

Arthritis State Facts
**Take Action,
Advocate Today**

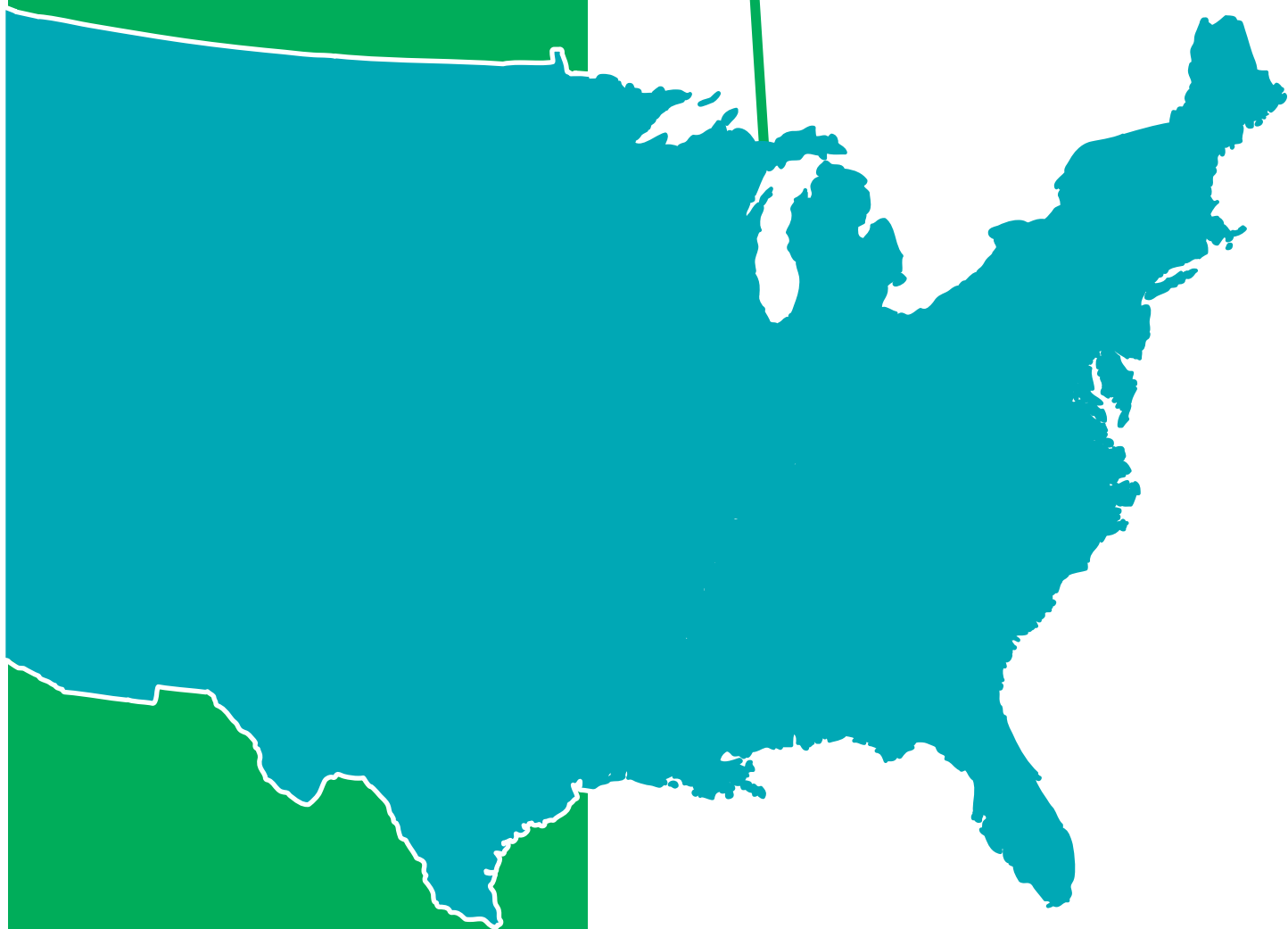




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These state facts were collected from the following sources:

American Board of Pediatrics (ABP). 2017 Distribution of US-Based Pediatric Subspecialists Ever Certified by the ABP, Age 70 and Under: Pediatric Rheumatology. 2017.

Centers for Disease Control and Prevention (CDC). Arthritis Among Veterans – United States, 2011–2013. November 2014.

Centers for Disease Control and Prevention (CDC). 2015 Behavioral Risk Factor Surveillance Survey. October 2018.

Centers for Disease Control and Prevention (CDC). Chronic Disease Indicators (CDI) October 2016.



Alabama: Why Arthritis Matters

Arthritis affects **33.5%** of the population in Alabama. That's **1,248,000** adults living with doctor-diagnosed arthritis in the state.

- There are over **54 Million** American adults with doctor diagnosed arthritis in the U.S.
- 1 in 3** veterans has arthritis, which accounts for **15.4%** of the people in Alabama living with arthritis
- There are approximately **300,000 kids** with arthritis in the U.S. but only about **390 pediatric rheumatologists**. That's about 700 kids for each doctor.

Over 24 million Americans experience activity limitations due to their arthritis.

- 708,000** adults in Alabama have activity limitations caused by arthritis
- Among all adults in Alabama with arthritis, **53.1%** have work limitations
- Arthritis in the U.S. has an economic burden of **\$304 billion** – made up of medical expenses and lost wages

Adults with arthritis often have one or more chronic conditions.

- Mental Health:** Anxiety and depression affect **1/3** of U.S. adults with arthritis 45 years of age or older
- Diabetes:** **56.8%** of adults in AL with diabetes also have arthritis
- Heart Disease:** **64%** of adults in AL with heart disease also have arthritis
- Obesity:** **41.6%** of adults in AL who are obese also have arthritis

You can make a difference by advocating for state and federal legislation that will help people with arthritis in Alabama. Legislative priorities for 2019 include:

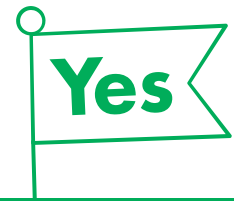
- Biosimilars:** Ensure patients and providers are notified when an interchangeable biosimilar substitution is made
- Workforce:** Legislation that addresses the pediatric rheumatology workforce shortage through federal loan repayment programs

Contact your local Arthritis Foundation [State Director of Advocacy & Access](#) to learn more.

Visit arthritis.org/advocate/our-policy-priorities to learn about our priorities.

Capital: Montgomery
Founded: 1819
State Flower: Camelia





Alaska: Why Arthritis Matters

Arthritis affects **23.9%** of the population in Alaska. That's **117,000** adults living with doctor-diagnosed arthritis in the state.

- There are over **54 Million** American adults with doctor diagnosed arthritis in the U.S.
- 1 in 3** veterans has arthritis, which accounts for **22.2%** of the people in Alaska living with arthritis
- There are approximately **300,000 kids** with arthritis in the U.S. but only about **390 pediatric rheumatologists**. That's about 700 kids for each doctor.

Over 24 million Americans experience activity limitations due to their arthritis.

- 60,000** adults in Alaska have activity limitations caused by arthritis
- Among all adults in Alaska with arthritis, **44.8%** have work limitations
- Arthritis in the U.S. has an economic burden of **\$304 billion** – made up of medical expenses and lost wages

Adults with arthritis often have one or more chronic conditions.

- Mental Health:** Anxiety and depression affect **1/3** of U.S. adults with arthritis 45 years of age or older
- Diabetes:** **54.4%** of adults in AK with diabetes also have arthritis
- Heart Disease:** **51.7%** of adults in AK with heart disease also have arthritis
- Obesity:** **33.7%** of adults in AK who are obese also have arthritis

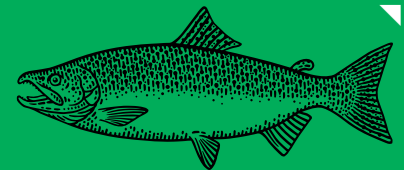
You can make a difference by advocating for state and federal legislation that will help people with arthritis in Alaska. Legislative priorities for 2019 include:

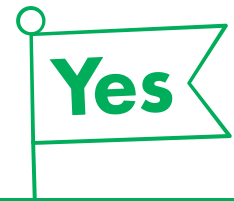
- Workforce:** Legislation that addresses the pediatric rheumatology workforce shortage through federal loan repayment programs
- Congressional Arthritis Caucus:** Grows the bipartisan Congressional Arthritis Caucus, a forum to educate Members of Congress about the most pressing issues facing people with arthritis

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Capital: Juneau
Founded: 1959
State Fish: The Giant
King Salmon





Arizona: Why Arthritis Matters

Arthritis affects **26%** of the population in Arizona. That's **1,222,000** adults living with doctor-diagnosed arthritis in the state.

- There are over **54 Million** American adults with doctor diagnosed arthritis in the U.S.
- 1 in 3** veterans has arthritis, which accounts for **18.5%** of the people in Arizona living with arthritis
- There are approximately **300,000 kids** with arthritis in the U.S. but only about **390 pediatric rheumatologists**. That's about 700 kids for each doctor.

Over 24 million Americans experience activity limitations due to their arthritis.

- 637,000** adults in Arizona have activity limitations caused by arthritis
- Among all adults in Arizona with arthritis, **42.4%** have work limitations
- Arthritis in the U.S. has an economic burden of **\$304 billion** – made up of medical expenses and lost wages

Adults with arthritis often have one or more chronic conditions.

- Mental Health:** Anxiety and depression affect **1/3** of U.S. adults with arthritis 45 years of age or older
- Diabetes:** **50.2%** of adults in AZ with diabetes also have arthritis
- Heart Disease:** **56.4%** of adults in AZ with heart disease also have arthritis
- Obesity:** **36.1%** of adults in AZ who are obese also have arthritis

You can make a difference by advocating for state and federal legislation that will help people with arthritis in Arizona. Legislative priorities for 2019 include:

- Civic Engagement:** Teach our volunteers how to effectively engage with their state legislators
- Workforce:** Legislation that addresses the pediatric rheumatology workforce shortage through federal loan repayment programs

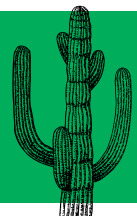
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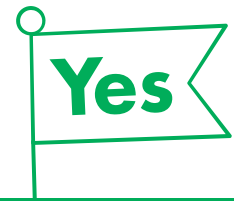
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Capital: Phoenix

Founded: 1912

State Flower: Saguaro Cactus Blossom





Arkansas: Why Arthritis Matters

Arthritis affects **33.4%** of the population in Arkansas. That's **672,000** adults living with doctor-diagnosed arthritis in the state.

- There are over **54 Million** American adults with doctor diagnosed arthritis in the U.S.
- 1 in 3** veterans has arthritis, which accounts for **14.9%** of the people in Arkansas living with arthritis
- There are approximately **300,000 kids** with arthritis in the U.S. but only about **390 pediatric rheumatologists**. That's about 700 kids for each doctor.

Over 24 million Americans experience activity limitations due to their arthritis.

- 383,000** adults in Arkansas have activity limitations caused by arthritis
- Among all adults in Arkansas with arthritis, **55.2%** have work limitations
- Arthritis in the U.S. has an economic burden of **\$304 billion** – made up of medical expenses and lost wages

Adults with arthritis often have one or more chronic conditions.

- Mental Health:** Anxiety and depression affect **1/3** of U.S. adults with arthritis 45 years of age or older
- Diabetes:** **57.9%** of adults in AR with diabetes also have arthritis
- Heart Disease:** **61.6 %** of adults in AR with heart disease also have arthritis
- Obesity:** **39.9%** of adults in AR who are obese also have arthritis

You can make a difference by advocating for state and federal legislation that will help people with arthritis in Arkansas. Legislative priorities for 2019 include:

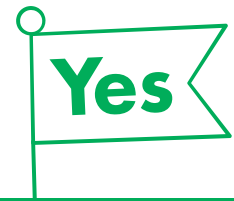
- Biosimilars:** Ensure patients and providers are notified when an interchangeable biosimilar substitution is made
- Workforce:** Legislation that addresses the pediatric rheumatology workforce shortage through federal loan repayment programs

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Capital: Little Rock
Founded: 1836
State Insect: Honeybee





California: Why Arthritis Matters

Arthritis affects **18.9%** of the population in California. That's **5,719,000** adults living with doctor-diagnosed arthritis in the state.

- There are over **54 Million** American adults with doctor diagnosed arthritis in the U.S.
- 1 in 3** veterans has arthritis, which accounts for **13.8%** of the people in California living with arthritis
- There are approximately **300,000 kids** with arthritis in the U.S. but only about **390 pediatric rheumatologists**. That's about 700 kids for each doctor.

Over 24 million Americans experience activity limitations due to their arthritis.

- 2,837,000** adults in California have activity limitations caused by arthritis
- Among all adults in California with arthritis, **42.7%** have work limitations
- Arthritis in the U.S. has an economic burden of **\$304 billion** – made up of medical expenses and lost wages

Adults with arthritis often have one or more chronic conditions.

- Mental Health:** Anxiety and depression affect **1/3** of U.S. adults with arthritis 45 years of age or older
- Diabetes:** **39.9%** of adults in CA with diabetes also have arthritis
- Heart Disease:** **48.7%** of adults in CA with heart disease also have arthritis
- Obesity:** **26.2%** of adults in CA who are obese also have arthritis

You can make a difference by advocating for state and federal legislation that will help people with arthritis in California. Legislative priorities for 2019 include:

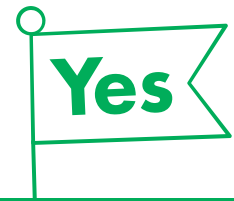
- Step Therapy:** Legislation that addresses burdensome use of step therapy, or “fail first”, which can restrict access to needed therapies
- Workforce:** Legislation that addresses the pediatric rheumatology workforce shortage through federal loan repayment programs

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Capital: Sacramento
Founded: 1850





Colorado: Why Arthritis Matters

Arthritis affects **23%** of the population in Colorado. That's **949,000** adults living with doctor-diagnosed arthritis in the state.

- There are over **54 Million** American adults with doctor diagnosed arthritis in the U.S.
- 1 in 3** veterans has arthritis, which accounts for **17.7%** of the people in Colorado living with arthritis
- There are approximately **300,000 kids** with arthritis in the U.S. but only about **390 pediatric rheumatologists**. That's about 700 kids for each doctor.

Over 24 million Americans experience activity limitations due to their arthritis.

- 459,000** adults in Colorado have activity limitations caused by arthritis
- Among all adults in Colorado with arthritis, **43.3%** have work limitations
- Arthritis in the U.S. has an economic burden of **\$304 billion** – made up of medical expenses and lost wages

Adults with arthritis often have one or more chronic conditions.

- Mental Health:** Anxiety and depression affect **1/3** of U.S. adults with arthritis 45 years of age or older
- Diabetes:** **47.8%** of adults in CO with diabetes also have arthritis
- Heart Disease:** **53.7%** of adults in CO with heart disease also have arthritis
- Obesity:** **32.5%** of adults in CO who are obese also have arthritis

You can make a difference by advocating for state and federal legislation that will help people with arthritis in Colorado. Legislative priorities for 2019 include:

- Market Stabilization:** State strategies to make health insurance more affordable and adequate on the individual exchange
- Congressional Arthritis Caucus:** Grows the bipartisan Congressional Arthritis Caucus, a forum to educate Members of Congress about the most pressing issues facing people with arthritis

Contact your local Arthritis Foundation [State Director of Advocacy & Access](#) to learn more.

Visit arthritis.org/advocate/our-policy-priorities to learn about our priorities.

Capital: Denver
Founded: 1876
State Animal: Bighorn Sheep





Connecticut: Why Arthritis Matters

Arthritis affects **25.1%** of the population in Connecticut. That's **690,000** adults living with doctor-diagnosed arthritis in the state.

- There are over **54 Million** American adults with doctor diagnosed arthritis in the U.S.
- 1 in 3** veterans has arthritis, which accounts for **14.1%** of the people in Connecticut living with arthritis
- There are approximately **300,000 kids** with arthritis in the U.S. but only about **390 pediatric rheumatologists**. That's about 700 kids for each doctor.

Over 24 million Americans experience activity limitations due to their arthritis.

- 328,000** adults in Connecticut have activity limitations caused by arthritis
- Among all adults in Connecticut with arthritis, **34.7%** have work limitations
- Arthritis in the U.S. has an economic burden of **\$304 billion** – made up of medical expenses and lost wages

Adults with arthritis often have one or more chronic conditions.

- Mental Health:** Anxiety and depression affect **1/3** of U.S. adults with arthritis 45 years of age or older
- Diabetes:** **49.1%** of adults in CT with diabetes also have arthritis
- Heart Disease:** **51.5%** of adults in CT with heart disease also have arthritis
- Obesity:** **36.3%** of adults in CT who are obese also have arthritis

You can make a difference by advocating for state and federal legislation that will help people with arthritis in Connecticut. Legislative priorities for 2019 include:

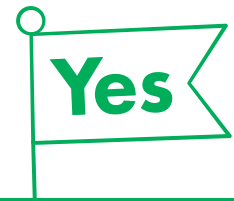
- Out-of-Pocket Cost Limits:** Legislation that tackles high out-of-pocket costs for specialty medications
- Mid-Year Formulary Changes:** Legislation that prohibits inappropriate formulary changes during a plan year

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Capital: Hartford
Founded: 1788
State Flower: Mountain Laurel





Delaware: Why Arthritis Matters

Arthritis affects **26.7%** of the population in Delaware. That's **207,000** adults living with doctor-diagnosed arthritis in the state.

- There are over **54 Million** American adults with doctor diagnosed arthritis in the U.S.
- 1 in 3** veterans has arthritis, which accounts for **17.6%** of the people in Delaware living with arthritis
- There are approximately **300,000 kids** with arthritis in the U.S. but only about **390 pediatric rheumatologists**. That's about 700 kids for each doctor.

Over 24 million Americans experience activity limitations due to their arthritis.

- 97,000** adults in Delaware have activity limitations caused by arthritis
- Among all adults in Delaware with arthritis, **43.5%** have work limitations
- Arthritis in the U.S. has an economic burden of **\$304 billion** – made up of medical expenses and lost wages

Adults with arthritis often have one or more chronic conditions.

- Mental Health:** Anxiety and depression affect **1/3** of U.S. adults with arthritis 45 years of age or older
- Diabetes:** **52.9%** of adults in DE with diabetes also have arthritis
- Heart Disease:** **55.1%** of adults in DE with heart disease also have arthritis
- Obesity:** **36.7%** of adults in DE who are obese also have arthritis

You can make a difference by advocating for state and federal legislation that will help people with arthritis in Delaware. Legislative priorities for 2019 include:

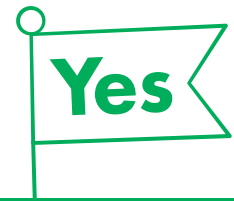
- Step Therapy:** Legislation that addresses burdensome use of step therapy, or “fail first”, which can restrict access to needed therapies
- Workforce:** Legislation that addresses the pediatric rheumatology workforce shortage through federal loan repayment programs

Contact your local Arthritis Foundation [State Director of Advocacy & Access](#) to learn more.

Visit arthritis.org/advocate/our-policy-priorities to learn about our priorities.

Capital: Dover
Founded: 1787





Florida: Why Arthritis Matters

Arthritis affects **24.8%** of the population in Florida. That's **4,154,000** adults living with doctor-diagnosed arthritis in the state.

- There are over **54 Million** American adults with doctor diagnosed arthritis in the U.S.
- 1 in 3** veterans has arthritis, which accounts for **17.5%** of the people in Florida living with arthritis
- There are approximately **300,000 kids** with arthritis in the U.S. but only about **390 pediatric rheumatologists**. That's about 700 kids for each doctor.

Over 24 million Americans experience activity limitations due to their arthritis.

- 2,206,000** adults in Florida have activity limitations caused by arthritis
- Among all adults in Florida with arthritis, **46.1%** have work limitations
- Arthritis in the U.S. has an economic burden of **\$304 billion** – made up of medical expenses and lost wages

Adults with arthritis often have one or more chronic conditions.

- Mental Health:** Anxiety and depression affect **1/3** of U.S. adults with arthritis 45 years of age or older
- Diabetes:** **47%** of adults in FL with diabetes also have arthritis
- Heart Disease:** **51.6%** of adults in FL with heart disease also have arthritis
- Obesity:** **32.9%** of adults in FL who are obese also have arthritis

You can make a difference by advocating for state and federal legislation that will help people with arthritis in Florida. Legislative priorities for 2019 include:

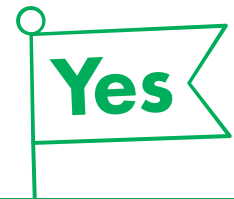
- Step Therapy:** Legislation that addresses burdensome use of step therapy, or “fail first”, which can restrict access to needed therapies
- Mid-Year Formulary Changes:** Legislation that prohibits inappropriate formulary changes during a plan year

Contact your local Arthritis Foundation [State Director of Advocacy & Access](#) to learn more.

Visit arthritis.org/advocate/our-policy-priorities to learn about our priorities.

Capital: Tallahassee
Founded: 1845
State Bird: Mockingbird





Georgia: Why Arthritis Matters

Arthritis affects **25.4%** of the population in Georgia. That's **1,890,000** adults living with doctor-diagnosed arthritis in the state.

- There are over **54 Million** American adults with doctor diagnosed arthritis in the U.S.
- 1 in 3** veterans has arthritis, which accounts for **16.8%** of the people in Georgia living with arthritis
- There are approximately **300,000 kids** with arthritis in the U.S. but only about **390 pediatric rheumatologists**. That's about 700 kids for each doctor.

Over 24 million Americans experience activity limitations due to their arthritis.

- 981,000** adults in Georgia have activity limitations caused by arthritis
- Among all adults in Georgia with arthritis, **41.8%** have work limitations
- Arthritis in the U.S. has an economic burden of **\$304 billion** – made up of medical expenses and lost wages

Adults with arthritis often have one or more chronic conditions.

- Mental Health:** Anxiety and depression affect **1/3** of U.S. adults with arthritis 45 years of age or older
- Diabetes:** **53.3%** of adults in GA with diabetes also have arthritis
- Heart Disease:** **57.6%** of adults in GA with heart disease also have arthritis
- Obesity:** **35.3%** of adults in GA who are obese also have arthritis

You can make a difference by advocating for state and federal legislation that will help people with arthritis in Georgia. Legislative priorities for 2019 include:

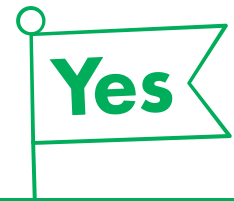
- Step Therapy:** Legislation that addresses burdensome use of step therapy, or “fail first”, which can restrict access to needed therapies
- Workforce:** Legislation that addresses the pediatric rheumatology workforce shortage through federal loan repayment programs

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Capital: Atlanta
Founded: 1819
State Fruit: Peach





Hawaii: Why Arthritis Matters

Arthritis affects **21.9%** of the population in Hawaii. That's **211,000** adults living with doctor-diagnosed arthritis in the state.

- There are over **54 Million** American adults with doctor diagnosed arthritis in the U.S.
- 1 in 3** veterans has arthritis, which accounts for **17.1%** of the people in Hawaii living with arthritis
- There are approximately **300,000 kids** with arthritis in the U.S. but only about **390 pediatric rheumatologists**. That's about 700 kids for each doctor.

Over 24 million Americans experience activity limitations due to their arthritis.

- 89,000** adults in Hawaii have activity limitations caused by arthritis
- Among all adults in Hawaii with arthritis, **37.5%** have work limitations
- Arthritis in the U.S. has an economic burden of **\$304 billion** – made up of medical expenses and lost wages

Adults with arthritis often have one or more chronic conditions.

- Mental Health:** Anxiety and depression affect **1/3** of U.S. adults with arthritis 45 years of age or older
- Diabetes:** **43.3%** of adults in HI with diabetes also have arthritis
- Heart Disease:** **52.9%** of adults in HI with heart disease also have arthritis
- Obesity:** **28.7%** of adults in HI who are obese also have arthritis

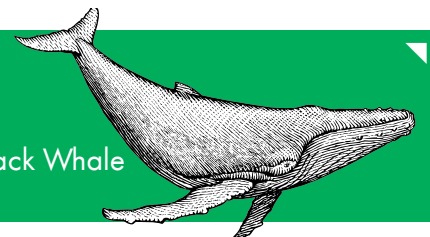
You can make a difference by advocating for state and federal legislation that will help people with arthritis in Hawaii. Legislative priorities for 2019 include:

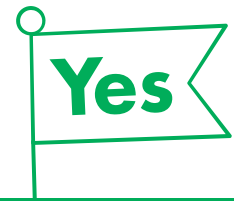
- Step Therapy:** Legislation that addresses burdensome use of step therapy, or “fail first”, which can restrict access to needed therapies
- Congressional Arthritis Caucus:** Grows the bipartisan Congressional Arthritis Caucus, a forum to educate Members of Congress about the most pressing issues facing people with arthritis

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Capital: Honolulu
Founded: 1959
State Animal: Humpback Whale





Idaho: Why Arthritis Matters

Arthritis affects **24%** of the population in Idaho. That's **309,000** adults living with doctor-diagnosed arthritis in the state.

- There are over **54 Million** American adults with doctor diagnosed arthritis in the U.S.
- 1 in 3** veterans has arthritis, which accounts for **18.7%** of the people in Idaho living with arthritis
- There are approximately **300,000 kids** with arthritis in the U.S. but only about **390 pediatric rheumatologists**. That's about 700 kids for each doctor.

Over 24 million Americans experience activity limitations due to their arthritis.

- 148,000** adults in Idaho have activity limitations caused by arthritis
- Among all adults in Idaho with arthritis, **41.3%** have work limitations
- Arthritis in the U.S. has an economic burden of **\$304 billion** – made up of medical expenses and lost wages

Adults with arthritis often have one or more chronic conditions.

- Mental Health:** Anxiety and depression affect **1/3** of U.S. adults with arthritis 45 years of age or older
- Diabetes:** **55.2%** of adults in ID with diabetes also have arthritis
- Heart Disease:** **54.6%** of adults in ID with heart disease also have arthritis
- Obesity:** **31.9%** of adults in ID who are obese also have arthritis

You can make a difference by advocating for state and federal legislation that will help people with arthritis in Idaho. Legislative priorities for 2019 include:

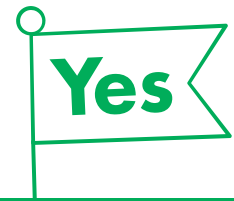
- Market Stabilization:** State strategies to make health insurance more affordable and adequate on the individual exchange
- Workforce:** Legislation that addresses the pediatric rheumatology workforce shortage through federal loan repayment programs

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Capital: Boise
Founded: 1890





Illinois: Why Arthritis Matters

Arthritis affects **24.8%** of the population in Illinois. That's **2,308,000** adults living with doctor-diagnosed arthritis in the state.

- There are over **54 Million** American adults with doctor diagnosed arthritis in the U.S.
- 1 in 3** veterans has arthritis, which accounts for **12.6%** of the people in Illinois living with arthritis
- There are approximately **300,000 kids** with arthritis in the U.S. but only about **390 pediatric rheumatologists**. That's about 700 kids for each doctor.

Over 24 million Americans experience activity limitations due to their arthritis.

- 1,073,000** adults in Illinois have activity limitations caused by arthritis
- Among all adults in Illinois with arthritis, **34.8%** have work limitations
- Arthritis in the U.S. has an economic burden of **\$304 billion** – made up of medical expenses and lost wages

Adults with arthritis often have one or more chronic conditions.

- Mental Health:** Anxiety and depression affect **1/3** of U.S. adults with arthritis 45 years of age or older
- Diabetes:** **50.9%** of adults in IL with diabetes also have arthritis
- Heart Disease:** **51%** of adults in IL with heart disease also have arthritis
- Obesity:** **33.9%** of adults in IL who are obese also have arthritis

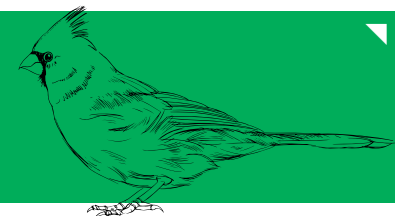
You can make a difference by advocating for state and federal legislation that will help people with arthritis in Illinois. Legislative priorities for 2019 include:

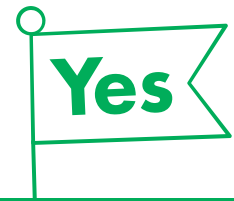
- Out-of-Pocket Cost Limits:** Legislation that tackles high out-of-pocket costs for specialty medications
- Congressional Arthritis Caucus:** Grows the bipartisan Congressional Arthritis Caucus, a forum to educate Members of Congress about the most pressing issues facing people with arthritis

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Capital: Springfield
Founded: 1818
State Bird: Cardinal





Indiana: Why Arthritis Matters

Arthritis affects **27.8%** of the population in Indiana. That's **1,390,000** adults living with doctor-diagnosed arthritis in the state.

- There are over **54 Million** American adults with doctor diagnosed arthritis in the U.S.
- 1 in 3** veterans has arthritis, which accounts for **13.3%** of the people in Indiana living with arthritis
- There are approximately **300,000 kids** with arthritis in the U.S. but only about **390 pediatric rheumatologists**. That's about 700 kids for each doctor.

Over 24 million Americans experience activity limitations due to their arthritis.

- 663,000** adults in Indiana have activity limitations caused by arthritis
- Among all adults in Indiana with arthritis, **46.2%** have work limitations
- Arthritis in the U.S. has an economic burden of **\$304 billion** – made up of medical expenses and lost wages

Adults with arthritis often have one or more chronic conditions.

- Mental Health:** Anxiety and depression affect **1/3** of U.S. adults with arthritis 45 years of age or older
- Diabetes:** **55.1%** of adults in IN with diabetes also have arthritis
- Heart Disease:** **57.9%** of adults in IN with heart disease also have arthritis
- Obesity:** **37.1%** of adults in IN who are obese also have arthritis

You can make a difference by advocating for state and federal legislation that will help people with arthritis in Indiana. Legislative priorities for 2019 include:

- Mid-Year Formulary Changes:** Legislation that prohibits inappropriate formulary changes during a plan year
- Workforce:** Legislation that addresses the pediatric rheumatology workforce shortage through federal loan repayment programs

Contact your local Arthritis Foundation [State Director of Advocacy & Access](#) to learn more.

Visit arthritis.org/advocate/our-policy-priorities to learn about our priorities.

Capital: Indianapolis
Founded: 1816
State Flower: Peony





Iowa: Why Arthritis Matters

Arthritis affects **25.5%** of the population in Iowa. That's **619,000** adults living with doctor-diagnosed arthritis in the state.

- There are over **54 Million** American adults with doctor diagnosed arthritis in the U.S.
- 1 in 3** veterans has arthritis, which accounts for **14.8%** of the people in Iowa living with arthritis
- There are approximately **300,000 kids** with arthritis in the U.S. but only about **390 pediatric rheumatologists**. That's about 700 kids for each doctor.

Over 24 million Americans experience activity limitations due to their arthritis.

- 253,000** adults in Iowa have activity limitations caused by arthritis
- Among all adults in Iowa with arthritis, **34.3%** have work limitations
- Arthritis in the U.S. has an economic burden of **\$304 billion** – made up of medical expenses and lost wages

Adults with arthritis often have one or more chronic conditions.

- Mental Health:** Anxiety and depression affect **1/3** of U.S. adults with arthritis 45 years of age or older
- Diabetes:** **50.5%** of adults in IA with diabetes also have arthritis
- Heart Disease:** **56.6%** of adults in IA with heart disease also have arthritis
- Obesity:** **34%** of adults in IA who are obese also have arthritis

You can make a difference by advocating for state and federal legislation that will help people with arthritis in Iowa. Legislative priorities for 2019 include:

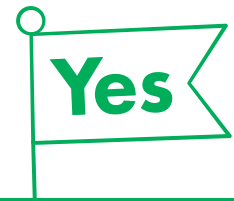
- Out-of-Pocket Cost Limits:** Legislation that tackles high out-of-pocket costs for specialty medications
- Mid-Year Formulary Changes:** Legislation that prohibits inappropriate formulary changes during a plan year

Contact your local Arthritis Foundation [State Director of Advocacy & Access](#) to learn more.

Visit arthritis.org/advocate/our-policy-priorities to learn about our priorities.

Capital: Des Moines
Founded: 1846
State Tree: Oak





Kansas: Why Arthritis Matters

Arthritis affects **25%** of the population in Kansas. That's **536,000** adults living with doctor-diagnosed arthritis in the state.

- There are over **54 Million** American adults with doctor diagnosed arthritis in the U.S.
- 1 in 3** veterans has arthritis, which accounts for **17.2%** of the people in Kansas living with arthritis
- There are approximately **300,000 kids** with arthritis in the U.S. but only about **390 pediatric rheumatologists**. That's about 700 kids for each doctor.

Over 24 million Americans experience activity limitations due to their arthritis.

- 258,000** adults in Kansas have activity limitations caused by arthritis
- Among all adults in Kansas with arthritis, **36.4%** have work limitations
- Arthritis in the U.S. has an economic burden of **\$304 billion** – made up of medical expenses and lost wages

Adults with arthritis often have one or more chronic conditions.

- Mental Health:** Anxiety and depression affect **1/3** of U.S. adults with arthritis 45 years of age or older
- Diabetes:** **53%** of adults in KS with diabetes also have arthritis
- Heart Disease:** **56%** of adults in KS with heart disease also have arthritis
- Obesity:** **32.8%** of adults in KS who are obese also have arthritis

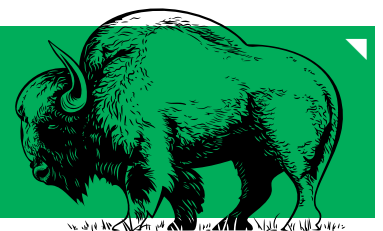
You can make a difference by advocating for state and federal legislation that will help people with arthritis in Kansas. Legislative priorities for 2019 include:

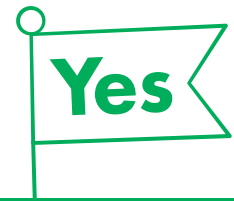
- Step Therapy:** Legislation that addresses burdensome use of step therapy, or “fail first”, which can restrict access to needed therapies
- Workforce:** Legislation that addresses the pediatric rheumatology workforce shortage through federal loan repayment programs

Contact your local Arthritis Foundation [State Director of Advocacy & Access](#) to learn more.

Visit arthritis.org/advocate/our-policy-priorities to learn about our priorities.

Capital: Topeka
Founded: 1861
State Animal: Buffalo





Kentucky: Why Arthritis Matters

Arthritis affects **33.5%** of the population in Kentucky. That's **1,087,000** adults living with doctor-diagnosed arthritis in the state.

- There are over **54 Million** American adults with doctor diagnosed arthritis in the U.S.
- 1 in 3** veterans has arthritis, which accounts for **12.9%** of the people in Kentucky living with arthritis
- There are approximately **300,000 kids** with arthritis in the U.S. but only about **390 pediatric rheumatologists**. That's about 700 kids for each doctor.

Over 24 million Americans experience activity limitations due to their arthritis.

- 622,000** adults in Kentucky have activity limitations caused by arthritis
- Among all adults in Kentucky with arthritis, **51.1%** have work limitations
- Arthritis in the U.S. has an economic burden of **\$304 billion** – made up of medical expenses and lost wages

Adults with arthritis often have one or more chronic conditions.

- Mental Health:** Anxiety and depression affect **1/3** of U.S. adults with arthritis 45 years of age or older
- Diabetes:** **60.4%** of adults in KY with diabetes also have arthritis
- Heart Disease:** **68.6%** of adults in KY with heart disease also have arthritis
- Obesity:** **42.2%** of adults in KY who are obese also have arthritis

You can make a difference by advocating for state and federal legislation that will help people with arthritis in Kentucky. Legislative priorities for 2019 include:

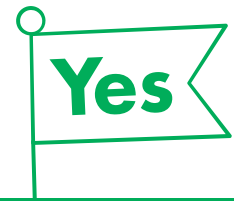
- Prior Authorization:** Legislation that provides formulary transparency in health insurance plans
- Out-of-Pocket Cost Limits:** Legislation that tackles high out-of-pocket costs for specialty medications

Contact your local Arthritis Foundation [State Director of Advocacy & Access](#) to learn more.

Visit arthritis.org/advocate/our-policy-priorities to learn about our priorities.

Capital: Frankfort
Founded: 1861





Louisiana: Why Arthritis Matters

Arthritis affects **27.8%** of the population in Louisiana. That's **989,000** adults living with doctor-diagnosed arthritis in the state.

- There are over **54 Million** American adults with doctor diagnosed arthritis in the U.S.
- 1 in 3** veterans has arthritis, which accounts for **13.7%** of the people in Louisiana living with arthritis
- There are approximately **300,000 kids** with arthritis in the U.S. but only about **390 pediatric rheumatologists**. That's about 700 kids for each doctor.

Over 24 million Americans experience activity limitations due to their arthritis.

- 533,000** adults in Louisiana have activity limitations caused by arthritis
- Among all adults in Louisiana with arthritis, **44.6%** have work limitations
- Arthritis in the U.S. has an economic burden of **\$304 billion** – made up of medical expenses and lost wages

Adults with arthritis often have one or more chronic conditions.

- Mental Health:** Anxiety and depression affect **1/3** of U.S. adults with arthritis 45 years of age or older
- Diabetes:** **57.3%** of adults in LA with diabetes also have arthritis
- Heart Disease:** **57.5%** of adults in LA with heart disease also have arthritis
- Obesity:** **35.2%** of adults in LA who are obese also have arthritis

You can make a difference by advocating for state and federal legislation that will help people with arthritis in Louisiana. Legislative priorities for 2019 include:

- Market Stabilization:** State strategies to make health insurance more affordable and adequate on the individual exchange
- Congressional Arthritis Caucus:** Grows the bipartisan Congressional Arthritis Caucus, a forum to educate Members of Congress about the most pressing issues facing people with arthritis

Contact your local Arthritis Foundation [State Director of Advocacy & Access](#) to learn more.

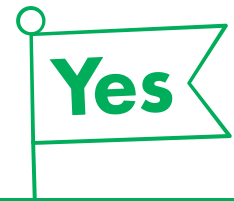
Visit arthritis.org/advocate/our-policy-priorities to learn about our priorities.

Capital: Baton Rouge

Founded: 1812

State Bird: Eastern Brown Pelican





Maine: Why Arthritis Matters

Arthritis affects **33.8%** of the population in Maine. That's **332,000** adults living with doctor-diagnosed arthritis in the state.

- There are over **54 Million** American adults with doctor diagnosed arthritis in the U.S.
- 1 in 3** veterans has arthritis, which accounts for **17.5%** of the people in Maine living with arthritis
- There are approximately **300,000 kids** with arthritis in the U.S. but only about **390 pediatric rheumatologists**. That's about 700 kids for each doctor.

Over 24 million Americans experience activity limitations due to their arthritis.

- 161,000** adults in Maine have activity limitations caused by arthritis
- Among all adults in Maine with arthritis, **42.1%** have work limitations
- Arthritis in the U.S. has an economic burden of **\$304 billion** – made up of medical expenses and lost wages

Adults with arthritis often have one or more chronic conditions.

- Mental Health:** Anxiety and depression affect **1/3** of U.S. adults with arthritis 45 years of age or older
- Diabetes:** **58.7%** of adults in ME with diabetes also have arthritis
- Heart Disease:** **59.8%** of adults in ME with heart disease also have arthritis
- Obesity:** **42.1%** of adults in ME who are obese also have arthritis

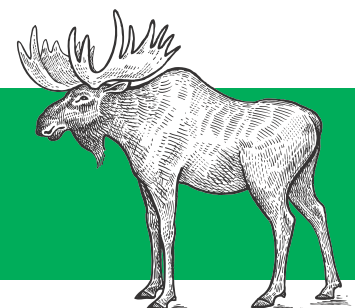
You can make a difference by advocating for state and federal legislation that will help people with arthritis in Maine. Legislative priorities for 2019 include:

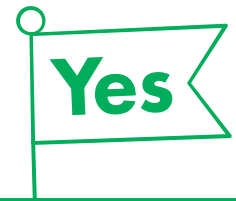
- Step Therapy:** Legislation that addresses burdensome use of step therapy, or “fail first”, which can restrict access to needed therapies
- Biosimilars:** Ensure patients and providers are notified when an interchangeable biosimilar substitution is made

Contact your local Arthritis Foundation [State Director of Advocacy & Access](#) to learn more.

Visit arthritis.org/advocate/our-policy-priorities to learn about our priorities.

Capital: Augusta
Founded: 1820
State Animal: Moose





Maryland: Why Arthritis Matters

Arthritis affects **24.5%** of the population in Maryland. That's **1,096,000** adults living with doctor-diagnosed arthritis in the state.

- There are over **54 Million** American adults with doctor diagnosed arthritis in the U.S.
- 1 in 3** veterans has arthritis, which accounts for **15.9%** of the people in Maryland living with arthritis
- There are approximately **300,000 kids** with arthritis in the U.S. but only about **390 pediatric rheumatologists**. That's about 700 kids for each doctor.

Over 24 million Americans experience activity limitations due to their arthritis.

- 463,000** adults in Maryland have activity limitations caused by arthritis
- Among all adults in Maryland with arthritis, **35.1%** have work limitations
- Arthritis in the U.S. has an economic burden of **\$304 billion** – made up of medical expenses and lost wages

Adults with arthritis often have one or more chronic conditions.

- Mental Health:** Anxiety and depression affect **1/3** of U.S. adults with arthritis 45 years of age or older
- Diabetes:** **48%** of adults in MD with diabetes also have arthritis
- Heart Disease:** **55.4%** of adults in MD with heart disease also have arthritis
- Obesity:** **35.5%** of adults in MD who are obese also have arthritis

You can make a difference by advocating for state and federal legislation that will help people with arthritis in Maryland. Legislative priorities for 2019 include:

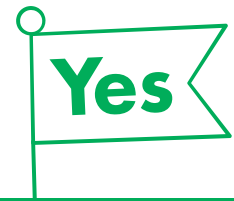
- Workforce:** Legislation that addresses the pediatric rheumatology workforce shortage through federal loan repayment programs
- Congressional Arthritis Caucus:** Grows the bipartisan Congressional Arthritis Caucus, a forum to educate Members of Congress about the most pressing issues facing people with arthritis

Contact your local Arthritis Foundation [State Director of Advocacy & Access](#) to learn more.

Visit arthritis.org/advocate/our-policy-priorities to learn about our priorities.

Capital: Annapolis
Founded: 1788
State Flower: Black-Eyed Susan





Massachusetts: Why Arthritis Matters

Arthritis affects **25.2%** of the population in Massachusetts. That's **1,300,000** adults living with doctor-diagnosed arthritis in the state.

- There are over **54 Million** American adults with doctor diagnosed arthritis in the U.S.
- 1 in 3** veterans has arthritis, which accounts for **13.9%** of the people in Massachusetts living with arthritis
- There are approximately **300,000 kids** with arthritis in the U.S. but only about **390 pediatric rheumatologists**. That's about 700 kids for each doctor.

Over 24 million Americans experience activity limitations due to their arthritis.

- 637,000** adults in Massachusetts have activity limitations caused by arthritis
- Among all adults in Massachusetts with arthritis, **35%** have work limitations
- Arthritis in the U.S. has an economic burden of **\$304 billion** – made up of medical expenses and lost wages

Adults with arthritis often have one or more chronic conditions.

- Mental Health:** Anxiety and depression affect **1/3** of U.S. adults with arthritis 45 years of age or older
- Diabetes:** **51.5%** of adults in MA with diabetes also have arthritis
- Heart Disease:** **56.5%** of adults in MA with heart disease also have arthritis
- Obesity:** **37.4%** of adults in MA who are obese also have arthritis

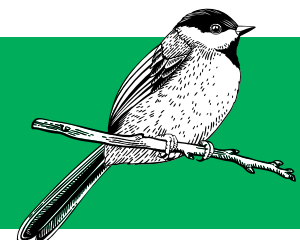
You can make a difference by advocating for state and federal legislation that will help people with arthritis in Massachusetts. Legislative priorities for 2019 include:

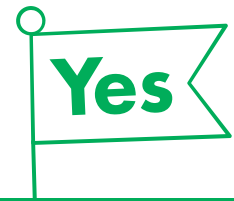
- Mid-Year Formulary Changes:** Legislation that prohibits inappropriate formulary changes during a plan year
- Out-of-Pocket Cost Limits:** Legislation that tackles high out-of-pocket costs for specialty medications

Contact your local Arthritis Foundation [State Director of Advocacy & Access](#) to learn more.

Visit arthritis.org/advocate/our-policy-priorities to learn about our priorities.

Capital: Boston
Founded: 1788
State Bird: Chickadee





Michigan: Why Arthritis Matters

Arthritis affects **32%** of the population in Michigan. That's **2,305,000** adults living with doctor-diagnosed arthritis in the state.

- There are over **54 Million** American adults with doctor diagnosed arthritis in the U.S.
- 1 in 3** veterans has arthritis, which accounts for **13.3%** of the people in Michigan living with arthritis
- There are approximately **300,000 kids** with arthritis in the U.S. but only about **390 pediatric rheumatologists**. That's about 700 kids for each doctor.

Over 24 million Americans experience activity limitations due to their arthritis.

- 1,125,000** adults in Michigan have activity limitations caused by arthritis
- Among all adults in Michigan with arthritis, **43.7%** have work limitations
- Arthritis in the U.S. has an economic burden of **\$304 billion** – made up of medical expenses and lost wages

Adults with arthritis often have one or more chronic conditions.

- Mental Health:** Anxiety and depression affect **1/3** of U.S. adults with arthritis 45 years of age or older
- Diabetes:** **56.2%** of adults in MI with diabetes also have arthritis
- Heart Disease:** **63.1%** of adults in MI with heart disease also have arthritis
- Obesity:** **41.5%** of adults in MI who are obese also have arthritis

You can make a difference by advocating for state and federal legislation that will help people with arthritis in Michigan. Legislative priorities for 2019 include:

- Out-of-Pocket Cost Limits:** Legislation that tackles high out-of-pocket costs for specialty medications
- Step Therapy:** Legislation that addresses burdensome use of step therapy, or “fail first”, which can restrict access to needed therapies

Contact your local Arthritis Foundation [State Director of Advocacy & Access](#) to learn more.

Visit arthritis.org/advocate/our-policy-priorities to learn about our priorities.

Capital: Lansing
Founded: 1837





Minnesota: Why Arthritis Matters

Arthritis affects **22.4%** of the population in Minnesota. That's **907,000** adults living with doctor-diagnosed arthritis in the state.

- There are over **54 Million** American adults with doctor diagnosed arthritis in the U.S.
- 1 in 3** veterans has arthritis, which accounts for **16.1%** of the people in Minnesota living with arthritis
- There are approximately **300,000 kids** with arthritis in the U.S. but only about **390 pediatric rheumatologists**. That's about 700 kids for each doctor.

Over 24 million Americans experience activity limitations due to their arthritis.

- 424,000** adults in Minnesota have activity limitations caused by arthritis
- Among all adults in Minnesota with arthritis, **37%** have work limitations
- Arthritis in the U.S. has an economic burden of **\$304 billion** – made up of medical expenses and lost wages

Adults with arthritis often have one or more chronic conditions.

- Mental Health:** Anxiety and depression affect **1/3** of U.S. adults with arthritis 45 years of age or older
- Diabetes:** **44.4%** of adults in MN with diabetes also have arthritis
- Heart Disease:** **48.6%** of adults in MN with heart disease also have arthritis
- Obesity:** **31.7%** of adults in MN who are obese also have arthritis

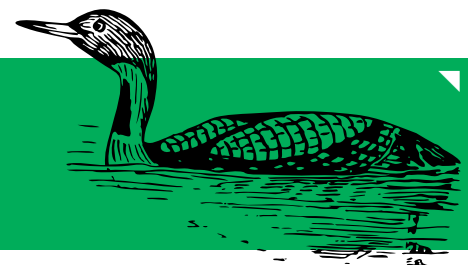
You can make a difference by advocating for state and federal legislation that will help people with arthritis in Minnesota. Legislative priorities for 2019 include:

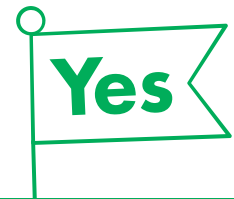
- Out-of-Pocket Cost Limits:** Legislation that tackles high out-of-pocket costs for specialty medications
- Congressional Arthritis Caucus:** Grows the bipartisan Congressional Arthritis Caucus, a forum to educate Members of Congress about the most pressing issues facing people with arthritis

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Visit arthritis.org/advocate/our-policy-priorities to learn about our priorities.

Capital: St. Paul
Founded: 1858
State Bird: Loon





Mississippi: Why Arthritis Matters

Arthritis affects **31.3%** of the population in Mississippi. That's **647,000** adults living with doctor-diagnosed arthritis in the state.

- There are over **54 Million** American adults with doctor diagnosed arthritis in the U.S.
- 1 in 3** veterans has arthritis, which accounts for **13.6%** of the people in Mississippi living with arthritis
- There are approximately **300,000 kids** with arthritis in the U.S. but only about **390 pediatric rheumatologists**. That's about 700 kids for each doctor.

Over 24 million Americans experience activity limitations due to their arthritis.

- 367,000** adults in Mississippi have activity limitations caused by arthritis
- Among all adults in Mississippi with arthritis, **47.6%** have work limitations
- Arthritis in the U.S. has an economic burden of **\$304 billion** – made up of medical expenses and lost wages

Adults with arthritis often have one or more chronic conditions.

- Mental Health:** Anxiety and depression affect **1/3** of U.S. adults with arthritis 45 years of age or older
- Diabetes:** **55.5%** of adults in MS with diabetes also have arthritis
- Heart Disease:** **62.9%** of adults in MS with heart disease also have arthritis
- Obesity:** **36.7%** of adults in MS who are obese also have arthritis

You can make a difference by advocating for state and federal legislation that will help people with arthritis in Mississippi. Legislative priorities for 2019 include:

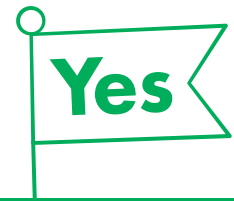
- Biosimilars:** Ensure patients and providers are notified when an interchangeable biosimilar substitution is made
- Congressional Arthritis Caucus:** Grows the bipartisan Congressional Arthritis Caucus, a forum to educate Members of Congress about the most pressing issues facing people with arthritis

Contact your local Arthritis Foundation [State Director of Advocacy & Access](#) to learn more.

Visit arthritis.org/advocate/our-policy-priorities to learn about our priorities.

Capital: Jackson
Founded: 1817
State Tree: Magnolia





Missouri: Why Arthritis Matters

Arthritis affects **30.6%** of the population in Missouri. That's **1,372,000** adults living with doctor-diagnosed arthritis in the state.

- There are over **54 Million** American adults with doctor diagnosed arthritis in the U.S.
- 1 in 3** veterans has arthritis, which accounts for **15.3%** of the people in Missouri living with arthritis
- There are approximately **300,000 kids** with arthritis in the U.S. but only about **390 pediatric rheumatologists**. That's about 700 kids for each doctor.

Over 24 million Americans experience activity limitations due to their arthritis.

- 749,000** adults in Missouri have activity limitations caused by arthritis
- Among all adults in Missouri with arthritis, **44.8%** have work limitations
- Arthritis in the U.S. has an economic burden of **\$304 billion** – made up of medical expenses and lost wages

Adults with arthritis often have one or more chronic conditions.

- Mental Health:** Anxiety and depression affect **1/3** of U.S. adults with arthritis 45 years of age or older
- Diabetes:** **54.5%** of adults in MO with diabetes also have arthritis
- Heart Disease:** **55.2%** of adults in MO with heart disease also have arthritis
- Obesity:** **40.9%** of adults in MO who are obese also have arthritis

You can make a difference by advocating for state and federal legislation that will help people with arthritis in Missouri. Legislative priorities for 2019 include:

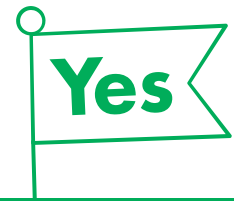
- Workforce:** Legislation that addresses the pediatric rheumatology workforce shortage through federal loan repayment programs
- Congressional Arthritis Caucus:** Grows the bipartisan Congressional Arthritis Caucus, a forum to educate Members of Congress about the most pressing issues facing people with arthritis

Contact your local Arthritis Foundation [State Director of Advocacy & Access](#) to learn more.

Visit arthritis.org/advocate/our-policy-priorities to learn about our priorities.

Capital: Jefferson City
Founded: 1821
State Tree: Dogwood





Montana: Why Arthritis Matters

Arthritis affects **27.6%** of the population in Montana. That's **216,000** adults living with doctor-diagnosed arthritis in the state.

- There are over **54 Million** American adults with doctor diagnosed arthritis in the U.S.
- 1 in 3** veterans has arthritis, which accounts for **19%** of the people in Montana living with arthritis
- There are approximately **300,000 kids** with arthritis in the U.S. but only about **390 pediatric rheumatologists**. That's about 700 kids for each doctor.

Over 24 million Americans experience activity limitations due to their arthritis.

- 108,000** adults in Montana have activity limitations caused by arthritis
- Among all adults in Montana with arthritis, **40.2%** have work limitations
- Arthritis in the U.S. has an economic burden of **\$304 billion** – made up of medical expenses and lost wages

Adults with arthritis often have one or more chronic conditions.

- Mental Health:** Anxiety and depression affect **1/3** of U.S. adults with arthritis 45 years of age or older
- Diabetes:** **50.2%** of adults in MT with diabetes also have arthritis
- Heart Disease:** **59.5%** of adults in MT with heart disease also have arthritis
- Obesity:** **36.3%** of adults in MT who are obese also have arthritis

You can make a difference by advocating for state and federal legislation that will help people with arthritis in Montana. Legislative priorities for 2019 include:

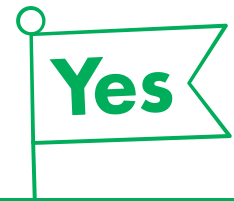
- Workforce:** Legislation that addresses the pediatric rheumatology workforce shortage through federal loan repayment programs
- Congressional Arthritis Caucus:** Grows the bipartisan Congressional Arthritis Caucus, a forum to educate Members of Congress about the most pressing issues facing people with arthritis

Contact your local Arthritis Foundation [State Director of Advocacy & Access](#) to learn more.

Visit arthritis.org/advocate/our-policy-priorities to learn about our priorities.

Capital: Helena
Founded: 1889
State Animal: Grizzly Bear





Nebraska: Why Arthritis Matters

Arthritis affects **24.6%** of the population in Nebraska. That's **334,000** adults living with doctor-diagnosed arthritis in the state.

- There are over **54 Million** American adults with doctor diagnosed arthritis in the U.S.
- 1 in 3** veterans has arthritis, which accounts for **17%** of the people in Nebraska living with arthritis
- There are approximately **300,000 kids** with arthritis in the U.S. but only about **390 pediatric rheumatologists**. That's about 700 kids for each doctor.

Over 24 million Americans experience activity limitations due to their arthritis.

- 147,000** adults in Nebraska have activity limitations caused by arthritis
- Among all adults in Nebraska with arthritis, **34%** have work limitations
- Arthritis in the U.S. has an economic burden of **\$304 billion** – made up of medical expenses and lost wages

Adults with arthritis often have one or more chronic conditions.

- Mental Health:** Anxiety and depression affect **1/3** of U.S. adults with arthritis 45 years of age or older
- Diabetes:** **53%** of adults in NE with diabetes also have arthritis
- Heart Disease:** **58.9%** of adults in NE with heart disease also have arthritis
- Obesity:** **33%** of adults in NE who are obese also have arthritis

You can make a difference by advocating for state and federal legislation that will help people with arthritis in Nebraska. Legislative priorities for 2019 include:

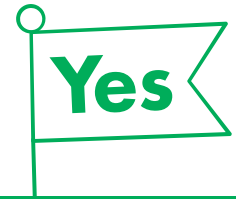
- Workforce:** Legislation that addresses the pediatric rheumatology workforce shortage through federal loan repayment programs
- Congressional Arthritis Caucus:** Grows the bipartisan Congressional Arthritis Caucus, a forum to educate Members of Congress about the most pressing issues facing people with arthritis

Contact your local Arthritis Foundation [State Director of Advocacy & Access](#) to learn more.

Visit arthritis.org/advocate/our-policy-priorities to learn about our priorities.

Capital: Lincoln
Founded: 1867





Nevada: Why Arthritis Matters

Arthritis affects **23.7%** of the population in Nevada. That's **477,000** adults living with doctor-diagnosed arthritis in the state.

- There are over **54 Million** American adults with doctor diagnosed arthritis in the U.S.
- 1 in 3** veterans has arthritis, which accounts for **18.1%** of the people in Nevada living with arthritis
- There are approximately **300,000 kids** with arthritis in the U.S. but only about **390 pediatric rheumatologists**. That's about 700 kids for each doctor.

Over 24 million Americans experience activity limitations due to their arthritis.

- 232,000** adults in Nevada have activity limitations caused by arthritis
- Among all adults in Nevada with arthritis, **47.3%** have work limitations
- Arthritis in the U.S. has an economic burden of **\$304 billion** – made up of medical expenses and lost wages

Adults with arthritis often have one or more chronic conditions.

- Mental Health:** Anxiety and depression affect **1/3** of U.S. adults with arthritis 45 years of age or older
- Diabetes:** **49.3%** of adults in NV with diabetes also have arthritis
- Heart Disease:** **54%** of adults in NV with heart disease also have arthritis
- Obesity:** **34.1%** of adults in NV who are obese also have arthritis

You can make a difference by advocating for state and federal legislation that will help people with arthritis in Nevada. Legislative priorities for 2019 include:

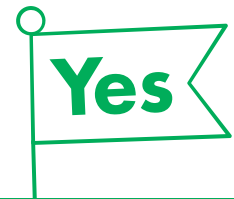
- Out-of-Pocket Cost Limits:** Legislation that tackles high out-of-pocket costs for specialty medications
- Market Stabilization:** State strategies to make health insurance more affordable and adequate on the individual exchange

Contact your local Arthritis Foundation [State Director of Advocacy & Access](#) to learn more.

Visit arthritis.org/advocate/our-policy-priorities to learn about our priorities.

Capital: Carson City
Founded: 1864
State Flower: Sagebrush





New Hampshire: Why Arthritis Matters

Arthritis affects **27.6%** of the population in New Hampshire. That's **282,000** adults living with doctor-diagnosed arthritis in the state.

- There are over **54 Million** American adults with doctor diagnosed arthritis in the U.S.
- 1 in 3** veterans has arthritis, which accounts for **17.3%** of the people in New Hampshire living with arthritis
- There are approximately **300,000 kids** with arthritis in the U.S. but only about **390 pediatric rheumatologists**. That's about 700 kids for each doctor.

Over 24 million Americans experience activity limitations due to their arthritis.

- 129,000** adults in New Hampshire have activity limitations caused by arthritis
- Among all adults in New Hampshire with arthritis, **35.1%** have work limitations
- Arthritis in the U.S. has an economic burden of **\$304 billion** – made up of medical expenses and lost wages

Adults with arthritis often have one or more chronic conditions.

- Mental Health:** Anxiety and depression affect **1/3** of U.S. adults with arthritis 45 years of age or older
- Diabetes:** **52.9%** of adults in NH with diabetes also have arthritis
- Heart Disease:** **56.8%** of adults in NH with heart disease also have arthritis
- Obesity:** **37.4%** of adults in NH who are obese also have arthritis

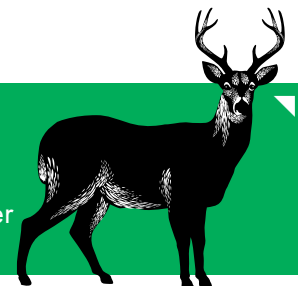
You can make a difference by advocating for state and federal legislation that will help people with arthritis in New Hampshire. Legislative priorities for 2019 include:

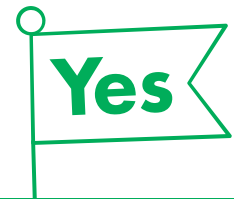
- Workforce:** Legislation that addresses the pediatric rheumatology workforce shortage through federal loan repayment programs
- Congressional Arthritis Caucus:** Grows the bipartisan Congressional Arthritis Caucus, a forum to educate Members of Congress about the most pressing issues facing people with arthritis

Contact your local Arthritis Foundation [State Director of Advocacy & Access](#) to learn more.

Visit arthritis.org/advocate/our-policy-priorities to learn about our priorities.

Capital: Concord
Founded: 1788
State Mammal: White-tailed Deer





New Jersey: Why Arthritis Matters

Arthritis affects **23.2%** of the population in New Jersey. That's **1,590,000** adults living with doctor-diagnosed arthritis in the state.

- There are over **54 Million** American adults with doctor diagnosed arthritis in the U.S.
- 1 in 3** veterans has arthritis, which accounts for **12.6%** of the people in New Mexico living with arthritis
- There are approximately **300,000 kids** with arthritis in the U.S. but only about **390 pediatric rheumatologists**. That's about 700 kids for each doctor.

Over 24 million Americans experience activity limitations due to their arthritis.

- 739,000** adults in New Jersey have activity limitations caused by arthritis
- Among all adults in New Jersey with arthritis, **35.5%** have work limitations
- Arthritis in the U.S. has an economic burden of **\$304 billion** – made up of medical expenses and lost wages

Adults with arthritis often have one or more chronic conditions.

- Mental Health:** Anxiety and depression affect **1/3** of U.S. adults with arthritis 45 years of age or older
- Diabetes:** **46.5%** of adults in NJ with diabetes also have arthritis
- Heart Disease:** **51.3%** of adults in NJ with heart disease also have arthritis
- Obesity:** **32.4%** of adults in NJ who are obese also have arthritis

You can make a difference by advocating for state and federal legislation that will help people with arthritis in New Jersey. Legislative priorities for 2019 include:

- Out-of-Pocket Cost Limits:** Legislation that tackles high out-of-pocket costs for specialty medications
- Workforce:** Legislation that addresses the pediatric rheumatology workforce shortage through federal loan repayment programs

Contact your local Arthritis Foundation [State Director of Advocacy & Access](#) to learn more.

Visit arthritis.org/advocate/our-policy-priorities to learn about our priorities.

Capital: Trenton
Founded: 1787
State Bird: Eastern Goldfinch





New Mexico: Why Arthritis Matters

Arthritis affects **27.7%** of the population in New Mexico. That's **386,000** adults living with doctor-diagnosed arthritis in the state.

- There are over **54 Million** American adults with doctor diagnosed arthritis in the U.S.
- 1 in 3** veterans has arthritis, which accounts for **16.1%** of the people in New Mexico living with arthritis
- There are approximately **300,000 kids** with arthritis in the U.S. but only about **390 pediatric rheumatologists**. That's about 700 kids for each doctor.

Over 24 million Americans experience activity limitations due to their arthritis.

- 195,000** adults in New Mexico have activity limitations caused by arthritis
- Among all adults in New Mexico with arthritis, **46%** have work limitations
- Arthritis in the U.S. has an economic burden of **\$304 billion** – made up of medical expenses and lost wages

Adults with arthritis often have one or more chronic conditions.

- Mental Health:** Anxiety and depression affect **1/3** of U.S. adults with arthritis 45 years of age or older
- Diabetes:** **50.5%** of adults in NM with diabetes also have arthritis
- Heart Disease:** **59%** of adults in NM with heart disease also have arthritis
- Obesity:** **33.3%** of adults in NM who are obese also have arthritis

You can make a difference by advocating for state and federal legislation that will help people with arthritis in New Mexico. Legislative priorities for 2019 include:

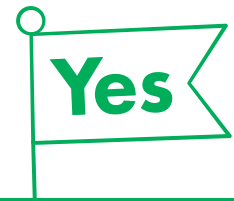
- Workforce:** Legislation that addresses the pediatric rheumatology workforce shortage through federal loan repayment programs
- Congressional Arthritis Caucus:** Grows the bipartisan Congressional Arthritis Caucus, a forum to educate Members of Congress about the most pressing issues facing people with arthritis

Contact your local Arthritis Foundation [State Director of Advocacy & Access](#) to learn more.

Visit arthritis.org/advocate/our-policy-priorities to learn about our priorities.

Capital: Santa Fe
Founded: 1912
State Flower: Yucca





New York: Why Arthritis Matters

Arthritis affects **23.7%** of the population in New York. That's **3,629,000** adults living with doctor-diagnosed arthritis in the state.

- There are over **54 Million** American adults with doctor diagnosed arthritis in the U.S.
- 1 in 3** veterans has arthritis, which accounts for **10.3%** of the people in New York living with arthritis
- There are approximately **300,000 kids** with arthritis in the U.S. but only about **390 pediatric rheumatologists**. That's about 700 kids for each doctor.

Over 24 million Americans experience activity limitations due to their arthritis.

- 1,753,000** adults in New York have activity limitations caused by arthritis
- Among all adults in New York with arthritis, **40.5%** have work limitations
- Arthritis in the U.S. has an economic burden of **\$304 billion** – made up of medical expenses and lost wages

Adults with arthritis often have one or more chronic conditions.

- Mental Health:** Anxiety and depression affect **1/3** of U.S. adults with arthritis 45 years of age or older
- Diabetes:** **48.3%** of adults in NY with diabetes also have arthritis
- Heart Disease:** **53.6%** of adults in NY with heart disease also have arthritis
- Obesity:** **34.4%** of adults in NY who are obese also have arthritis

You can make a difference by advocating for state and federal legislation that will help people with arthritis in New York. Legislative priorities for 2019 include:

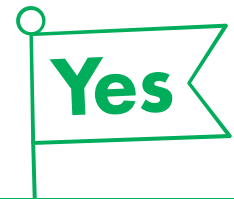
- Mid-Year Formulary Changes:** Legislation that prohibits inappropriate formulary changes during a plan year
- Congressional Arthritis Caucus:** Grows the bipartisan Congressional Arthritis Caucus, a forum to educate Members of Congress about the most pressing issues facing people with arthritis

Contact your local Arthritis Foundation [State Director of Advocacy & Access](#) to learn more.

Visit arthritis.org/advocate/our-policy-priorities to learn about our priorities.

Capital: Albany
Founded: 1788





North Carolina: Why Arthritis Matters

Arthritis affects **26.1%** of the population in North Carolina. That's **2,089,000** adults living with doctor-diagnosed arthritis in the state.

- There are over **54 Million** American adults with doctor diagnosed arthritis in the U.S.
- 1 in 3** veterans has arthritis, which accounts for **15.5%** of the people in North Carolina living with arthritis
- There are approximately **300,000 kids** with arthritis in the U.S. but only about **390 pediatric rheumatologists**. That's about 700 kids for each doctor.

Over 24 million Americans experience activity limitations due to their arthritis.

- 1,161,000** adults in North Carolina have activity limitations caused by arthritis
- Among all adults in North Carolina with arthritis, **48.3%** have work limitations
- Arthritis in the U.S. has an economic burden of **\$304 billion** – made up of medical expenses and lost wages

Adults with arthritis often have one or more chronic conditions.

- Mental Health:** Anxiety and depression affect **1/3** of U.S. adults with arthritis 45 years of age or older
- Diabetes:** **49.6%** of adults in NC with diabetes also have arthritis
- Heart Disease:** **61.9%** of adults in NC with heart disease also have arthritis
- Obesity:** **34.6%** of adults in NC who are obese also have arthritis

You can make a difference by advocating for state and federal legislation that will help people with arthritis in North Carolina. Legislative priorities for 2019 include:

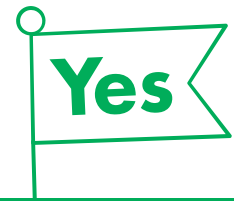
- Civic Engagement:** Teach our volunteers how to effectively engage with their state legislators
- Congressional Arthritis Caucus:** Grows the bipartisan Congressional Arthritis Caucus, a forum to educate Members of Congress about the most pressing issues facing people with arthritis

Contact your local Arthritis Foundation [State Director of Advocacy & Access](#) to learn more.

Visit arthritis.org/advocate/our-policy-priorities to learn about our priorities.

Capital: Raleigh
Founded: 1789
State Tree: Longleaf Pine





North Dakota: Why Arthritis Matters

Arthritis affects **23.3%** of the population in North Dakota. That's **134,000** adults living with doctor-diagnosed arthritis in the state.

- There are over **54 Million** American adults with doctor diagnosed arthritis in the U.S.
- 1 in 3** veterans has arthritis, which accounts for **15.5%** of the people in North Dakota living with arthritis
- There are approximately **300,000 kids** with arthritis in the U.S. but only about **390 pediatric rheumatologists**. That's about 700 kids for each doctor.

Over 24 million Americans experience activity limitations due to their arthritis.

- 62,000** adults in North Dakota have activity limitations caused by arthritis
- Among all adults in North Dakota with arthritis, **33.2%** have work limitations
- Arthritis in the U.S. has an economic burden of **\$304 billion** – made up of medical expenses and lost wages

Adults with arthritis often have one or more chronic conditions.

- Mental Health:** Anxiety and depression affect **1/3** of U.S. adults with arthritis 45 years of age or older
- Diabetes:** **51.3%** of adults in ND with diabetes also have arthritis
- Heart Disease:** **53.9%** of adults in ND with heart disease also have arthritis
- Obesity:** **32.5%** of adults in ND who are obese also have arthritis

You can make a difference by advocating for state and federal legislation that will help people with arthritis in North Dakota. Legislative priorities for 2019 include:

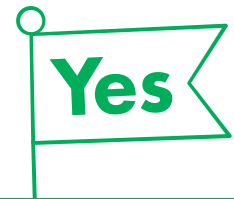
- Workforce:** Legislation that addresses the pediatric rheumatology workforce shortage through federal loan repayment programs
- Congressional Arthritis Caucus:** Grows the bipartisan Congressional Arthritis Caucus, a forum to educate Members of Congress about the most pressing issues facing people with arthritis

Contact your local Arthritis Foundation [State Director of Advocacy & Access](#) to learn more.

Visit arthritis.org/advocate/our-policy-priorities to learn about our priorities.

Capital: Bismarck
Founded: 1889
State Fruit: Chokeberry





Ohio: Why Arthritis Matters

Arthritis affects **30.5%** of the population in Ohio. That's **2,547,000** adults living with doctor-diagnosed arthritis in the state.

- There are over **54 Million** American adults with doctor diagnosed arthritis in the U.S.
- 1 in 3** veterans has arthritis, which accounts for **14.2%** of the people in Ohio living with arthritis
- There are approximately **300,000 kids** with arthritis in the U.S. but only about **390 pediatric rheumatologists**. That's about 700 kids for each doctor.

Over 24 million Americans experience activity limitations due to their arthritis.

- 1,251,000** adults in Ohio have activity limitations caused by arthritis
- Among all adults in Ohio with arthritis, **42.6%** have work limitations
- Arthritis in the U.S. has an economic burden of **\$304 billion** – made up of medical expenses and lost wages

Adults with arthritis often have one or more chronic conditions.

- Mental Health:** Anxiety and depression affect **1/3** of U.S. adults with arthritis 45 years of age or older
- Diabetes:** **56.6%** of adults in OH with diabetes also have arthritis
- Heart Disease:** **59.2%** of adults in OH with heart disease also have arthritis
- Obesity:** **41%** of adults in OH who are obese also have arthritis

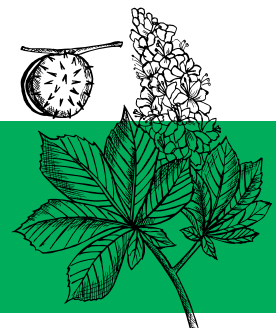
You can make a difference by advocating for state and federal legislation that will help people with arthritis in Ohio. Legislative priorities for 2019 include:

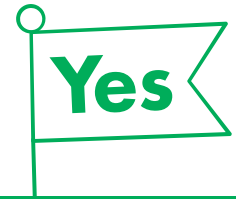
- Out-of-Pocket Cost Limits:** Legislation that tackles high out-of-pocket costs for specialty medications

Contact your local Arthritis Foundation [State Director of Advocacy & Access](#) to learn more.

Visit arthritis.org/advocate/our-policy-priorities to learn about our priorities.

Capital: Columbus
Founded: 1803
State Tree: Buckeye





Oklahoma: Why Arthritis Matters

Arthritis affects **28.3%** of the population in Oklahoma. That's **813,000** adults living with doctor-diagnosed arthritis in the state.

- There are over **54 Million** American adults with doctor diagnosed arthritis in the U.S.
- 1 in 3** veterans has arthritis, which accounts for **16.3%** of the people in Oklahoma living with arthritis
- There are approximately **300,000 kids** with arthritis in the U.S. but only about **390 pediatric rheumatologists**. That's about 700 kids for each doctor.

Over 24 million Americans experience activity limitations due to their arthritis.

- 454,000** adults in Oklahoma have activity limitations caused by arthritis
- Among all adults in Oklahoma with arthritis, **48.6%** have work limitations
- Arthritis in the U.S. has an economic burden of **\$304 billion** – made up of medical expenses and lost wages

Adults with arthritis often have one or more chronic conditions.

- Mental Health:** Anxiety and depression affect **1/3** of U.S. adults with arthritis 45 years of age or older
- Diabetes:** **56.3%** of adults in OK with diabetes also have arthritis
- Heart Disease:** **61%** of adults in OK with heart disease also have arthritis
- Obesity:** **35.8%** of adults in OK who are obese also have arthritis

You can make a difference by advocating for state and federal legislation that will help people with arthritis in Oklahoma. Legislative priorities for 2019 include:

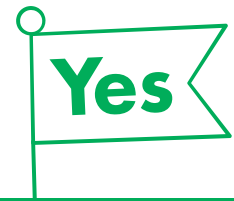
- Biosimilars:** Ensure patients and providers are notified when an interchangeable biosimilar substitution is made
- Workforce:** Legislation that addresses the pediatric rheumatology workforce shortage through federal loan repayment programs

Contact your local Arthritis Foundation [State Director of Advocacy & Access](#) to learn more.

Visit arthritis.org/advocate/our-policy-priorities to learn about our priorities.

Capital: Oklahoma City
Founded: 1907





Oregon: Why Arthritis Matters

Arthritis affects **27.2%** of the population in Oregon. That's **838,000** adults living with doctor-diagnosed arthritis in the state.

- There are over **54 Million** American adults with doctor diagnosed arthritis in the U.S.
- 1 in 3** veterans has arthritis, which accounts for **16.1%** of the people in Oregon living with arthritis
- There are approximately **300,000 kids** with arthritis in the U.S. but only about **390 pediatric rheumatologists**. That's about 700 kids for each doctor.

Over 24 million Americans experience activity limitations due to their arthritis.

- 478,000** adults in Oregon have activity limitations caused by arthritis
- Among all adults in Oregon with arthritis, **40.5%** have work limitations
- Arthritis in the U.S. has an economic burden of **\$304 billion** – made up of medical expenses and lost wages

Adults with arthritis often have one or more chronic conditions.

- Mental Health:** Anxiety and depression affect **1/3** of U.S. adults with arthritis 45 years of age or older
- Diabetes:** **53.1%** of adults in OR with diabetes also have arthritis
- Heart Disease:** **57.4%** of adults in OR with heart disease also have arthritis
- Obesity:** **36.4%** of adults in OR who are obese also have arthritis

You can make a difference by advocating for state and federal legislation that will help people with arthritis in Oregon. Legislative priorities for 2019 include:

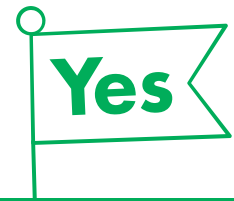
- Out-of-Pocket Cost Limits:** Legislation that tackles high out-of-pocket costs for specialty medications
- Step Therapy:** Legislation that addresses burdensome use of step therapy, or “fail first”, which can restrict access to needed therapies

Contact your local Arthritis Foundation [State Director of Advocacy & Access](#) to learn more.

Visit arthritis.org/advocate/our-policy-priorities to learn about our priorities.

Capital: Salem
Founded: 1859
State Animal: Beaver





Pennsylvania: Why Arthritis Matters

Arthritis affects **30.1%** of the population in Pennsylvania. That's **2,937,000** adults living with doctor-diagnosed arthritis in the state.

- There are over **54 Million** American adults with doctor diagnosed arthritis in the U.S.
- 1 in 3** veterans has arthritis, which accounts for **14.1%** of the people in Pennsylvania living with arthritis
- There are approximately **300,000 kids** with arthritis in the U.S. but only about **390 pediatric rheumatologists**. That's about 700 kids for each doctor.

Over 24 million Americans experience activity limitations due to their arthritis.

- 1,254,000** adults in Pennsylvania have activity limitations caused by arthritis
- Among all adults in Pennsylvania with arthritis, **38.2%** have work limitations
- Arthritis in the U.S. has an economic burden of **\$304 billion** – made up of medical expenses and lost wages

Adults with arthritis often have one or more chronic conditions.

- Mental Health:** Anxiety and depression affect **1/3** of U.S. adults with arthritis 45 years of age or older
- Diabetes:** **54.3%** of adults in PA with diabetes also have arthritis
- Heart Disease:** **60.4%** of adults in PA with heart disease also have arthritis
- Obesity:** **40.8%** of adults in PA who are obese also have arthritis

You can make a difference by advocating for state and federal legislation that will help people with arthritis in Pennsylvania. Legislative priorities for 2019 include:

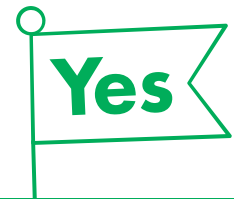
- Prior Authorization:** Legislation that provides formulary transparency in health insurance plans
- Step Therapy:** Legislation that addresses burdensome use of step therapy, or “fail first”, which can restrict access to needed therapies

Contact your local Arthritis Foundation [State Director of Advocacy & Access](#) to learn more.

Visit arthritis.org/advocate/our-policy-priorities to learn about our priorities.

Capital: Harrisburg
Founded: 1787
State Flower: Mountain Laurel





Rhode Island: Why Arthritis Matters

Arthritis affects **27%** of the population in Rhode Island. That's **226,000** adults living with doctor-diagnosed arthritis in the state.

- There are over **54 Million** American adults with doctor diagnosed arthritis in the U.S.
- 1 in 3** veterans has arthritis, which accounts for **15.6%** of the people in Rhode Island living with arthritis
- There are approximately **300,000 kids** with arthritis in the U.S. but only about **390 pediatric rheumatologists**. That's about 700 kids for each doctor.

Over 24 million Americans experience activity limitations due to their arthritis.

- 102,000** adults in Rhode Island have activity limitations caused by arthritis
- Among all adults in Rhode Island with arthritis, **41%** have work limitations
- Arthritis in the U.S. has an economic burden of **\$304 billion** – made up of medical expenses and lost wages

Adults with arthritis often have one or more chronic conditions.

- Mental Health:** Anxiety and depression affect **1/3** of U.S. adults with arthritis 45 years of age or older
- Diabetes:** **54.3%** of adults in RI with diabetes also have arthritis
- Heart Disease:** **58.1%** of adults in RI with heart disease also have arthritis
- Obesity:** **38.4%** of adults in RI who are obese also have arthritis

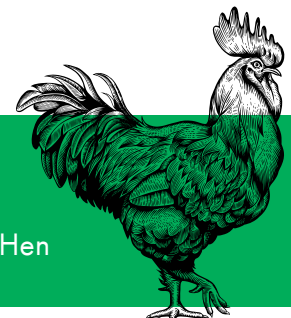
You can make a difference by advocating for state and federal legislation that will help people with arthritis in Rhode Island. Legislative priorities for 2019 include:

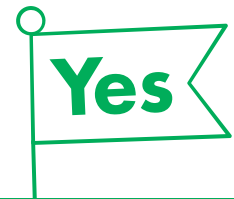
- Step Therapy:** Legislation that addresses burdensome use of step therapy, or “fail first”, which can restrict access to needed therapies
- Out-of-Pocket Cost Limits:** Legislation that tackles high out-of-pocket costs for specialty medications

Contact your local Arthritis Foundation [State Director of Advocacy & Access](#) to learn more.

Visit arthritis.org/advocate/our-policy-priorities to learn about our priorities.

Capital: Providence
Founded: 1790
State Bird: Rhode Island Red Hen





South Carolina: Why Arthritis Matters

Arthritis affects **30.1%** of the population in South Carolina. That's **1,105,000** adults living with doctor-diagnosed arthritis in the state.

- There are over **54 Million** American adults with doctor diagnosed arthritis in the U.S.
- 1 in 3** veterans has arthritis, which accounts for **16.1%** of the people in South Carolina living with arthritis
- There are approximately **300,000 kids** with arthritis in the U.S. but only about **390 pediatric rheumatologists**. That's about 700 kids for each doctor.

Over 24 million Americans experience activity limitations due to their arthritis.

- 606,000** adults in South Carolina have activity limitations caused by arthritis
- Among all adults in South Carolina with arthritis, **48.9%** have work limitations
- Arthritis in the U.S. has an economic burden of **\$304 billion** – made up of medical expenses and lost wages

Adults with arthritis often have one or more chronic conditions.

- Mental Health:** Anxiety and depression affect **1/3** of U.S. adults with arthritis 45 years of age or older
- Diabetes:** **56.8%** of adults in SC with diabetes also have arthritis
- Heart Disease:** **62.1%** of adults in SC with heart disease also have arthritis
- Obesity:** **38.2%** of adults in SC who are obese also have arthritis

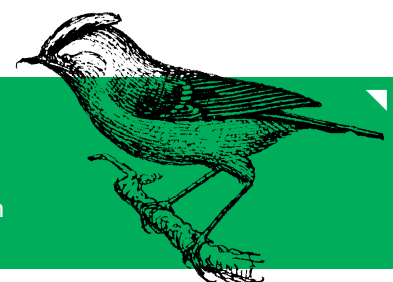
You can make a difference by advocating for state and federal legislation that will help people with arthritis in South Carolina. Legislative priorities for 2019 include:

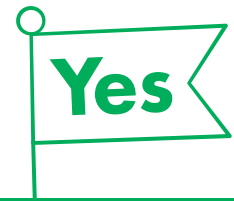
- Workforce:** Legislation that addresses the pediatric rheumatology workforce shortage through federal loan repayment programs
- Congressional Arthritis Caucus:** Grows the bipartisan Congressional Arthritis Caucus, a forum to educate Members of Congress about the most pressing issues facing people with arthritis

Contact your local Arthritis Foundation [State Director of Advocacy & Access](#) to learn more.

Visit arthritis.org/advocate/our-policy-priorities to learn about our priorities.

Capital: Columbia
Founded: 1788
State Bird: Carolina Wren





South Dakota: Why Arthritis Matters

Arthritis affects **25.8%** of the population in South Dakota. That's **158,000** adults living with doctor-diagnosed arthritis in the state.

- There are over **54 Million** American adults with doctor diagnosed arthritis in the U.S.
- 1 in 3** veterans has arthritis, which accounts for **17.8%** of the people in South Dakota living with arthritis
- There are approximately **300,000 kids** with arthritis in the U.S. but only about **390 pediatric rheumatologists**. That's about 700 kids for each doctor.

Over 24 million Americans experience activity limitations due to their arthritis.

- 77,000** adults in South Dakota have activity limitations caused by arthritis
- Among all adults in South Dakota with arthritis, **42.8%** have work limitations
- Arthritis in the U.S. has an economic burden of **\$304 billion** – made up of medical expenses and lost wages

Adults with arthritis often have one or more chronic conditions.

- Mental Health:** Anxiety and depression affect **1/3** of U.S. adults with arthritis 45 years of age or older
- Diabetes:** **53.9%** of adults in SD with diabetes also have arthritis
- Heart Disease:** **59.2%** of adults in SD with heart disease also have arthritis
- Obesity:** **31.9%** of adults in SD who are obese also have arthritis

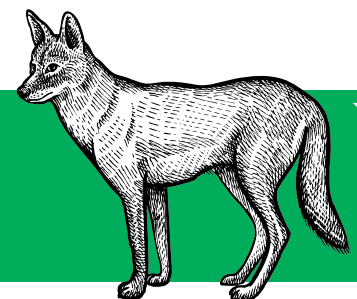
You can make a difference by advocating for state and federal legislation that will help people with arthritis in South Dakota. Legislative priorities for 2019 include:

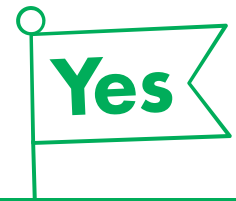
- Workforce:** Legislation that addresses the pediatric rheumatology workforce shortage through federal loan repayment programs
- Congressional Arthritis Caucus:** Grows the bipartisan Congressional Arthritis Caucus, a forum to educate Members of Congress about the most pressing issues facing people with arthritis

Contact your local Arthritis Foundation [State Director of Advocacy & Access](#) to learn more.

Visit arthritis.org/advocate/our-policy-priorities to learn about our priorities.

Capital: Pierre
Founded: 1889
State Animal: Coyote





Tennessee: Why Arthritis Matters

Arthritis affects **31%** of the population in Tennessee. That's **1,630,000** adults living with doctor-diagnosed arthritis in the state.

- There are over **54 Million** American adults with doctor diagnosed arthritis in the U.S.
- 1 in 3** veterans has arthritis, which accounts for **16.6%** of the people in Tennessee living with arthritis
- There are approximately **300,000 kids** with arthritis in the U.S. but only about **390 pediatric rheumatologists**. That's about 700 kids for each doctor.

Over 24 million Americans experience activity limitations due to their arthritis.

- 877,000** adults in Tennessee have activity limitations caused by arthritis
- Among all adults in Tennessee with arthritis, **47.1%** have work limitations
- Arthritis in the U.S. has an economic burden of **\$304 billion** – made up of medical expenses and lost wages

Adults with arthritis often have one or more chronic conditions.

- Mental Health:** Anxiety and depression affect **1/3** of U.S. adults with arthritis 45 years of age or older
- Diabetes:** **58.8%** of adults in TN with diabetes also have arthritis
- Heart Disease:** **64.6%** of adults in TN with heart disease also have arthritis
- Obesity:** **37.3%** of adults in TN who are obese also have arthritis

You can make a difference by advocating for state and federal legislation that will help people with arthritis in Tennessee. Legislative priorities for 2019 include:

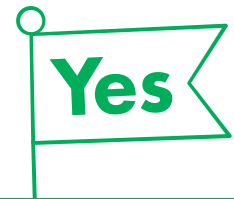
- Mid-Year Formulary Changes:** Legislation that prohibits inappropriate formulary changes during a plan year
- Congressional Arthritis Caucus:** Grows the bipartisan Congressional Arthritis Caucus, a forum to educate Members of Congress about the most pressing issues facing people with arthritis

Contact your local Arthritis Foundation [State Director of Advocacy & Access](#) to learn more.

Visit arthritis.org/advocate/our-policy-priorities to learn about our priorities.

Capital: Nashville
Founded: 1796





Texas: Why Arthritis Matters

Arthritis affects **21.6%** of the population in Texas. That's **4,055,000** adults living with doctor-diagnosed arthritis in the state.

- There are over **54 Million** American adults with doctor diagnosed arthritis in the U.S.
- 1 in 3** veterans has arthritis, which accounts for **16.3%** of the people in Texas living with arthritis
- There are approximately **300,000 kids** with arthritis in the U.S. but only about **390 pediatric rheumatologists**. That's about 700 kids for each doctor.

Over 24 million Americans experience activity limitations due to their arthritis.

- 2,028,000** adults in Texas have activity limitations caused by arthritis
- Among all adults in Texas with arthritis, **40.9%** have work limitations
- Arthritis in the U.S. has an economic burden of **\$304 billion** – made up of medical expenses and lost wages

Adults with arthritis often have one or more chronic conditions.

- Mental Health:** Anxiety and depression affect **1/3** of U.S. adults with arthritis 45 years of age or older
- Diabetes:** **43%** of adults in TX with diabetes also have arthritis
- Heart Disease:** **51.5%** of adults in TX with heart disease also have arthritis
- Obesity:** **30.4%** of adults in TX who are obese also have arthritis

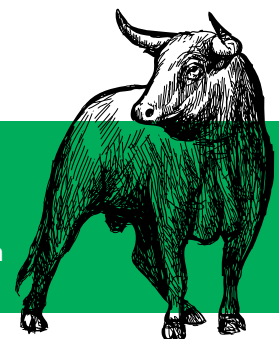
You can make a difference by advocating for state and federal legislation that will help people with arthritis in Texas. Legislative priorities for 2019 include:

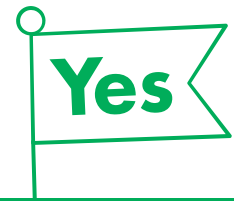
- Out-of-Pocket Cost Limits:** Legislation that tackles high out-of-pocket costs for specialty medications
- Workforce:** Legislation that addresses the pediatric rheumatology workforce shortage through federal loan repayment programs

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Capital: Austin
Founded: 1845
State Mammal: Texas Longhorn





Utah: Why Arthritis Matters

Arthritis affects **19.8%** of the population in Utah. That's **407,000** adults living with doctor-diagnosed arthritis in the state.

- There are over **54 Million** American adults with doctor diagnosed arthritis in the U.S.
- 1 in 3** veterans has arthritis, which accounts for **13.5%** of the people in Utah living with arthritis
- There are approximately **300,000 kids** with arthritis in the U.S. but only about **390 pediatric rheumatologists**. That's about 700 kids for each doctor.

Over 24 million Americans experience activity limitations due to their arthritis.

- 185,000** adults in Utah have activity limitations caused by arthritis
- Among all adults in Utah with arthritis, **33.1%** have work limitations
- Arthritis in the U.S. has an economic burden of **\$304 billion** – made up of medical expenses and lost wages

Adults with arthritis often have one or more chronic conditions.

- Mental Health:** Anxiety and depression affect **1/3** of U.S. adults with arthritis 45 years of age or older
- Diabetes:** **44.6%** of adults in UT with diabetes also have arthritis
- Heart Disease:** **48.4%** of adults in UT with heart disease also have arthritis
- Obesity:** **29.2%** of adults in UT who are obese also have arthritis

You can make a difference by advocating for state and federal legislation that will help people with arthritis in Utah. Legislative priorities for 2019 include:

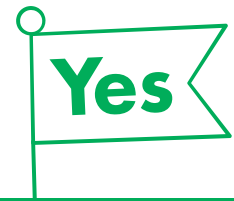
- Step Therapy:** Legislation that addresses burdensome use of step therapy, or “fail first”, which can restrict access to needed therapies
- Prior Authorization:** Legislation that provides formulary transparency in health insurance plans

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Visit arthritis.org/advocate/our-policy-priorities to learn about our priorities.

Capital: Salt Lake City
Founded: 1896
State Tree: Blue Spruce





Vermont: Why Arthritis Matters

Arthritis affects **28%** of the population in Vermont. That's **136,000** adults living with doctor-diagnosed arthritis in the state.

- There are over **54 Million** American adults with doctor diagnosed arthritis in the U.S.
- 1 in 3** veterans has arthritis, which accounts for **14.8%** of the people in Vermont living with arthritis
- There are approximately **300,000 kids** with arthritis in the U.S. but only about **390 pediatric rheumatologists**. That's about 700 kids for each doctor.

Over 24 million Americans experience activity limitations due to their arthritis.

- 67,000** adults in Vermont have activity limitations caused by arthritis
- Among all adults in Vermont with arthritis, **36.8%** have work limitations
- Arthritis in the U.S. has an economic burden of **\$304 billion** – made up of medical expenses and lost wages

Adults with arthritis often have one or more chronic conditions.

- Mental Health:** Anxiety and depression affect **1/3** of U.S. adults with arthritis 45 years of age or older
- Diabetes:** **52.8%** of adults in VT with diabetes also have arthritis
- Heart Disease:** **53.3%** of adults in VT with heart disease also have arthritis
- Obesity:** **36.9%** of adults in VT who are obese also have arthritis

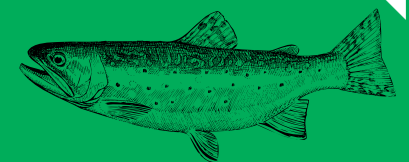
You can make a difference by advocating for state and federal legislation that will help people with arthritis in Vermont. Legislative priorities for 2019 include:

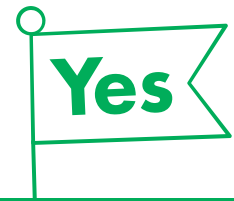
- Workforce:** Legislation that addresses the pediatric rheumatology workforce shortage through federal loan repayment programs
- Congressional Arthritis Caucus:** Grows the bipartisan Congressional Arthritis Caucus, a forum to educate Members of Congress about the most pressing issues facing people with arthritis

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Capital: Montpelier
Founded: 1791
State Fish: Brook Trout





Virginia: Why Arthritis Matters

Arthritis affects **25.5%** of the population in Virginia. That's **1,513,000** adults living with doctor-diagnosed arthritis in the state.

- There are over **54 Million** American adults with doctor diagnosed arthritis in the U.S.
- 1 in 3** veterans has arthritis, which accounts for **17.3%** of the people in Virginia living with arthritis
- There are approximately **300,000 kids** with arthritis in the U.S. but only about **390 pediatric rheumatologists**. That's about 700 kids for each doctor.

Over 24 million Americans experience activity limitations due to their arthritis.

- 678,000** adults in Virginia have activity limitations caused by arthritis
- Among all adults in Virginia with arthritis, **38.6%** have work limitations
- Arthritis in the U.S. has an economic burden of **\$304 billion** – made up of medical expenses and lost wages

Adults with arthritis often have one or more chronic conditions.

- Mental Health:** Anxiety and depression affect **1/3** of U.S. adults with arthritis 45 years of age or older
- Diabetes:** **55.2%** of adults in VA with diabetes also have arthritis
- Heart Disease:** **58.3%** of adults in VA with heart disease also have arthritis
- Obesity:** **35.1%** of adults in VA who are obese also have arthritis

You can make a difference by advocating for state and federal legislation that will help people with arthritis in Virginia. Legislative priorities for 2019 include:

- Step Therapy:** Legislation that addresses burdensome use of step therapy, or “fail first”, which can restrict access to needed therapies
- Workforce:** Legislation that addresses the pediatric rheumatology workforce shortage through federal loan repayment programs

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Visit arthritis.org/advocate/our-policy-priorities to learn about our priorities.

Capital: Richmond
Founded: 1788





Washington: Why Arthritis Matters

Arthritis affects **24.6%** of the population in Washington. That's **1,346,000** adults living with doctor-diagnosed arthritis in the state.

- There are over **54 Million** American adults with doctor diagnosed arthritis in the U.S.
- 1 in 3** veterans has arthritis, which accounts for **17.6%** of the people in Washington living with arthritis
- There are approximately **300,000 kids** with arthritis in the U.S. but only about **390 pediatric rheumatologists**. That's about 700 kids for each doctor.

Over 24 million Americans experience activity limitations due to their arthritis.

- 717,000** adults in Washington have activity limitations caused by arthritis
- Among all adults in Washington with arthritis, **39.5%** have work limitations
- Arthritis in the U.S. has an economic burden of **\$304 billion** – made up of medical expenses and lost wages

Adults with arthritis often have one or more chronic conditions.

- Mental Health:** Anxiety and depression affect **1/3** of U.S. adults with arthritis 45 years of age or older
- Diabetes:** **45.5%** of adults in WA with diabetes also have arthritis
- Heart Disease:** **54.4%** of adults in WA with heart disease also have arthritis
- Obesity:** **32.9%** of adults in WA who are obese also have arthritis

You can make a difference by advocating for state and federal legislation that will help people with arthritis in Washington. Legislative priorities for 2019 include:

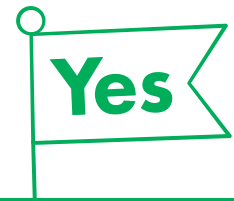
- Step Therapy:** Legislation that addresses burdensome use of step therapy, or “fail first”, which can restrict access to needed therapies
- Out-of-Pocket Cost Limits:** Legislation that tackles high out-of-pocket costs for specialty medications

Contact your local Arthritis Foundation [State Director of Advocacy & Access](#) to learn more.

Visit arthritis.org/advocate/our-policy-priorities to learn about our priorities.

Capital: Olympia
Founded: 1889
State Flower: Coast Rhododendron





Washington, D.C.: Why Arthritis Matters

Arthritis affects **16.9%** of the population in Washington, D.C.. That's **101,000** adults living with doctor-diagnosed arthritis in the state.

- There are over **54 Million** American adults with doctor diagnosed arthritis in the U.S.
- 1 in 3** veterans has arthritis, which accounts for **10.3%** of the people in Washington, D.C. living with arthritis
- There are approximately **300,000 kids** with arthritis in the U.S. but only about **390 pediatric rheumatologists**. That's about 700 kids for each doctor.

Over 24 million Americans experience activity limitations due to their arthritis.

- 54,000** adults in Washington, D.C. have activity limitations caused by arthritis
- Among all adults in Washington, D.C. with arthritis, **51.6%** have work limitations
- Arthritis in the U.S. has an economic burden of **\$304 billion** – made up of medical expenses and lost wages

Adults with arthritis often have one or more chronic conditions.

- Mental Health:** Anxiety and depression affect **1/3** of U.S. adults with arthritis 45 years of age or older
- Diabetes:** **45.9%** of adults in DC with diabetes also have arthritis
- Heart Disease:** **45.4%** of adults in DC with heart disease also have arthritis
- Obesity:** **30.4%** of adults in DC who are obese also have arthritis

You can make a difference by advocating for state and federal legislation that will help people with arthritis in Washington. Legislative priorities for 2019 include:

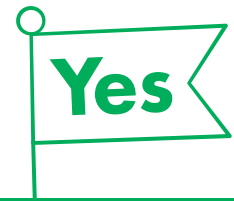
- Market Stabilization:** State strategies to make health insurance more affordable and adequate on the individual exchange
- Congressional Arthritis Caucus:** Grows the bipartisan Congressional Arthritis Caucus, a forum to educate Members of Congress about the most pressing issues facing people with arthritis

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Visit arthritis.org/advocate/our-policy-priorities to learn about our priorities.

Founded: 1800
State Flower: American
Beauty Rose





West Virginia: Why Arthritis Matters

Arthritis affects **38.9%** of the population in West Virginia. That's **557,000** adults living with doctor-diagnosed arthritis in the state.

- There are over **54 Million** American adults with doctor diagnosed arthritis in the U.S.
- 1 in 3** veterans has arthritis, which accounts for **14.5%** of the people in West Virginia living with arthritis
- There are approximately **300,000 kids** with arthritis in the U.S. but only about **390 pediatric rheumatologists**. That's about 700 kids for each doctor.

Over 24 million Americans experience activity limitations due to their arthritis.

- 319,000** adults in West Virginia have activity limitations caused by arthritis
- Among all adults in West Virginia with arthritis, **52.5%** have work limitations
- Arthritis in the U.S. has an economic burden of **\$304 billion** – made up of medical expenses and lost wages

Adults with arthritis often have one or more chronic conditions.

- Mental Health:** Anxiety and depression affect **1/3** of U.S. adults with arthritis 45 years of age or older
- Diabetes:** **60.4%** of adults in WV with diabetes also have arthritis
- Heart Disease:** **66.3%** of adults in WV with heart disease also have arthritis
- Obesity:** **45.7%** of adults in WV who are obese also have arthritis

You can make a difference by advocating for state and federal legislation that will help people with arthritis in West Virginia. Legislative priorities for 2019 include:

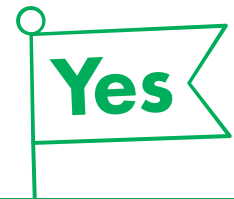
- Workforce:** Legislation that addresses the pediatric rheumatology workforce shortage through federal loan repayment programs
- Congressional Arthritis Caucus:** Grows the bipartisan Congressional Arthritis Caucus, a forum to educate Members of Congress about the most pressing issues facing people with arthritis

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Capital: Charleston
Founded: 1863
State Fruit: Golden Delicious Apple





Wisconsin: Why Arthritis Matters

Arthritis affects **24.8%** of the population in Wisconsin. That's **1,104,000** adults living with doctor-diagnosed arthritis in the state.

- There are over **54 Million** American adults with doctor diagnosed arthritis in the U.S.
- 1 in 3** veterans has arthritis, which accounts for **14.8%** of the people in Wisconsin living with arthritis
- There are approximately **300,000 kids** with arthritis in the U.S. but only about **390 pediatric rheumatologists**. That's about 700 kids for each doctor.

Over 24 million Americans experience activity limitations due to their arthritis.

- 543,000** adults in Wisconsin have activity limitations caused by arthritis
- Among all adults in Wisconsin with arthritis, **38.4%** have work limitations
- Arthritis in the U.S. has an economic burden of **\$304 billion** – made up of medical expenses and lost wages

Adults with arthritis often have one or more chronic conditions.

- Mental Health:** Anxiety and depression affect **1/3** of U.S. adults with arthritis 45 years of age or older
- Diabetes:** **46.5%** of adults in WI with diabetes also have arthritis
- Heart Disease:** **54.7%** of adults in WI with heart disease also have arthritis
- Obesity:** **33.8%** of adults in WI who are obese also have arthritis

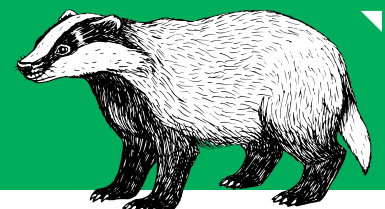
You can make a difference by advocating for state and federal legislation that will help people with arthritis in Wisconsin. Legislative priorities for 2019 include:

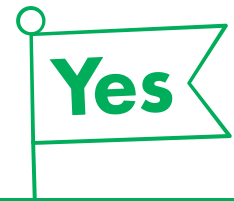
- Step Therapy:** Legislation that addresses burdensome use of step therapy, or “fail first”, which can restrict access to needed therapies
- Market Stabilization:** State strategies to make health insurance more affordable and adequate on the individual exchange

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Visit arthritis.org/advocate/our-policy-priorities to learn about our priorities.

Capital: Madison
Founded: 1848
State Animal: Badger





Wyoming: Why Arthritis Matters

Arthritis affects **26.4%** of the population in Wyoming. That's **116,000** adults living with doctor-diagnosed arthritis in the state.

- There are over **54 Million** American adults with doctor diagnosed arthritis in the U.S.
- 1 in 3** veterans has arthritis, which accounts for **18.3%** of the people in Wyoming living with arthritis
- There are approximately **300,000 kids** with arthritis in the U.S. but only about **390 pediatric rheumatologists**. That's about 700 kids for each doctor.

Over 24 million Americans experience activity limitations due to their arthritis.

- 54,000** adults in Wyoming have activity limitations caused by arthritis
- Among all adults in Wyoming with arthritis, **43%** have work limitations
- Arthritis in the U.S. has an economic burden of **\$304 billion** – made up of medical expenses and lost wages

Adults with arthritis often have one or more chronic conditions.

- Mental Health:** Anxiety and depression affect **1/3** of U.S. adults with arthritis 45 years of age or older
- Diabetes:** **51.3%** of adults in WY with diabetes also have arthritis
- Heart Disease:** **58.1%** of adults in WY with heart disease also have arthritis
- Obesity:** **33.8%** of adults in WY who are obese also have arthritis

You can make a difference by advocating for state and federal legislation that will help people with arthritis in Wyoming. Legislative priorities for 2019 include:

- Workforce:** Legislation that addresses the pediatric rheumatology workforce shortage through federal loan repayment programs
- Congressional Arthritis Caucus:** Grows the bipartisan Congressional Arthritis Caucus, a forum to educate Members of Congress about the most pressing issues facing people with arthritis

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Capital: Cheyenne
Founded: 1890

