

# The Arthritis Foundation's Teen Retreat 2016

Camp Widjiwagen

Antioch, TN

October 22 – October 23, 2016

## Participant Application

First Name \_\_\_\_\_ Nick name \_\_\_\_\_ Last Name \_\_\_\_\_

Gender \_\_\_\_\_ Date of Birth (MM/DD/YY) \_\_\_\_\_ Age at Event \_\_\_\_\_

Grade Next Year \_\_\_\_\_ T-shirt Size: S M L XL 2XL

### Parent/Guardian 1

First Name \_\_\_\_\_ Last Name \_\_\_\_\_ Relationship to Participant \_\_\_\_\_

Street Address (child's primary address) \_\_\_\_\_ P.O. Box/Apt # \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_

Email Address \_\_\_\_\_ Cell Phone \_\_\_\_\_

Home Phone \_\_\_\_\_

Employer (if applicable) \_\_\_\_\_ Work Phone \_\_\_\_\_

### Parent/Guardian 2

First Name \_\_\_\_\_ Last Name \_\_\_\_\_ Relationship to Participant \_\_\_\_\_

Street Address (if different from above) \_\_\_\_\_ P.O. Box/Apt # \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_

Email Address \_\_\_\_\_ Cell Phone \_\_\_\_\_

Home Phone \_\_\_\_\_

Employer (if applicable) \_\_\_\_\_ Work Phone \_\_\_\_\_

## Emergency Contact (if Parent(s)/Guardian(s) Unavailable)

### Emergency Contact 1

First Name \_\_\_\_\_ Last Name \_\_\_\_\_ Relationship to Participant \_\_\_\_\_

Street Address \_\_\_\_\_ P.O. Box/Apt # \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_

Email \_\_\_\_\_ Cell Phone \_\_\_\_\_ Home Phone \_\_\_\_\_

Does this person have permission to pick up your child from camp? Yes No

### Emergency Contact 2

First Name \_\_\_\_\_ Last Name \_\_\_\_\_ Relationship to Participant \_\_\_\_\_

Street Address \_\_\_\_\_ P.O. Box/Apt # \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_

Email \_\_\_\_\_ Cell Phone \_\_\_\_\_ Home Phone \_\_\_\_\_

Does this person have permission to pick up your child from camp? Yes No

# Personal Information

Has this participant been away from home (overnight) before?    No    Yes

How does this participant feel about going to this JA program? Is he/she looking forward to seeing/rooming with any particular friends? \_\_\_\_\_

## Swimming Ability

- Poor
- Fair
- Good
- Excellent

## Sleeping Habits

- Light
- Heavy
- Snores
- Bed Wetter (bring protection)

- Falls Out of Bed
- Needs Night Light
- Sleep Walks
- Other \_\_\_\_\_

## Communication

Do you anticipate behavioral/social issues to arise? No    Yes

Please list any communication problems or behavioral problems that might affect this participant's experience at this event or in a group. \_\_\_\_\_

Please provide tips and techniques for when your child gets upset. \_\_\_\_\_

## Endurance

Does your child tire easily?    No    Yes

Can your child endure a normal school day?    No    Yes

Does your child have any activity restrictions?    No    Yes \_\_\_\_\_

## Activities of Daily Living

Eating:    able to do without help    needs assistance    requires additional time

Dressing:    able to do without help    needs assistance    requires additional time

Bathing:    able to do without help    needs assistance    requires additional time

Describe an average day (awakening until bedtime) when this participant may be having difficulties from his/her condition (e.g., significant morning stiffness, painful joints, fatigue, a "bad day"). How do you help lessen the symptoms (e.g., heating pad, ice, rest, medications, warm shower, etc.)? \_\_\_\_\_

## Interests

Just for fun! Tell us about the participant's favorite...

Color \_\_\_\_\_    Musician/Band \_\_\_\_\_    School Subject \_\_\_\_\_

Movie \_\_\_\_\_    Food \_\_\_\_\_    Song \_\_\_\_\_

TV Show \_\_\_\_\_    Vacation \_\_\_\_\_    Animal \_\_\_\_\_



**Diet, Nutrition**

- No Food Restrictions
- Vegetarian
- Lactose Intolerant
- Gluten Intolerant
- Other \_\_\_\_\_

**Allergies**

- Insect Bites or Stings
- Foods
- Animals
- Medications
- Air Pollutants/Seasonal Allergies
- Other \_\_\_\_\_
- No Known Allergies

Describe the reaction and management of the reaction for any allergy boxes checked above.

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Does this participant wear glasses, contacts or protective eyewear?      No      Yes

**Adaptive Equipment:** List any adaptive equipment or ambulatory devices used.

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**Physical Therapy:** Describe physical therapy regimen and frequency (must be self-directed during JA program). \_\_\_\_\_

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**Occupational Therapy:** Describe occupational therapy regimen and frequency (must be self-directed during JA program). \_\_\_\_\_

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**Mental, Emotional and Social Health**

Has this participant seen a professional to address mental/emotional health concerns during the past 12 months?      No      Yes (please describe)

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Has this participant had a significant life event that continues to affect their life? (history of abuse, death of a loved one, family change, adoptions, foster care, new sibling, etc.)      No      Yes (please describe)

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**Immunization History:** Provide the month and year for each immunization. Copies of immunization forms from health care providers or state or local government agencies are acceptable; please attach to this form.

Immunization		Dose 1 MM/YY	Dose 2 MM/YY	Dose 3 MM/YY	Dose 4 MM/YY	Dose 5 MM/YY	Most Recent Dose MM/YY
Diphtheria, Tetanus, Pertussis (DTaP) or (TdaP)							
Tetanus Booster (dT) or (TdaP)							
Mumps, Measles, Rubella (MMR)							
Polio (IPV)							
Haemophilus Influenzae Type B (HIB)							
Pneumococcal (PCV)							
Hepatitis B							
Hepatitis A							
Varicella (Chicken Pox)	<input type="checkbox"/> Had Chicken Pox Date:						
Meningococcal Meningitis (MCV4)							

Tuberculosis (TB) Test	Date:	<input type="checkbox"/> Negative <input type="checkbox"/> Positive
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# Medication Form

Does this participant know the medications they take?      No      Yes

Does this participant know dosages and schedule of his/her medications? No      Yes

Is this participant aware of his/her medications' potential side effects?      No      Yes

**Medication Administration Record**

“Medication” is any substance a person takes to maintain and/or improve their health. This includes vitamins and natural remedies.

- This participant will not take any medications while at the JA program
- This participant will take the following medication(s) while at the JA program

Name of medication	Date started this med	When it is given	Amount or dose given	How it is given	OFFICE USE ONLY: Distribution (PRN check box, initial, circle when given)	OFFICE USE ONLY: Comments
		<input type="checkbox"/> Breakfast (B) <input type="checkbox"/> Lunch (L) <input type="checkbox"/> Dinner (D) <input type="checkbox"/> Bedtime (BT) <input type="checkbox"/> Other (O):			<input type="checkbox"/> Day 1 - B L D BT O <input type="checkbox"/> Day 2 - B L D BT O <input type="checkbox"/> Day 3 - B L D BT O <input type="checkbox"/> Day 4 - B L D BT O <input type="checkbox"/> Day 5 - B L D BT O <input type="checkbox"/> Day 6- B L D BT O	
		<input type="checkbox"/> Breakfast (B) <input type="checkbox"/> Lunch (L) <input type="checkbox"/> Dinner (D) <input type="checkbox"/> Bedtime (BT) <input type="checkbox"/> Other (O):			<input type="checkbox"/> Day 1 - B L D BT O <input type="checkbox"/> Day 2 - B L D BT O <input type="checkbox"/> Day 3 - B L D BT O <input type="checkbox"/> Day 4 - B L D BT O <input type="checkbox"/> Day 5 - B L D BT O <input type="checkbox"/> Day 6- B L D BT O	
		<input type="checkbox"/> Breakfast (B) <input type="checkbox"/> Lunch (L) <input type="checkbox"/> Dinner (D) <input type="checkbox"/> Bedtime (BT) <input type="checkbox"/> Other (O):			<input type="checkbox"/> Day 1 - B L D BT O <input type="checkbox"/> Day 2 - B L D BT O <input type="checkbox"/> Day 3 - B L D BT O <input type="checkbox"/> Day 4 - B L D BT O <input type="checkbox"/> Day 5 - B L D BT O <input type="checkbox"/> Day 6- B L D BT O	
		<input type="checkbox"/> Breakfast (B) <input type="checkbox"/> Lunch (L) <input type="checkbox"/> Dinner (D) <input type="checkbox"/> Bedtime (BT) <input type="checkbox"/> Other (O):			<input type="checkbox"/> Day 1 - B L D BT O <input type="checkbox"/> Day 2 - B L D BT O <input type="checkbox"/> Day 3 - B L D BT O <input type="checkbox"/> Day 4 - B L D BT O <input type="checkbox"/> Day 5 - B L D BT O <input type="checkbox"/> Day 6- B L D BT O	
		<input type="checkbox"/> Breakfast (B) <input type="checkbox"/> Lunch (L) <input type="checkbox"/> Dinner (D) <input type="checkbox"/> Bedtime (BT) <input type="checkbox"/> Other (O):			<input type="checkbox"/> Day 1 - B L D BT O <input type="checkbox"/> Day 2 - B L D BT O <input type="checkbox"/> Day 3 - B L D BT O <input type="checkbox"/> Day 4 - B L D BT O <input type="checkbox"/> Day 5 - B L D BT O <input type="checkbox"/> Day 6- B L D BT O	

**Please provide any special medication instructions:**

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**Over-the-counter medications:** Please review the following list of over-the-counter medications commonly kept with the medical team and mark "Yes" if we have permission to give it to your child. This list is not exhaustive. If there is something specific you do not want us to give to your child, please let us know.

**What have we forgotten to ask?** Please list ANYTHING else you think we should know about the participant. \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Medication	No	Yes
Acetaminophen (Tylenol)		
Phenylephrine Decongestant (Sudafed PE)		
Antihistamine/Allergy Medicine		
Diphenhydramine Antihistamine/Allergy Medicine (Benadryl)		
Sore Throat Spray		
Lice Shampoo or Cream (Nix or Elimate)		
Calamine or Hydrocortisone Cream		
Laxatives for Constipation (Ex-Lax)		
Ibuprofen (Advil, Motrin)		
Naproxen (Aleve)		
Pseudoephedrine Decongestant (Sudafed)		
Guaifenesin Cough Syrup (Robitussin)		
Dextromethorphan Cough Syrup (Robitussin DM)		
Generic Cough Drops		
Antibiotic Cream (Neosporin)		
Aloe		
Bismuth Subsalicylate for Diarrhea (Kaopectate, Pepto-Bismol)		
Loperamide HCL for Diarrhea (Imodium AD)		
Tums or Antacids		
Sunscreen		
Eye Wash		
Other _____		

## Physician Information

**Pediatric Rheumatologist** \_\_\_\_\_ Office Phone \_\_\_\_\_  
**Primary Physician** \_\_\_\_\_ Office Phone \_\_\_\_\_  
**Other Health Care Provider/Therapist** \_\_\_\_\_ Office Phone \_\_\_\_\_

**Permission to contact physician(s)**

Please initial here to give our medical team permission to contact this participant’s pediatric rheumatologist, primary physician or other doctor with any questions pertaining to his/her health. This may include, but is not limited to, disease diagnosis, recent flares, medication changes, etc.

Parent/Guardian Initials: \_\_\_\_\_

**Insurance Information**

Insurance coverage for participant accidents or illness while participating in JA programs is the responsibility of the participant’s family and required in order to attend our JA camp.

Is this participant covered by family medical/hospital insurance?    Yes    No

Health Insurance Company \_\_\_\_\_ Policy # \_\_\_\_\_

Name of Policy Holder \_\_\_\_\_ Subscriber \_\_\_\_\_

Insurance Company Phone Number \_\_\_\_\_

**Get Involved**

**Become an Advocate**

Do you want to help children with juvenile arthritis? Become an Advocate! You’ll receive Action Alerts in your inbox when important arthritis-related issues are debated on Capitol Hill. In five minutes or less, you can send an email to your elected officials and make a difference for kids with arthritis.

Yes, I want to help kids with arthritis!                       No, thank you.

**Join your local JA Committee**

JA Committees are forming across the state in Knoxville, Memphis and Nashville. The purpose of these committees is to help plan a facilitate JA Family Education Days, JA Camp, outreach to new families, and help improve our overall approach to Juvenile Arthritis in the state of Tennessee.

Yes, I want to be a part of a JA Committee!                       No, thank you.

**Start a JA Family Team**

Whether you participate in the Walk to Cure Arthritis or Jingle Bell Run, we need your help to raise funds and spread awareness! Raising funds and bringing friends and family together to support your child’s journey with arthritis is one way that you can help us get closer to a cure, provide crucial programming like Camp AcheAway, and provide resources to new families.

Yes, I want to start a JA Family Team!                       No, thank you.