



## JOIN THE YOUNG ADULT COMMITTEE

where young adults (YA), 18-35 years old, with arthritis and related rheumatic diseases, come together in a **JOINT** effort as champions in the fight to cure arthritis

### WHO WE ARE

The YA Committee mission is to support young adults ages 18-35 so they are empowered to live healthy, purposeful and independent lives- especially as they transition from pediatric to adult rheumatology care, through college and career, dating and relationships, wellness, & more.

YA Committee Members unite as volunteers, advocates and fundraisers to persuade legislation, promote medical research, and sustain support programming for all of the arthritis community.

### WHAT WE DO

- The primary purpose of Young Adult Committees is service: opportunities for young adults to meet and share experiences, and organize service activities, including fundraising and advocacy efforts to benefit the Arthritis Foundation
- YA Committees network, fundraise, and advocate to fight arthritis at local & national events

### HOW TO JOIN

Want to Join and Get Connected?

**Contact: [ArthritisYUtah@gmail.com](mailto:ArthritisYUtah@gmail.com)**



**Facebook Group: [Utah YA Champions](#)**

**Local Arthritis Foundation Office:**

4424 South 700 East, Suite 180 \* Salt Lake City, Utah 84107 \* 801/536-0990