



Dr. Shannon Nierman
2013 Jingle Bell Run/Walk
Medical Honoree
Fort Wayne, Indiana

Dr. Shannon Nierman is a chiropractor that is also board certified and licensed in acupuncture. He was born in Fort Wayne, and grew up in Kendallville where he attended East Noble High School. Dr. Nierman attended IPFW before relocating to Houston, Texas. He has a Bachelor's of Science degree in human biology and received his Doctor of Chiropractic degree from Texas Chiropractic College in December, 2009. He is a veteran of the U.S. Navy who served on active duty from 1990-1995, and then transferred to the U.S. Army National Guard from 1997-2001. He was a deep sea diver in the U.S. Navy before becoming a member of the guard unit in Angola, and then transferring to the Fort Wayne unit to be a recon/sniper team member.

Dr. Nierman worked as an extern with the Rice University athletic department while finishing school. After leaving Texas he practiced in Jacksonville, Florida where he treated a Jacksonville Jaguar football player during the 2011 NFL season. He then returned to his home state of Indiana to be closer to his family and friends.

Dr. Nierman has taken 100 hours of class for the chiropractic neurology program, and is interested in sports and family care. He is looking forward to building long lasting relationships with his patients and the community.

Dr. Nierman offers acupuncture treatment in addition to chiropractic. Acupuncture is good for things like. . .Weight Loss, Face Lifts, Infertility, Stop Smoking, High Blood Pressure, Allergies, Headaches, Stress, Pain, Fatigue, Sinus Problems, General Wellness. . . Among many other things.

Dr. Nierman has been with Allen County Chiropractic Wellness Center since August, 2012. When asked how often he sees clients with arthritis, and the main reason clients visit the Center Dr. Shannon said, "We see lots of patients with various levels of arthritis, some with minimal arthritis, up to serious cases of osteoarthritis and rheumatoid arthritis." He went on to say that, "Chiropractic adjustments and acupuncture work great for arthritis; nutrition and diet are also very important." Since returning to the Fort Wayne area Dr. Nierman has been very involved with the local community and said, "We chose this profession because we like to help people with their conditions and issues that they sometimes cannot get help for, or relief from. In addition to our support for the Arthritis Foundation, we are involved with the Kiwanis who also support the local community and raise funds for Riley's Children's Hospital." Feel free to stop by his office if you have any further questions or to just say hi.

The Arthritis Foundation is grateful for the support Dr. Nierman provides to the local community, and we are proud to recognize him as the 2013 Jingle Bell Run/Walk Medical Honoree for Fort Wayne, Indiana.

About the Arthritis Foundation

The Arthritis Foundation (www.arthritis.org) is committed to raising awareness and reducing the unacceptable impact of arthritis, which strikes one in every five adults and 300,000 children, and is the nation's leading cause of disability. To conquer this painful, debilitating disease, we support education, research, advocacy and other vital programs and services.