affording their out-of-pocket costs this past year. **54%** of those say they have incurred debt or suffered financial hardship because of it and **41%** said their health worsened.
- Prior authorization is consistently cited as the top health coverage-related challenge for people living with arthritis, and has led to negative health impacts.

We are helping people achieve their Ideal Model of Care by:

- Making healthcare more affordable by lowering out-of-pocket costs.
- Reducing administrative burdens to care, such as inappropriate use of prior authorization and step therapy.
- Addressing workforce shortages, ensuring the appropriate providers are available to treat people with arthritis, particularly in undeserved areas.

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New York: Why Arthritis Matters

Arthritis affects **21%** of the population in New York. That's **4, 222, 000** adults living with doctor-diagnosed arthritis in the state.

As of January 2022

- There are nearly **60 Million** American adults with doctor diagnosed arthritis in the U.S.
- 1 in 3 veterans has arthritis, which accounts for 247,000 of the people in New York living with arthritis
- There are approximately 300,000 kids with arthritis in the U.S. but only about 450 pediatric rheumatologists. That's about 700 kids for each doctor.

Over 24 million Americans experience activity limitations due to their arthritis.

- 2,027,000 adults in New York have activity limitations caused by arthritis
- Among all adults in New York with arthritis, 41% have work limitations
- Arthritis in the U.S. has an economic burden of \$304 billion made up of medical expenses and lost wages

Arthritis Foundation data has found:

- **100%** of arthritis patients reported experiencing pain in the last 7 days, with **75%** reporting that pain has impacted their day-to-day activities.
- **37%** of arthritis patients reported having trouble affording their out-of-pocket costs this past year. **54%** of those say they have incurred debt or suffered financial hardship because of it and **41%** said their health worsened.
- Prior authorization is consistently cited as the top health coverage-related challenge for people living with arthritis, and has led to negative health impacts.

We are helping people achieve their Ideal Model of Care by:

- Making healthcare more affordable by lowering out-of-pocket costs.
- Reducing administrative burdens to care, such as inappropriate use of prior authorization and step therapy.
- Addressing workforce shortages, ensuring the appropriate providers are available to treat people with arthritis, particularly in undeserved areas.

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North Carolina: Why Arthritis Matters

Arthritis affects **25%** of the population in North Carolina. That's **2,652,000** adults living with doctor-diagnosed arthritis in the state.

As of January 2023

- There are nearly **60 Million** American adults with doctor diagnosed arthritis in the U.S.
- **1 in 3** veterans has arthritis, which accounts for **232,000** of the people in North Carolina living with arthritis
- There are approximately 300,000 kids with arthritis in the U.S. but only about 450 pediatric rheumatologists. That's about 700 kids for each doctor.

Over 24 million Americans experience activity limitations due to their arthritis.

- 1,485,000 adults in North Carolina have activity limitations caused by arthritis
- Among all adults in North Carolina with arthritis, 48% have work limitations
- Arthritis in the U.S. has an economic burden of \$304 billion made up of medical expenses and lost wages

Arthritis Foundation data has found:

- **100%** of arthritis patients reported experiencing pain in the last 7 days, with **75%** reporting that pain has impacted their day-to-day activities.
- **37%** of arthritis patients reported having trouble affording their out-of-pocket costs this past year. **54%** of those say they have incurred debt or suffered financial hardship because of it and **41%** said their health worsened.
- Prior authorization is consistently cited as the top health coverage-related challenge for people living with arthritis, and has led to negative health impacts.

We are helping people achieve their Ideal Model of Care by:

- Making healthcare more affordable by lowering out-of-pocket costs.
- Reducing administrative burdens to care, such as inappropriate use of prior authorization and step therapy.
- Addressing workforce shortages, ensuring the appropriate providers are available to treat people with arthritis, particularly in undeserved areas.

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North Dakota: Why Arthritis Matters

Arthritis affects **29%** of the population in North Dakota. That's **176,000** adults living with doctordiagnosed arthritis in the state.

As of January 2023

- There are nearly **60 Million** American adults with doctor diagnosed arthritis in the U.S.
- **1 in 3** veterans has arthritis, which accounts for **17,000** of the people in North Dakota living with arthritis
- There are approximately 300,000 kids with arthritis in the U.S. but only about 450 pediatric rheumatologists. That's about 700 kids for each doctor.

Over 24 million Americans experience activity limitations due to their arthritis.

- 81,000 adults in North Dakota have activity limitations caused by arthritis
- Among all adults in North Dakota with arthritis, **33%** have work limitations
- Arthritis in the U.S. has an economic burden of \$304 billion made up of medical expenses and lost wages

Arthritis Foundation data has found:

- **100%** of arthritis patients reported experiencing pain in the last 7 days, with **75%** reporting that pain has impacted their day-to-day activities.
- **37%** of arthritis patients reported having trouble affording their out-of-pocket costs this past year. **54%** of those say they have incurred debt or suffered financial hardship because of it and **41%** said their health worsened.
- Prior authorization is consistently cited as the top health coverage-related challenge for people living with arthritis, and has led to negative health impacts.

We are helping people living with arthritis achieve their Ideal Model of Care by:

- Making healthcare more affordable by lowering out-of-pocket costs.
- Reducing administrative burdens to care, such as inappropriate use of prior authorization and step therapy.
- Addressing workforce shortages, ensuring the appropriate providers are available to treat people with arthritis, particularly in undeserved areas.

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US Department of Veterans Affairs (VA). Veteran Population— Fiscal Year 2020. https://www.cdc.gov/mmwr/preview/mmwr/tmm/mm6344a4.htm Centers for Disease Control and Prevention (CDC). 2015 Behavioral Risk Factor Surveillance Survey. https://www.cdc.gov/arthritis/data_statistics/arthritis-related-stats.htm#prevex/mwwr.thtps://www.cdc.gov/arthritis.org/liveyes/insights/how-it-hurts/">https://www.cdc.gov/arthritis/data_statistics/arthritis-related-stats.htm#prevex/ Arthritis Foundation. May 2021 How it Hurts - Annual Report on the Impact of Arthritis Pain. https://www.arthritis.org/liveyes/insights/how-it-hurts Arthritis Foundation Advocacy 2023. https://www.arthritis.org/advocacy



Ohio: Why Arthritis Matters

Arthritis affects **28%** of the population in Ohio. That's **3,327,000** adults living with doctordiagnosed arthritis in the state.

- There are nearly **60 Million** American adults with doctor diagnosed arthritis in the U.S.
- **1 in 3** veterans has arthritis, which accounts for **241,000** of the people in Ohio living with arthritis
- There are approximately 300,000 kids with arthritis in the U.S. but only about 450 pediatric rheumatologists. That's about 700 kids for each doctor.

Over 24 million Americans experience activity limitations due to their arthritis.

- 1,630,000 adults in Ohio have activity limitations caused by arthritis
- Among all adults in Ohio with arthritis,43% have work limitations
- Arthritis in the U.S. has an economic burden of **\$304 billion** made up of medical expenses and lost wages

Arthritis Foundation data has found:

- 100% of arthritis patients reported experiencing pain in the last 7 days, with 75% reporting that pain has impacted their day-to-day activities.
- **37%** of arthritis patients reported having trouble affording their out-of-pocket costs this past year. **54%** of those say they have incurred debt or suffered financial hardship because of it and **41%** said their health worsened.
- Prior authorization is consistently cited as the top health coverage-related challenge for people living with arthritis, and has led to negative health impacts.

We are helping people achieve their Ideal Model of Care by:

- Making healthcare more affordable by lowering out-of-pocket costs.
- Reducing administrative burdens to care, such as inappropriate use of prior authorization and step therapy.
- Addressing workforce shortages, ensuring the appropriate providers are available to treat people with arthritis, particularly in undeserved areas.

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As of January 2023



Oklahoma: Why Arthritis Matters

Arthritis affects **26%** of the population in Oklahoma. That's **1,037,000** adults living with doctor-diagnosed arthritis in the state.

As of January 2023

- There are nearly **60 Million** American adults with doctor diagnosed arthritis in the U.S.
- **1** in 3 veterans has arthritis, which accounts for **241,000** of the people in Oklahoma living with arthritis
- There are approximately 300,000 kids with arthritis in the U.S. but only about 450 pediatric rheumatologists. That's about 700 kids for each doctor.

Over 24 million Americans experience activity limitations due to their arthritis.

- **581,000** adults in Oklahoma have activity limitations caused by arthritis
- Among all adults in Oklahoma with arthritis, **49%** have work limitations
- Arthritis in the U.S. has an economic burden of \$304 billion made up of medical expenses and lost wages

Arthritis Foundation data has found:

- **100%** of arthritis patients reported experiencing pain in the last 7 days, with **75%** reporting that pain has impacted their day-to-day activities.
- **37%** of arthritis patients reported having trouble affording their out-of-pocket costs this past year. **54%** of those say they have incurred debt or suffered financial hardship because of it and **41%** said their health worsened.
- Prior authorization is consistently cited as the top health coverage-related challenge for people living with arthritis, and has led to negative health impacts.

We are helping people achieve their Ideal Model of Care by:

- Making healthcare more affordable by lowering out-of-pocket costs.
- Reducing administrative burdens to care, such as inappropriate use of prior authorization and step therapy.
- Addressing workforce shortages, ensuring the appropriate providers are available to treat people with arthritis, particularly in undeserved areas.

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Centers for Disease Control and Prevention (CDC). Arthritis Among Veterans — United States, 2011–2013. <u>https://www.cdc.gov/mmwr/preview/mmwrhtml/mm6344a4.htm</u> Centers for Disease Control and Prevention (CDC). 2015 Behavioral Risk Factor Surveillance Survey. <u>https://www.cdc.gov/arthritis/data_statistics/arthritis-related-stats.htm#prev</u> Arthritis Foundation. May 2021 How it Hurts - Annual Report on the Impact of Arthritis Pain. <u>https://www.arthritis.org/liveyes/insights/how-it-hurts</u> Arthritis Foundation Advocacy 2023. <u>https://www.arthritis.org/advocacy</u>



Oregon: Why Arthritis Matters

Arthritis affects **23%** of the population in Alabama. That's **987,000** adults living with doctordiagnosed arthritis in the state.

As of January 2023

- There are nearly **60 Million** American adults with doctor diagnosed arthritis in the U.S.
- **1 in 3** veterans has arthritis, which accounts for **94,000** people in Oregon living with arthritis
- There are approximately 300,000 kids with arthritis in the U.S. but only about 450 pediatric rheumatologists. That's about 700 kids for each doctor.

Over 24 million Americans experience activity limitations due to their arthritis.

- **563,000** adults in Oregon have activity limitations caused by arthritis
- Among all adults in Oregon with arthritis, **41%** have work limitations
- Arthritis in the U.S. has an economic burden of \$304 billion made up of medical expenses and lost wages

Arthritis Foundation data has found:

- **100%** of arthritis patients reported experiencing pain in the last 7 days, with **75%** reporting that pain has impacted their day-to-day activities.
- **37%** of arthritis patients reported having trouble affording their out-of-pocket costs this past year. **54%** of those say they have incurred debt or suffered financial hardship because of it and **41%** said their health worsened.
- Prior authorization is consistently cited as the top health coverage-related challenge for people living with arthritis, and has led to negative health impacts.

We are helping people achieve their Ideal Model of Care by:

- Making healthcare more affordable by lowering out-of-pocket costs.
- Reducing administrative burdens to care, such as inappropriate use of prior authorization and step therapy.
- Addressing workforce shortages, ensuring the appropriate providers are available to treat people with arthritis, particularly in undeserved areas.

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Centers for Disease Control and Prevention (CDC). Arthritis Among Veterans — United States, 2011–2013. <u>https://www.cdc.gov/mmwr/preview/mmwrhtml/mm6344a4.htm</u> Centers for Disease Control and Prevention (CDC). 2015 Behavioral Risk Factor Surveillance Survey. <u>https://www.cdc.gov/arthritis/data_statistics/arthritis-related-stats.htm#prev</u> Arthritis Foundation. May 2021 How it Hurts - Annual Report on the Impact of Arthritis Pain. <u>https://www.arthritis.org/liveyes/insights/how-it-hurts</u> Arthritis Foundation Advocacy 2023. <u>https://www.arthritis.org/advocacy</u>



Pennsylvania: Why Arthritis Matters

Arthritis affects **29%** of the population in Pennsylvania. That's **3,719,000** adults living with doctor-diagnosed arthritis in the state.

As of January 2023

- There are nearly **60 Million** American adults with doctor diagnosed arthritis in the U.S.
- 1 in 3 veterans has arthritis, which accounts for 254,000 people in Pennsylvania living with arthritis
- There are approximately 300,000 kids with arthritis in the U.S. but only about 450 pediatric rheumatologists. That's about 700 kids for each doctor.

Over 24 million Americans experience activity limitations due to their arthritis.

- **1,599,000** adults in Pennsylvania have activity limitations caused by arthritis
- Among all adults in Pennsylvania with arthritis, 38% have work limitations
- Arthritis in the U.S. has an economic burden of \$304 billion made up of medical expenses and lost wages

Arthritis Foundation data has found:

- **100%** of arthritis patients reported experiencing pain in the last 7 days, with **75%** reporting that pain has impacted their day-to-day activities.
- **37%** of arthritis patients reported having trouble affording their out-of-pocket costs this past year. **54%** of those say they have incurred debt or suffered financial hardship because of it and **41%** said their health worsened.
- Prior authorization is consistently cited as the top health coverage-related challenge for people living with arthritis, and has led to negative health impacts.

We are helping people living with arthritis achieve their Ideal Model of Care by:

- Making healthcare more affordable by lowering out-of-pocket costs.
- Reducing administrative burdens to care, such as inappropriate use of prior authorization and step therapy.
- Addressing workforce shortages, ensuring the appropriate providers are available to treat people with arthritis, particularly in undeserved areas.

Contact the Arthritis Foundation's Advocacy and Access team for more information.



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US Department of Veterans Affairs (VA). Veteran Population— Fiscal Year 2020. <u>https://www.cdc.gov/mmwr/preview/mmwrhtml/mm6344a4.htm</u> Centers for Disease Control and Prevention (CDC). 2015 Behavioral Risk Factor Surveillance Survey. <u>https://www.cdc.gov/arthritis/data_statistics/arthritis-related-stats.htm#prev</u> Arthritis Foundation. May 2021 How it Hurts - Annual Report on the Impact of Arthritis Pain. <u>https://www.arthritis.org/liveyes/insights/how-it-hurts</u> Arthritis Foundation Advocacy 2023. <u>https://www.arthritis.org/advocacy</u>



Rhode Island: Why Arthritis Matters

Arthritis affects **24%** of the population in Rhode Island. That's **266,000** adults living with doctordiagnosed arthritis in the state.

As of January 2023

- There are nearly **60 Million** American adults with doctor diagnosed arthritis in the U.S.
- **1** in 3 veterans has arthritis, which accounts for **21,000** of the people in Rhode Island living with arthritis
- There are approximately 300,000 kids with arthritis in the U.S. but only about 450 pediatric rheumatologists. That's about 700 kids for each doctor.

Over 24 million Americans experience activity limitations due to their arthritis.

- 151,000 adults in Rhode Island have activity limitations caused by arthritis
- Among all adults in Rhode Island with arthritis, 41% have work limitations
- Arthritis in the U.S. has an economic burden of \$304 billion made up of medical expenses and lost wages

Arthritis Foundation data has found:

- 100% of arthritis patients reported experiencing pain in the last 7 days, with 75% reporting that pain has impacted their day-to-day activities.
- **37%** of arthritis patients reported having trouble affording their out-of-pocket costs this past year. **54%** of those say they have incurred debt or suffered financial hardship because of it and **41%** said their health worsened.
- Prior authorization is consistently cited as the top health coverage-related challenge for people living with arthritis, and has led to negative health impacts.

We are helping people living with arthritis achieve their Ideal Model of Care by:

- Making healthcare more affordable by lowering out-of-pocket costs.
- Reducing administrative burdens to care, such as inappropriate use of prior authorization and step therapy.
- Addressing workforce shortages, ensuring the appropriate providers are available to treat people with arthritis, particularly in undeserved areas.

Contact the Arthritis Foundation's Advocacy and Access team for more information.



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US Department of Veterans Affairs (VA). Veteran Population— Fiscal Year 2020. <u>https://www.cdc.gov/mmwr/preview/mmwrhtml/mm6344a4.htm</u> Centers for Disease Control and Prevention (CDC). 2015 Behavioral Risk Factor Surveillance Survey. <u>https://www.cdc.gov/arthritis/data_statistics/arthritis-related-statis.htm#prev</u>



South Carolina: Why Arthritis Matters

Arthritis affects **31%** of the population in South Carolina. That's **1,571,000** adults living with doctor-diagnosed arthritis in the state.

As of January 2023

- There are nearly **60 Million** American adults with doctor diagnosed arthritis in the U.S.
- **1 in 3** veterans has arthritis, which accounts for **130,000** of the people in South Carolina living with arthritis
- There are approximately 300,000 kids with arthritis in the U.S. but only about 450 pediatric rheumatologists. That's about 700 kids for each doctor.

Over 24 million Americans experience activity limitations due to their arthritis.

- 707,000 adults in South Carolina have activity limitations caused by arthritis
- Among all adults in South Carolina with arthritis, **49%** have work limitations
- Arthritis in the U.S. has an economic burden of \$304 billion made up of medical expenses and lost wages

Arthritis Foundation data has found:

- **100%** of arthritis patients reported experiencing pain in the last 7 days, with **75%** reporting that pain has impacted their day-to-day activities.
- **37%** of arthritis patients reported having trouble affording their out-of-pocket costs this past year. **54%** of those say they have incurred debt or suffered financial hardship because of it and **41%** said their health worsened.
- Prior authorization is consistently cited as the top health coverage-related challenge for people living with arthritis, and has led to negative health impacts.

We are helping people living with arthritis achieve their Ideal Model of Care by:

- Making healthcare more affordable by lowering out-of-pocket costs.
- Reducing administrative burdens to care, such as inappropriate use of prior authorization and step therapy.
- Addressing workforce shortages, ensuring the appropriate providers are available to treat people with arthritis, particularly in undeserved areas.

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US Department of Veterans Affairs (VA). Veteran Population— Fiscal Year 2020. <u>https://www.cdc.gov/mmwr/preview/mmwrhtml/mm6344a4.htm</u> Centers for Disease Control and Prevention (CDC). 2015 Behavioral Risk Factor Surveillance Survey. <u>https://www.cdc.gov/arthritis/data_statistics/arthritis-related-statis.htm#prev</u>



South Dakota: Why Arthritis Matters

Arthritis affects **25%** of the population in South Dakota. That's **219,000** adults living with doctordiagnosed arthritis in the state.

As of January 2023

- There are nearly **60 Million** American adults with doctor diagnosed arthritis in the U.S.
- **1 in 3** veterans has arthritis, which accounts for **22,000** of the people in South Dakota living with arthritis
- There are approximately 300,000 kids with arthritis in the U.S. but only about 450 pediatric rheumatologists. That's about 700 kids for each doctor.

Over 24 million Americans experience activity limitations due to their arthritis.

- 120,000 adults in South Dakota have activity limitations caused by arthritis
- Among all adults in South Dakota with arthritis, 43% have work limitations
- Arthritis in the U.S. has an economic burden of **\$304 billion** made up of medical expenses and lost wages

Arthritis Foundation data has found:

- **100%** of arthritis patients reported experiencing pain in the last 7 days, with **75%** reporting that pain has impacted their day-to-day activities.
- **37%** of arthritis patients reported having trouble affording their out-of-pocket costs this past year. **54%** of those say they have incurred debt or suffered financial hardship because of it and **41%** said their health worsened.
- Prior authorization is consistently cited as the top health coverage-related challenge for people living with arthritis, and has led to negative health impacts.

We are helping people living with arthritis achieve their Ideal Model of Care by:

- Making healthcare more affordable by lowering out-of-pocket costs.
- Reducing administrative burdens to care, such as inappropriate use of prior authorization and step therapy.
- Addressing workforce shortages, ensuring the appropriate providers are available to treat people with arthritis, particularly in undeserved areas.

Contact the Arthritis Foundation's Advocacy and Access team for more information.



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US Department of Veterans Affairs (VA). Veteran Population— Fiscal Year 2020. <u>https://www.cdc.gov/mmwr/preview/mmwrhtml/mm6344a4.htm</u> Centers for Disease Control and Prevention (CDC). 2015 Behavioral Risk Factor Surveillance Survey. <u>https://www.cdc.gov/arthritis/data_statistics/arthritis-related-statis.htm#prev</u>



Tennessee: Why Arthritis Matters

Arthritis affects **30%** of the population in Tennessee. That's **2,046,000** adults living with doctor-diagnosed arthritis in the state.

As of January 2023

- There are over **60 Million** American adults with doctor diagnosed arthritis in the U.S.
- 1 in 3 veterans has arthritis, which accounts for 150,000 of the people in Tennessee living with arthritis
- There are approximately 300,000 kids with arthritis in the U.S. but only about 450 pediatric rheumatologists. That's about 700 kids for each doctor.

Over 24 million Americans experience activity limitations due to their arthritis.

- 1,002,000 adults in Tennessee have activity limitations caused by arthritis
- Among all adults in Tennessee with arthritis, 47% have work limitations
- Arthritis in the U.S. has an economic burden of **\$304 billion** made up of medical expenses and lost wages

Arthritis Foundation data has found:

- **100%** of arthritis patients reported experiencing pain in the last 7 days, with **75%** reporting that pain has impacted their day-to-day activities.
- **37%** of arthritis patients reported having trouble affording their out-of-pocket costs this past year. **54%** of those say they have incurred debt or suffered financial hardship because of it and **41%** said their health worsened.
- Prior authorization is consistently cited as the top health coverage-related challenge for people living with arthritis, and has led to negative health impacts.

We are helping people living with arthritis achieve their Ideal Model of Care by:

- Making healthcare more affordable by lowering out-of-pocket costs.
- Reducing administrative burdens to care, such as inappropriate use of prior authorization and step therapy.
- Addressing workforce shortages, ensuring the appropriate providers are available to treat people with arthritis, particularly in undeserved areas.

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American Board of Pediatrics (ABP). 2022 Distribution of US-Based Pediatric Subspecialists Ever Certified by the ABP, Age 70 and Under: Pediatric Rheumatology. 2022. https://www.abp.org/content/us-map-subspecialists-state

US Department of Veterans Affairs (VA). Veteran Population— Fiscal Year 2020. <u>https://www.cdc.gov/mmwr/preview/mmwrhtml/mm6344a4.htm</u> Centers for Disease Control and Prevention (CDC). 2015 Behavioral Risk Factor Surveillance Survey.<u>https://www.cdc.gov/arthritis/data_statistics/arthritis-related-statis.htm#prev</u>



Texas: Why Arthritis Matters

Arthritis affects **21%** of the population in Texas. That's **6,091,000** adults living with doctor-diagnosed arthritis in the state.

As of January 2023

- There are nearly **60 Million** American adults with doctor diagnosed arthritis in the U.S.
- **1 in 3** veterans has arthritis, which accounts for **517,000** of the people in Texas living with arthritis
- There are approximately 300,000 kids with arthritis in the U.S. but only about 450 pediatric rheumatologists. That's about 700 kids for each doctor.

Over 24 million Americans experience activity limitations due to their arthritis.

- 3, 289, 000 adults in Texas have activity limitations caused by arthritis
- Among all adults in Texas with arthritis, 41% have work limitations
- Arthritis in the U.S. has an economic burden of **\$304 billion** made up of medical expenses and lost wages

Arthritis Foundation data has found:

- 100% of arthritis patients reported experiencing pain in the last 7 days, with 75% reporting that pain has impacted their day-to-day activities.
- 37% of arthritis patients reported having trouble affording their out-of-pocket costs this past year. 54% of those say they have incurred debt or suffered financial hardship because of it and 41% said their health worsened.
- Prior authorization is consistently cited as the top health coverage-related challenge for people living with arthritis, and has led to negative health impacts.

We are helping people living with arthritis achieve their Ideal Model of Care by:

- Making healthcare more affordable by lowering out-of-pocket costs.
- Reducing administrative burdens to care, such as inappropriate use of prior authorization and step therapy.
- Addressing workforce shortages, ensuring the appropriate providers are available to treat people with arthritis, particularly in undeserved areas.

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Utah: Why Arthritis Matters

Arthritis affects **21%** of the population in Utah. That's **687,000** adults living with doctordiagnosed arthritis in the state.

- There are nearly **60 Million** American adults with doctor diagnosed arthritis in the U.S.
- **1 in 3** veterans has arthritis, which accounts for **14%** of the people in Utah living with arthritis
- There are approximately 300,000 kids with arthritis in the U.S. but only about 450 pediatric rheumatologists. That's about 700 kids for each doctor.

Over 24 million Americans experience activity limitations due to their arthritis.

- **344,000** adults in Utah have activity limitations caused by arthritis
- Among all adults in Utah with arthritis, 33% have work limitations
- Arthritis in the U.S. has an economic burden of **\$304 billion** made up of medical expenses and lost wages

Arthritis Foundation data has found:

- 100% of arthritis patients reported experiencing pain in the last 7 days, with 75% reporting that pain has impacted their day-to-day activities.
- **37%** of arthritis patients reported having trouble affording their out-of-pocket costs this past year. **54%** of those say they have incurred debt or suffered financial hardship because of it and **41%** said their health worsened.
- Prior authorization is consistently cited as the top health coverage-related challenge for people living with arthritis, and has led to negative health impacts.

We are helping people living with arthritis achieve their Ideal Model of Care by:

- Making healthcare more affordable by lowering out-of-pocket costs.
- Reducing administrative burdens to care, such as inappropriate use of prior authorization and step therapy.
- Addressing workforce shortages, ensuring the appropriate providers are available to treat people with arthritis, particularly in undeserved areas.

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As of January 2023



Vermont: Why Arthritis Matters

Arthritis affects **26%** of the population in Vermont. That's **167,000** adults living with doctordiagnosed arthritis in the state.

As of January 2023

- There are nearly **60 Million** American adults with doctor diagnosed arthritis in the U.S.
- **1** in 3 veterans has arthritis, which accounts for **14,000** of the people in Vermont living with arthritis
- There are approximately 300,000 kids with arthritis in the U.S. but only about 450 pediatric rheumatologists. That's about 700 kids for each doctor.

Over 24 million Americans experience activity limitations due to their arthritis.

- **77,000** adults in Vermont have activity limitations caused by arthritis
- Among all adults in Vermont with arthritis, 37% have work limitations
- Arthritis in the U.S. has an economic burden of **\$304 billion** made up of medical expenses and lost wages

Arthritis Foundation data has found:

- 100% of arthritis patients reported experiencing pain in the last 7 days, with 75% reporting that pain has impacted their day-to-day activities.
- 37% of arthritis patients reported having trouble affording their out-of-pocket costs this past year. 54% of those say they have incurred debt or suffered financial hardship because of it and 41% said their health worsened.
- Prior authorization is consistently cited as the top health coverage-related challenge for people living with arthritis, and has led to negative health impacts.

We are helping people living with arthritis achieve their Ideal Model of Care by:

- Making healthcare more affordable by lowering out-of-pocket costs.
- Reducing administrative burdens to care, such as inappropriate use of prior authorization and step therapy.
- Addressing workforce shortages, ensuring the appropriate providers are available to treat people with arthritis, particularly in undeserved areas.

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Virginia: Why Arthritis Matters

Arthritis affects **25%** of the population in Virginia. That's **2, 115,000** adults living with doctordiagnosed arthritis in the state.

As of January 2023

- There are nearly **60 Million** American adults with doctor diagnosed arthritis in the U.S.
- 1 in 3 veterans has arthritis, which accounts for 234,000 of the people in Virginia living with arthritis
- There are approximately 300,000 kids with arthritis in the U.S. but only about 450 pediatric rheumatologists. That's about 700 kids for each doctor.

Over 24 million Americans experience activity limitations due to their arthritis.

- 1,036,000 adults in Virginia have activity limitations caused by arthritis
- Among all adults in Virginia with arthritis, 39% have work limitations
- Arthritis in the U.S. has an economic burden of \$304 billion made up of medical expenses and lost wages

Arthritis Foundation data has found:

- 100% of arthritis patients reported experiencing pain in the last 7 days, with 75% reporting that pain has impacted their day-to-day activities.
- **37%** of arthritis patients reported having trouble affording their out-of-pocket costs this past year. **54%** of those say they have incurred debt or suffered financial hardship because of it and **41%** said their health worsened.
- Prior authorization is consistently cited as the top health coverage-related challenge for people living with arthritis, and has led to negative health impacts.

We are helping people living with arthritis achieve their Ideal Model of Care by:

- Making healthcare more affordable by lowering out-of-pocket costs.
- Reducing administrative burdens to care, such as inappropriate use of prior authorization and step therapy.
- Addressing workforce shortages, ensuring the appropriate providers are available to treat people with arthritis, particularly in undeserved areas.

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Washington: Why Arthritis Matters

Arthritis affects **24%** of the population in Washington. That's **1,811,000** adults living with doctor-diagnosed arthritis in the state.

As of January 2023

- There are nearly **60 Million** American adults with doctor diagnosed arthritis in the U.S.
- **1 in 3** veterans has arthritis, which accounts for **18%** of the people in Washington living with arthritis
- There are approximately 300,000 kids with arthritis in the U.S. but only about 450 pediatric rheumatologists. That's about 700 kids for each doctor.

Over 24 million Americans experience activity limitations due to their arthritis.

- 815,000 adults in Washington have activity limitations caused by arthritis
- Among all adults in Washington with arthritis, 40% have work limitations
- Arthritis in the U.S. has an economic burden of **\$304 billion** made up of medical expenses and lost wages

Arthritis Foundation data has found:

- **100%** of arthritis patients reported experiencing pain in the last 7 days, with **75%** reporting that pain has impacted their day-to-day activities.
- **37%** of arthritis patients reported having trouble affording their out-of-pocket costs this past year. **54%** of those say they have incurred debt or suffered financial hardship because of it and **41%** said their health worsened.
- Prior authorization is consistently cited as the top health coverage-related challenge for people living with arthritis, and has led to negative health impacts.

We are helping people living with arthritis achieve their Ideal Model of Care by:

- Making healthcare more affordable by lowering out-of-pocket costs.
- Reducing administrative burdens to care, such as inappropriate use of prior authorization and step therapy.
- Addressing workforce shortages, ensuring the appropriate providers are available to treat people with arthritis, particularly in undeserved areas.

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Washington, D.C.: Why Arthritis Matters

Arthritis affects **16%** of the population in Washington, D.C. That's **112,000** adults living with doctor-diagnosed arthritis in the state.

As of January 2023

- There are nearly **60 Million** American adults with doctor diagnosed arthritis in the U.S.
- **1 in 3** veterans has arthritis, which accounts for **10,000** people in Washington, D.C. living with arthritis
- There are approximately 300,000 kids with arthritis in the U.S. but only about 450 pediatric rheumatologists. That's about 700 kids for each doctor.

Over 24 million Americans experience activity limitations due to their arthritis.

- **61,000** adults in Washington, D.C. have activity limitations caused by arthritis
- Among all adults in Washington, D.C. with arthritis, 52% have work limitations
- Arthritis in the U.S. has an economic burden of **\$304 billion** made up of medical expenses and lost wages

Arthritis Foundation data has found:

- 100% of arthritis patients reported experiencing pain in the last 7 days, with 75% reporting that pain has impacted their day-to-day activities.
- **37%** of arthritis patients reported having trouble affording their out-of-pocket costs this past year. **54%** of those say they have incurred debt or suffered financial hardship because of it and 41% said their health worsened.
- Prior authorization is consistently cited as the top health coverage-related challenge for people living with arthritis, and has led to negative health impacts.

We are helping people living with arthritis achieve their Ideal Model of Care by:

- Making healthcare more affordable by lowering out-of-pocket costs.
- Reducing administrative burdens to care, such as inappropriate use of prior authorization and step therapy.
- Addressing workforce shortages, ensuring the appropriate providers are available to treat people with arthritis, particularly in undeserved areas.

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West Virginia: Why Arthritis Matters

Arthritis affects **38%** of the population in West Virginia. That's **682,000** adults living with doctordiagnosed arthritis in the state.

As of January 2023

- There are nearly **60 Million** American adults with doctor diagnosed arthritis in the U.S.
- **1 in 3** veterans has arthritis, which accounts for **45,000** people in West Virginia living with arthritis
- There are approximately 300,000 kids with arthritis in the U.S. but only about 450 pediatric rheumatologists. That's about 700 kids for each doctor.

Over 24 million Americans experience activity limitations due to their arthritis.

- **389,000** adults in West Virginia have activity limitations caused by arthritis
- Among all adults in West Virginia with arthritis, 53% have work limitations
- Arthritis in the U.S. has an economic burden of **\$304 billion** made up of medical expenses and lost wages

Arthritis Foundation data has found:

- 100% of arthritis patients reported experiencing pain in the last 7 days, with 75% reporting that pain has impacted their day-to-day activities.
- **37%** of arthritis patients reported having trouble affording their out-of-pocket costs this past year. **54%** of those say they have incurred debt or suffered financial hardship because of it and **41%** said their health worsened.
- Prior authorization is consistently cited as the top health coverage-related challenge for people living with arthritis, and has led to negative health impacts.

We are helping people living with arthritis achieve their Ideal Model of Care by:

- Making healthcare more affordable by lowering out-of-pocket costs.
- Reducing administrative burdens to care, such as inappropriate use of prior authorization and step therapy.
- Addressing workforce shortages, ensuring the appropriate providers are available to treat people with arthritis, particularly in undeserved areas.

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Wisconsin: Why Arthritis Matters

Arthritis affects **25%** of the population in Wisconsin. That's **1,462,000** adults living with doctor-diagnosed arthritis in the state.

As of January 2023

- There are nearly **60 Million** American adults with doctor diagnosed arthritis in the U.S.
- **1 in 3** veterans has arthritis, which accounts for **116,000** people in Wisconsin living with arthritis
- There are approximately 300,000 kids with arthritis in the U.S. but only about 450 pediatric rheumatologists. That's about 700 kids for each doctor.

Over 24 million Americans experience activity limitations due to their arthritis.

- 716,000 adults in Wisconsin have activity limitations caused by arthritis
- Among all adults in Wisconsin with arthritis, 38% have work limitations
- Arthritis in the U.S. has an economic burden of **\$304 billion** made up of medical expenses and lost wages

Arthritis Foundation data has found:

- 100% of arthritis patients reported experiencing pain in the last 7 days, with 75% reporting that pain has impacted their day-to-day activities.
- **37%** of arthritis patients reported having trouble affording their out-of-pocket costs this past year. **54%** of those say they have incurred debt or suffered financial hardship because of it and **41%** said their health worsened.
- Prior authorization is consistently cited as the top health coverage-related challenge for people living with arthritis, and has led to negative health impacts.

We are helping people living with arthritis achieve their Ideal Model of Care by:

- Making healthcare more affordable by lowering out-of-pocket costs.
- Reducing administrative burdens to care, such as inappropriate use of prior authorization and step therapy.
- Addressing workforce shortages, ensuring the appropriate providers are available to treat people with arthritis, particularly in undeserved areas.

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Wyoming: Why Arthritis Matters

Arthritis affects **23%** of the population in Wyoming. That's **133,000** adults living with doctor-diagnosed arthritis in the state.

As of January 2023

- There are nearly **60 Million** American adults with doctor diagnosed arthritis in the U.S.
- **1 in 3** veterans has arthritis, which accounts for **15,0000** people in Wyoming living with arthritis
- There are approximately 300,000 kids with arthritis in the U.S. but only about 450 pediatric rheumatologists. That's about 700 kids for each doctor.

Over 24 million Americans experience activity limitations due to their arthritis.

- 63,000 adults in Wyoming have activity limitations caused by arthritis
- Among all adults in Wyoming with arthritis, 43% have work limitations
- Arthritis in the U.S. has an economic burden of \$304 billion made up of medical expenses and lost wages

Arthritis Foundation data has found:

- 100% of arthritis patients reported experiencing pain in the last 7 days, with 75% reporting that pain has impacted their day-to-day activities.
- **37%** of arthritis patients reported having trouble affording their out-of-pocket costs this past year. **54%** of those say they have incurred debt or suffered financial hardship because of it and **41%** said their health worsened.
- Prior authorization is consistently cited as the top health coverage-related challenge for people living with arthritis, and has led to negative health impacts.

We are helping people living with arthritis achieve their Ideal Model of Care by:

- Making healthcare more affordable by lowering out-of-pocket costs.
- Reducing administrative burdens to care, such as inappropriate use of prior authorization and step therapy.
- Addressing workforce shortages, ensuring the appropriate providers are available to treat people with arthritis, particularly in undeserved areas.

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