



## JOIN THE YOUNG ADULT COMMITTEE

where young adults (YA), 18-35 years old, with arthritis and related rheumatic diseases, come together as champions in the fight to cure arthritis

### WHO WE ARE

The YA Committee mission is to support young adults ages 18-35 so they are empowered to live healthy, purposeful and independent lives- especially as they transition from pediatric to adult rheumatology care, through college and career, dating and relationships, wellness, & more.

YA Committee Members unite as volunteers, advocates and fundraisers to persuade legislation, promote medical research, and sustain support programming for all of the arthritis community.

### WHAT WE DO

- The primary purpose of Young Adult Committees is service: opportunities for young adults to meet and share experiences, and organize service activities, including fundraising and advocacy efforts to benefit the Arthritis Foundation
- YA Committees network, fundraise, and advocate to fight arthritis at local & national events
- Bimonthly Newsletter, *Inflammation Nation*: Topics that surround living with arthritis and education are written by our experienced board members. If you have a topic you would like discussed or want a subscription, please contact us!

### HOW TO JOIN

Want To Join and Get Connected?

Contact Name: **Holly Dwyer, Jamie Christensen, or Kelsey Holewinski**

Email: [hdwyer80@gmail.com](mailto:hdwyer80@gmail.com), [jamie.christensen5@gmail.com](mailto:jamie.christensen5@gmail.com), or [kholewinski@arthritis.org](mailto:kholewinski@arthritis.org)

Facebook Page: <https://www.facebook.com/groups/276408122978321/?ref=bookmarks>

Instagram: @inflammationnation

Local Arthritis Foundation Office: 10427 W Lincoln Ave, West Allis, WI 53227

### WHEN AND WHERE:

Look out for us at all Wisconsin fundraising walks and what we're doing on Facebook!