



Meghan Winkelmann-Woodlief
2014 Walk to Cure Arthritis
Young Adult Honoree
Greater St. Louis, MO

Meghan Winkelmann-Woodlief is a 29 year old St. Louis native who has been involved with the Arthritis Foundation since 1987. She was diagnosed with arthritis when she was just two and a half years old. By the time she was five arthritis had affected most of the joints in her body including her neck, shoulders, elbows, wrists, fingers, hips, knees, ankles and toes.

She has had multiple surgeries including total hip replacements on both of her hips. With the help of many doctors, medications, diet and exercise Meghan has been able to maintain an active lifestyle.

Meghan graduated from Missouri University of Science and Technology in 2007, and works at Boeing as an engineer; she is currently working on the last year of an MBA through Webster University and when time permits she volunteers with the Arthritis Foundation.

Meghan and her husband Matt live in Maplewood, MO with their cat and dog and will soon be welcoming their first child to the family in August.

The determination and bravery Meghan has shown in the face of many challenges is what makes us proud to recognize her as the 2014 Walk to Cure Arthritis honoree.

About the Arthritis Foundation

The Arthritis Foundation (www.arthritis.org) is committed to raising awareness and reducing the unacceptable impact of arthritis, which strikes one in every five adults and 300,000 children, and is the nation's leading cause of disability. To conquer this painful, debilitating disease, we support education, research, advocacy and other vital programs and services.