



# Kentucky: Why Arthritis Matters

Arthritis affects **33.5%** of the population in Kentucky. That's **1,087,000** adults living with doctor-diagnosed arthritis in the state.

- There are over **54 Million** American adults with doctor diagnosed arthritis in the U.S.
- 1 in 3** veterans has arthritis, which accounts for **12.9%** of the people in Kentucky living with arthritis
- There are approximately **300,000 kids** with arthritis in the U.S. but only about **390 pediatric rheumatologists**. That's about 700 kids for each doctor.

## Over 24 million Americans experience activity limitations due to their arthritis.

- 622,000** adults in Kentucky have activity limitations caused by arthritis
- Among all adults in Kentucky with arthritis, **51.1%** have work limitations
- Arthritis in the U.S. has an economic burden of **\$304 billion** – made up of medical expenses and lost wages

## Adults with arthritis often have one or more chronic conditions.

- Mental Health:** Anxiety and depression affect **1/3** of U.S. adults with arthritis 45 years of age or older
- Diabetes:** **60.4%** of adults in KY with diabetes also have arthritis
- Heart Disease:** **68.6%** of adults in KY with heart disease also have arthritis
- Obesity:** **42.2%** of adults in KY who are obese also have arthritis

## You can make a difference by advocating for state and federal legislation that will help people with arthritis in Kentucky. Legislative priorities for 2019 include:

- Prior Authorization:** Legislation that provides formulary transparency in health insurance plans
- Out-of-Pocket Cost Limits:** Legislation that tackles high out-of-pocket costs for specialty medications

Contact your local Arthritis Foundation [State Director of Advocacy & Access](#) to learn more.

Visit [arthritis.org/advocate/our-policy-priorities](http://arthritis.org/advocate/our-policy-priorities) to learn about our priorities.

Capital: Frankfort  
Founded: 1861

