

# Programs for JA Families



The Arthritis Foundation offers many ways for families living with juvenile arthritis (JA) to connect. Through these in-person and virtual connections, they share comfort, strength and hope. The following resources, programs and events are available across the U.S. and in your local area. For more information, visit arthritis.org/juvenile-arthritis.

## **Connect Groups for JA Parents and Young Adults**

Live Yes! Connect Groups provide a safe space for parents and caregivers of kids with JA to give and receive support and information. We also offer Connect Groups for young adults living with JA and other forms of arthritis. These groups are online and in-person and provide fun, social and educational events. They give people a way to share support and experiences and to learn from each other.

arthritis.org/connect

#### **Special Events**

The arthritis community turns out for our Walk to Cure Arthritis and Jingle Bell Run events across the country. These events raise awareness as well as money to support our mission and research for better treatments and a cure. arthritis.org/events

# **JA Family Summit**

The JA Family Summit is our signature event for families affected by juvenile arthritis. It brings kids, teens and young adults and their families together with health professionals for educational programs and activities focused on health, wellness and fun. Some financial help to attend is available for families who qualify.

arthritis.org/events/ja-familysummit

#### **JA Transitions**

The Arthritis Foundation has programs and resources that help teens, with the support of their families, become more confident and independent. Additionally, the Arthritis Champions Scholarship is open to college students who have arthritis or a rheumatic disease.

arthritis.org/transitions

## **For More Information**

Arthritis Foundation

arthritis.org

Arthritis Foundation Helpline: 800-283-7800

arthritis.org/helpline

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#### **JA Power Pack**

The JA Power Pack is available to help children and teens recently diagnosed with JA and their families navigate the new diagnosis. Each pack provides useful information, tools and resources. arthritis.org/japowerpack

#### JA Camps

With 10 sessions across the country, JA camps help children and teens, ages 8 – 17 years old, with juvenile arthritis become more confident and independent. For many, it is a life-changing experience.

arthritis.org/ja-camps

# **Advocacy**

The Arthritis Foundation works with lawmakers and policy makers on Capitol Hill and in each state. You can join the cause by becoming an Advocate or Ambassador. The Junior Ambassador program is open to teens ages 13 to 17.

arthritis.org/jrambassador

#### Research

The Arthritis Foundation, in partnership with the Childhood Arthritis and Rheumatology Research Alliance (CARRA), is working to find the causes of JA and related diseases. The aim is to improve the quality of life through better treatment options. Through the CARRA Registry, researchers collect information about individual patients. This gives researchers a better understanding of these diseases.

arthritis.org/about-carra

#### **Powerful Tools & Resources**

The Arthritis Foundation resources and tools include online toolkits for school solutions, disease management articles, podcasts, webinars and more. <a href="mailto:arthritis.org/juvenile-arthritis-patient-education">arthritis.org/juvenile-arthritis-patient-education</a> <a href="mailto:arthritis.org/ju-webinars">arthritis.org/ju-webinars</a> <a href="mailto:arthritis.org/ju-school">arthritis.org/ju-school</a>

#### **Arthritis Foundation Helpline**

The Arthritis Foundation's trained staff, including a Spanish-speaking expert, understand arthritis and are available by phone, email or webchat.

arthritis.org/helpline



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