



**2017 Virginia Walk to Cure Arthritis Route
VCU Health: N.O.W. Center at Short Pump
5.20.17; 7:30 am – 11:00 am**

1. Start at VCU Health at Short Pump parking lot
 - a. Exit the parking lot, cross the street of Town Center Blvd, and take a left on the sidewalk of Town Center Blvd (participants will stay on the sidewalk)
2. Veer right at the traffic circle at Town Center Blvd onto Blue Ocean Lane (participants stay on sidewalk)
3. Take a left on North Gayton Road (participants will stay on the sidewalk)
4. Take a left on W. Broad Street (participants will stay on the sidewalk)
5. Take a left on Henley Road, following Henley down to Blue Ocean
6. Take a right on Blue Ocean Lane, follow Blue Ocean Lane until you reach traffic circle
7. Take a left at the traffic circle and continue on Town Center Blvd
8. Cross Town Center Blvd to enter back into the VCU Health parking lot