

# Arthritis Walk



[www.arthritiswalk.org](http://www.arthritiswalk.org)



## **Arthritis Walk Medical Honoree**

**Francisco Garriga, M.D.**

**St. Louis, MO**

Many people in health care are very good at treating all kinds of complicated and painful diseases. That the malady resides in a human body can sometimes be an afterthought. But Francisco Garriga, M.D. focuses first and foremost on the patient; a person with a name, a life, and a family whose body has become home to an illness.

In **"Tell Me How You Die Easy,"** Dr. Garriga shows doctors the keys to offering great personal care while also delivering all the wonders medical science has to offer. He has compiled the most compelling and pertinent personal stories from more than 36 years in practice to deliver a primer on humane healing that students, doctors, and patients can easily digest. Students at the Washington University School of Medicine, where Dr. Garriga has been a clinical instructor since 1976, found these stories so valuable that they encouraged him to write "Tell Me How You Die Easy."

Dr. Garriga is board certified in internal medicine and is fellowship-trained in rheumatology. He is a graduate of the University of Puerto Rico; he earned his medical degree at Washington University School of Medicine in St. Louis. He completed his internship and residency at the University of Miami and Barnes Hospital. Dr. Garriga trained in rheumatology at Barnes Hospital in St. Louis. He is currently in private practice with the SSM Medical Group. He has a special interest in treating osteoporosis, rheumatoid arthritis, lupus, and other autoimmune diseases. He lives with his wife and family in St. Louis County, MO.

We are thankful for Dr. Garriga's commitment to treating arthritis and its related diseases. We are proud to have him as the 2013 Arthritis Walk Medical Honoree.

## About the Arthritis Foundation

The Arthritis Foundation ([www.arthritis.org](http://www.arthritis.org)) is committed to raising awareness and reducing the unacceptable impact of arthritis, which strikes one in every five adults and 300,000 children, and is the nation's leading cause of disability. To conquer this painful, debilitating disease, we support education, research, advocacy and other vital programs and services.