

# Arthritis Walk®



[www.arthritiswalk.org](http://www.arthritiswalk.org)



**Volkan Sumer, DO**  
**ICPR Family Practice**  
**Arthritis Walk Medical Honoree**  
**Peoria, Illinois**

Dr. Sumer currently owns and operates ICPR Family Practice in Pekin, where he and his staff treat the whole gamut of illnesses while taking a special interest in pain and rehabilitation management. By combining traditional treatments with spinal manipulations, Dr. Sumer treats the entire person and the source of the condition, not just the uncomfortable symptoms.

His passion for treating patients suffering from arthritis has helped him develop unique programs to help patients, including the Knee Arthritis Program (KNAP) to provide a non-surgical treatment option for people who suffer from osteoarthritis of the knee. In a word, Dr. Sumer is "compathoundercare." Now before you go rushing off to find the dictionary, we'll tell you this Sumer original was coined during his college days while challenging colleagues to be compassionate, thoughtful, understanding and caring. Thankfully, this family doctor and father of three took his own advice to heart. He has exemplified "compathoundercare" day-in and day-out since founding ICPR in 2001.

It is also the reason he chose Osteopathic Medicine (D.O.) over the more traditional M.D. degree because it offers a more holistic approach to medicine.

Join Dr. Sumer's walk team, the Wear and Tear Warriors; or start a team of your own to help support this great cause!

The Arthritis Foundation is proud to recognize Dr. Volkan Sumer as the 2013 Arthritis Walk Medical Honoree.

## **About the Arthritis Foundation**

The Arthritis Foundation ([www.arthritis.org](http://www.arthritis.org)) is committed to raising awareness and reducing the unacceptable impact of arthritis, which strikes one in every five adults and 300,000 children, and is the nation's leading cause of disability. To conquer this painful, debilitating disease, we support education, research, advocacy and other vital programs and services.