**Arthritis Impact Worse Among Minorities**

New national data from the Centers for Disease Control and Prevention provides first ever estimates of arthritis prevalence among Asian Americans/Pacific Islanders (8%) and American Indians/Alaska Natives (25%). Additional prevalence data among other racial and ethnic groups included non-Hispanic whites 23.8%, non-Hispanic blacks 19.4%, Hispanics 11.1% and multiracial/other 20.7%.

*The full report can be found by visiting [http://www.cdc.gov/arthritis/resources/spotlights/arthritis_impact.htm](http://www.cdc.gov/arthritis/resources/spotlights/arthritis_impact.htm)*

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**Arthritis Impact Worse Among Racial and Ethnic Minority Groups**

- **Non-Hispanic White**
  - Activity Limitation: 23.1%
  - Work Limitation: 28.8%
  - Severe Pain: 36.2%

- **Non-Hispanic Black**
  - Activity Limitation: 38.3%
  - Work Limitation: 41.6%
  - Severe Pain: 44.6%

- **Hispanic**
  - Activity Limitation: 36.4%
  - Work Limitation: 39.7%
  - Severe Pain: 43.2%

- **American Indian/Alaska Native**
  - Activity Limitation: 28.7%
  - Work Limitation: 37.7%
  - Severe Pain: 39.1%

- **Asian/Pacific Islander**
  - Activity Limitation: 38.5%
  - Work Limitation: 28.2%
  - Severe Pain: 38.2%

- **Multiracial/Other**
  - Activity Limitation: 36.6%
  - Work Limitation: 46.4%
  - Severe Pain: 49.5%

*Source: May 2010 issue of Preventing Chronic Disease*