



Eric Dixon, DC, MS, NSCA-CPT
2014 Jingle Bell Run/Walk
Medical Honoree
Alton, IL

Dr. Eric Dixon founded SPORTCHIRO+ in November of 2012. He is trained as a chiropractic physician and has a Master's Degree in Sport Science and Rehabilitation, and is a Certified Personal Trainer with the National Strength and Conditioning Association. Dr. Dixon utilizes the most recent techniques and strategies for improving painful orthopedic dysfunctions and creating safe exercise or performance routines. Problematic or painful areas successfully treated in the office are neck, mid-back, lower back, shoulder, elbow, hip, knee, and ankle/foot. Dr. Dixon also utilizes rehabilitation for pre-surgical/post-surgical patients before or after surgery.

Dr. Dixon is dedicated to challenging the status quo in healthcare. His primary purpose is to restore health, improve function, and increase performance. It is his goal to restore your movement and then maintain it once you have reached your optimal level. At SPORTCHIRO+, safe and proper strength training, weight loss, and even yoga programs are also provided to patients/training clients looking to improve their overall health, wellness, and lifestyle.

Dr. Dixon, a Jerseyville, IL native, has a strong athletic background, and as such, he approaches chiropractic, rehabilitation, and strength & conditioning with that mindset. Dr. Dixon graduated from Logan College of Chiropractic with a Doctorate of Chiropractic in August 2011 then again with a Master's in Sports Science and Rehabilitation in December 2011. He did a sport's internship in Los Angeles, California working with a great team at LA Sports and Spine under the direction of Dr. Craig Liebenson, DC.

Dr. Dixon is dedicated to bringing the most effective pain treatment, rehabilitation, and exercise programs to the Metro East St. Louis area. He will work with each patient and training client to develop an individualized plan to improve his or her enjoyment of life.

The commitment Dr. Dixon has shown to his patients is truly inspirational, and we are thrilled to recognize him as the 2014 Jingle Bell Run/Walk Medical Honoree.

About the Arthritis

The Arthritis Foundation (www.arthritis.org) is committed to raising awareness and reducing the unacceptable impact of arthritis, which strikes one in every five adults and 300,000 children, and is the nation's leading cause of disability. To conquer this painful, debilitating disease, we support education, research, advocacy and other vital programs and services.