



## October 12 is World Arthritis Day

Thank you for your partnership. Cut, paste and customize these social posts to use on October 12, along with our social media graphic.

### Social Post: Option 1

Today is World Arthritis Day — a day to shine a light on the real and often invisible impact of arthritis.

- ♥ Arthritis is the #1 cause of disability in the U.S.
- ♥ It's not just about aging — 2/3 of adults with arthritis are under 65.
- ♥ There are over 100 types of arthritis and related conditions.

We're proud to stand with the Arthritis Foundation to make arthritis seen, heard and understood.

#WorldArthritisDay #ArthritisAwareness #ArthritisFoundation

### Social Post: Option 2

On World Arthritis Day, we stand with the Arthritis Foundation to show support for the millions of adults, children and caregivers who face arthritis every single day.

From pain and fatigue to mobility challenges, arthritis affects more than joints — it impacts lives. Let's raise awareness, foster empathy and work toward better treatments and support. ♥

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### Social Post: Option 3

This World Arthritis Day, we stand with the Arthritis Foundation to raise awareness of a disease that affects 1 in 4 adults in the U.S.

- 👉 90% of people with arthritis say it interferes with their daily lives.
- 👉 It's not "just" an older person's disease — people of all ages, including kids, live with arthritis.
- 👉 There are over 100 types of arthritis and related conditions.

Join us to spread the word and support all those living with arthritis.

#WorldArthritisDay #ArthritisAwareness #ArthritisFoundation