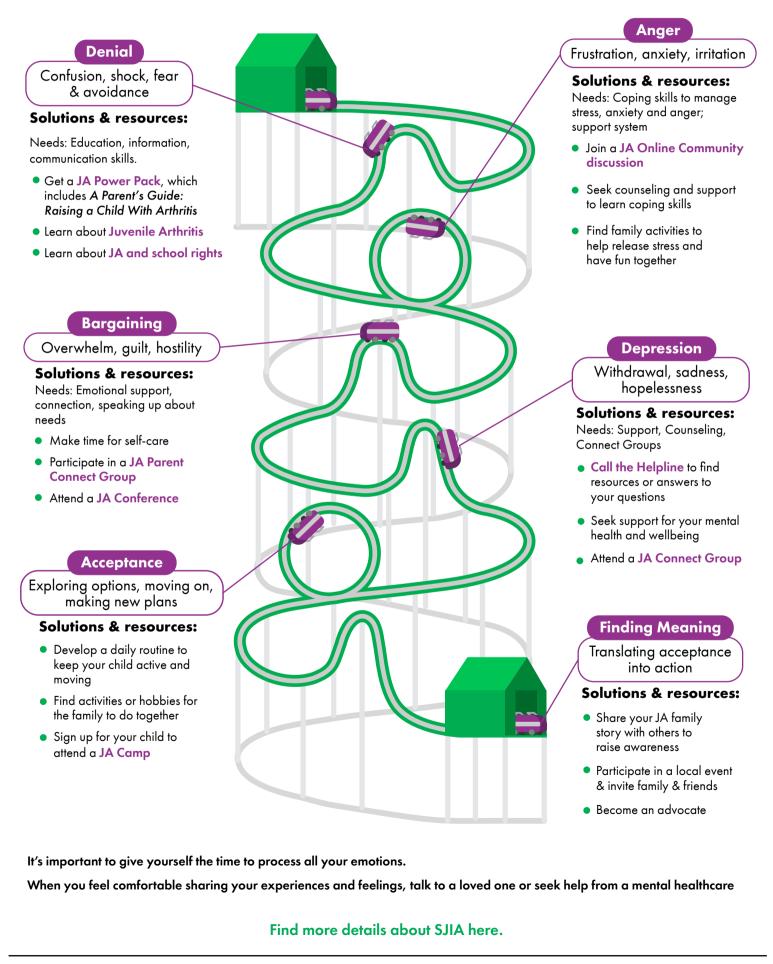
Understanding Systemic Juvenile Idiopathic Arthritis

Emotional Effects

A systemic juvenile idiopathic arthritis (SJIA) diagnosis can bring a roller coaster of emotions for both the child with SJIA and parents and caregivers. It's important for parents and children to learn coping and communication skills to manage the ups and downs of living with a chronic and unpredictable disease. While the physical effects of SJIA can take a toll, mental health and emotional wellbeing can be greatly impacted, too.

Rollercoaster of Emotion

An SJIA diagnosis can trigger feelings of grief and loss. Grief can cause certain emotions to happen in stages or at the same time. Recognizing these emotional states can help you identify when to seek resources and solutions to cope.



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The content of this infographic was developed independently by the Arthritis Foundation, with production support from Novartis Pharmaceuticals Corporation.