



## Facts at a Glance

### **The Event**

The Arthritis Foundation's Jingle Bell Run/Walk for Arthritis raises awareness of America's leading cause of disability, while raising desperately needed funds for research, health education and government advocacy to improve the lives of people with arthritis.

As the nation's largest holiday run/walk event, the Arthritis Foundation's Jingle Bell Run/Walk for Arthritis offers a 10K or 5K-timed run, a 5K fun walk and children's Santa Chase with activities for the entire family. Participants tie jingle bells to their shoelaces, don festive holiday costumes and join friends and neighbors in support of the Arthritis Foundation's mission to prevent, control and cure arthritis and related diseases. Participants can run or walk in honor of a friend or family member with arthritis, or to show that they are taking control of their arthritis.

### **When is the Jingle Bell Run/Walk for Arthritis?**

December 8, 2012, Bankers Life Fieldhouse

### **Why Run or Walk?**

The prevalence of arthritis or chronic joint symptoms is now surging, affecting 1.4 million adults and 6,400 children in Indiana alone. This event is a fun and effective way to support the Arthritis Foundation in the prevention, control and cure of arthritis and related diseases.

### **The Runners and Walkers**

Approximately 3,500 runners and walkers run individually or in teams of four or more each year to help raise money to support critical arthritis research, health education and government advocacy programs to help people take greater control of arthritis.

### **The Honoree**

The 24<sup>th</sup> Annual Indianapolis Jingle Bell Run will honor Ashley Frankel, an eight-year-old who has had Juvenile Rheumatoid Arthritis since before she was two.

### **To Participate**

To participate in the Indianapolis Jingle Bell Run/Walk for Arthritis, volunteer or to form a team, contact the Arthritis Foundation at 317.879.0321 ext. 203 or [www.indyjinglebellrun.com](http://www.indyjinglebellrun.com).

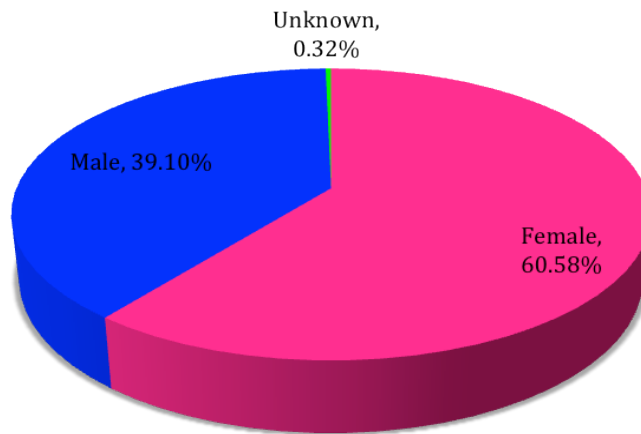
### ***The Arthritis Foundation***

The Arthritis Foundation is the only nationwide, nonprofit health organization helping people to take greater control of arthritis by leading efforts to prevent, control and cure arthritis and related diseases. The Arthritis Foundation also provides a large number of community-based programs and services nationwide to make life with arthritis easier and less painful. For more information about the Arthritis Foundation visit [www.Arthritis.org](http://www.Arthritis.org)

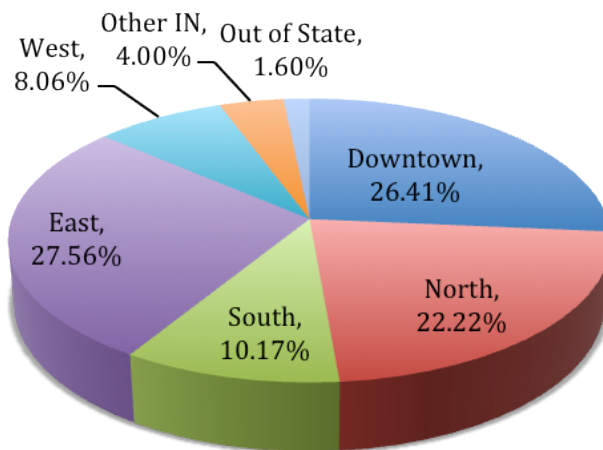


## Indianapolis Jingle Bell Run 2011 Demographics & Event History of Growth

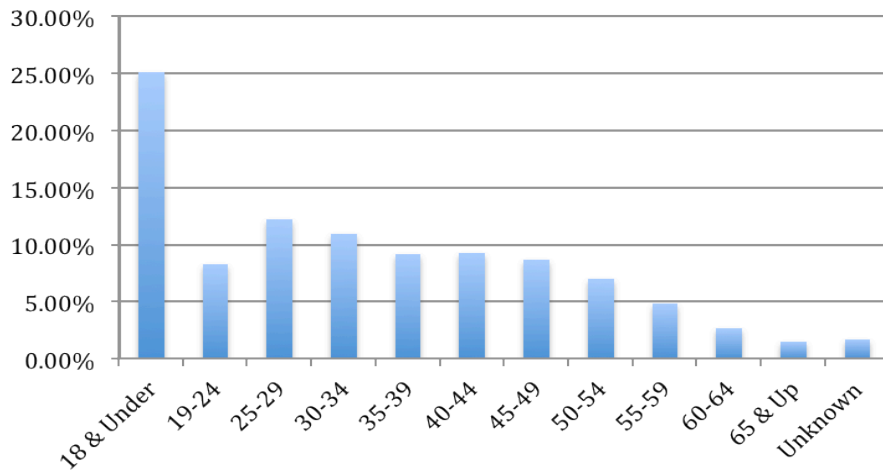
Gender of 2011 Participants



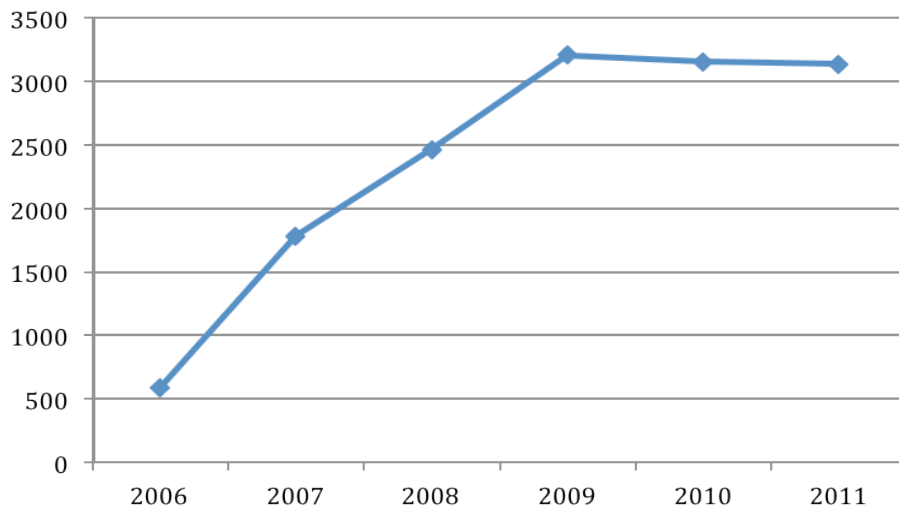
Location of 2011 Participants' Homes



Age of 2011 Participants



Number of Participants 2006 - 2011



Amount Raised 2005 - 2011

