

Osteoarthritis by the Numbers

Osteoarthritis (OA) is the most common form of arthritis — affecting about **33 million adults** in the U.S. OA causes joint pain, swelling, stiffness and reduced range of motion. To find resources and support for you or someone you care about, or to learn more about OA and how you can help, visit [arthritis.org](https://www.arthritis.org).



\$136.8 B

The overall annual economic burden associated with OA in the U.S.

53%

The increased risk of falling for people who have OA in **1** lower limb.

50%

An estimated half of people who have had ACL or meniscal injuries will develop knee OA **10 to 20** years later.

1/2

About half of adults will have knee pain from osteoarthritis in their lifetime.



45%

The percentage of adults with OA who have some degree of movement limitation.

4

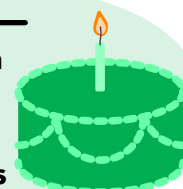
The number of joints most affected by OA — knees, hips, hands and spine.

30%

The percentage of people diagnosed with OA before age **45**. In some cases, it results from sports injuries or obesity.

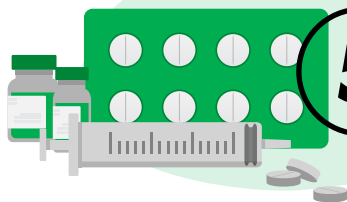
50

The average age at which OA is diagnosed. The risk of developing OA does increase with age, but it is not a regular part of aging.



50%

The percentage of adults with knee OA who will eventually get a knee replacement. While the impact of OA is significant, with the right treatments it is manageable.



Sources: CDC; NIAMS; Murphy L, Schwartz TA, Helmick CG, Renner JB, Tudor G, Koch G, Dragomir A, Kalsbeek WD, Luta G, Jordan JM; Lohmander LS, Englund PM, Dahl LL, Roos EM, American Journal of Sports Medicine; Doré AL, Golightly YM, Mercer VS, Shi XA, Renner JB, Jordan JM, Nelson AE

For more information and support, contact the Arthritis Foundation Helpline at 800-283-7800 or [arthritis.org/helpline](https://www.arthritis.org/helpline).

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