



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Jingle Bell Splash

Kick off your holiday season in the pool!

You can join the Arthritis Foundation in our mission to prevent, control and cure arthritis. Workout with your friends or family and kick off the season by giving. We'll have some fun and splash in the pool during our 2013

Benefit for the Arthritis Foundation

November 2, 2013

11:15-12:00pm

Downtown YMCA



Wear jingle bells with your swimsuit.



The funds raised through Jingle Bell Splash directly support arthritis research, health education and government advocacy initiatives to improve the lives of people with arthritis.

Registration Fee: \$20

Both Members and Non-members are welcome. Please register at the YMCA front desk.

First 50 participants receive a jingle bell splash hand towel so register early!!

Our Mission: The YMCA of Southwestern Indiana, Inc., following the example of Jesus Christ, responds to the community needs, by serving all people, especially youth, through relationships and activities that promote healthy spirit, mind and body.