



Arthritis Foundation,
Central Ohio Chapter
Branch Area Programs and Services

ATHENS COUNTY

Aquatics

Beacon School
801 W. Union St.
Athens, OH 45701
740-448-4202

AF Exercise Program

O'Bleness Hospital
55 Hospital Dr.
Athens, OH 45701
(740) 592-2871

AF Exercise Program

Athens Community Center
701 E. State St.
Athens, OH 45701
(740) 592-2871

AF Exercise Program

Plains United Methodist Church
3 N. Plains Rd.
The Plains, OH 45780
(740) 592-2871

BELMONT COUNTY

Aquatics

School of Hope
330 Fox Shannon Pl.
St. Clairsville, OH 43950
(740) 484-1247

Aquatics

Country Inn
67731 Mall Rd.
St. Clairsville, OH 43950
(740) 699-4980

Tai Chi

Barnesville Senior Center
229 East Main Street
Barnesville, OH 43713
(740) 425-9101

Tai Chi

Bellaire Senior Center
3396 Belmont Street
Bellaire, OH 43906
(740) 676-9473

COSHOCTON COUNTY

Aquatics

Coshocton Memorial Hospital
1460 Orange St.
Coshocton, OH 43812
(740) 622-1202

DELAWARE COUNTY

Aquatics

Comfort Inn
1251 Columbus Pike
Delaware, OH 43015
(740) 362-8400

AF Exercise Program

Council for Older Adults
800 Cheshire Rd.
Delaware, OH 43015
(740) 363-6677

Tai Chi

Willow Brook Communities
100 Willow Brook Way S.
Delaware, OH 43015
(740) 369-0048

Aquatics & Tai Chi

Liberty Township YMCA
7798 N. Liberty Rd.
Powell, OH 43065
(740) 881-1058

FAIRFIELD COUNTY

Aquatics & AF Exercise Program

Olivedale Senior Center
253 Boving Rd.
Lancaster, OH 43130
740) 654-4334

Aquatics

Robert K Fox Family YMCA
456 W. Sixth Ave.
Lancaster, OH 43130
(740) 654-4334

Aquatics

Crestview Manor
925-957 Beck's Knob Rd.
Lancaster, OH 43130
(740) 654-4334

Aquatics

Ohio Rehab & Diag. Center
2405 N. Columbus St.
Lancaster, OH 43130
(740) 654-4334

AF Exercise Program

Livingston Arms
207 S. Livingston Ave.
Lancaster, OH 43130
(740) 654-4334

AF Exercise Program

MT Pleasant Place
963 Prestige Blvd.
Lancaster, OH 43130
(740) 654-4334

AF Exercise Program

Pleasantview Place
1690 Chartwell Street
Lancaster, OH 43130
(740) 654-4334

FAYETTE COUNTY

Aquatics

Court House Fitness
215 E. Court St.
Washington C.H., OH 43160
(740) 740-636-1070
Franchen
Home # 740-335-6065
Fax: 740-333-1876

GUERNSEY COUNTY

Aquatics

Southeastern Med's Sport's Medicine & Rehab
10095 Brick Church Rd.
Cambridge, OH 43725
(740) 439-8977

Tai Chi

Community HealthLink
1205 Clark St.
Cambridge, OH 43725
(740) 432-5465

AF Exercise Program

SE Med
1022 Carlisle
Cambridge, OH 43725
(740) 439-8152

HOCKING COUNTY

Tai Chi

Scenic Hills Senior Center
187 South Spring Street
Logan, OH 43138
(740) 385-6581

Aquatics

Holiday Inn Express
12916 Grey St
Logan, OH 43138
(740) 654-4334

KNOX COUNTY

Aquatics

Mount Vernon Comfort Inn
150 Howard St.
Mt. Vernon, OH 43050
(740) 393-5065

Aquatics & Tai Chi

**Knox Community Hospital
Center for Rehabilitation & Wellness**
1330 Coshocton Ave.
Mt. Vernon, OH 43050
(740) 393-9875

AF Exercise Program

Country Club Retirement Campus
1350 Yauger Rd.
Mt. Vernon, OH 43050
(740) 393-5065

AF Exercise Program & Tai Chi

Summerville at HillenVale
1615 Yauger Rd.
Mt. Vernon, OH 43050
(740) 393-5065

LICKING COUNTY

Aquatics

Licking County YMCA
470 W. Church St.
Newark, OH 43055
(740) 345-9622

Aquatics

Heartland Rehab
67 South Terrace Ave
Newark, OH 43055
(740) 522-3160

AF Exercise Program

Newark Healthcare Center
75 McMillen Dr.
Newark, OH 43055
(740) 344-0357

Support Group

Spring Hill Baptist Church
1820 Newark-Granville Rd.
Granville, OH
Debbie Frash (740) 982-2528
Marilyn (740) 928-0231

Support Group

PE Miller & Associ
11097 Hebron Rd.
Buckeye Lake, OH
Debbie Frash (740) 982-2528
Marilyn (740) 928-0231

MADISON COUNTY

Tai Chi

Madison Co. Senior Center
280 W. High St.
London, OH 43140
(740) 852-3001
Ruth
ruthkin1@yahoo.com
Fax: 740-852-3052

MARION COUNTY

Aquatics

Marion Area Physical Therapy
1069 Delaware Ave, Ste 202
(740) 382-1734
Linda
Fax: 740-387-6918

Aquatics

Marion YMCA
645 E. Barks Rd
Marion, OH 43302
(740) 725-9622
Crissy
Email: cpartee@marionfamilyymca.org
Fax: 740-389-1287

AF Exercise Program

Comm. Healthcare Center
175 Community Drive
Marion, OH 43302
(740) 387-7537

Support Group

Sunbridge Care and Rehabilitation
524 Jamesway
Marion, OH 43302
(740) 389-6306

Tai Chi

Marion City Senior Center
2375 Harding Highway East
Marion, OH 43302
(740) 387-6100

AF Exercise Program & Tai Chi
Meigs County Council on Aging

112 E. Memorial Drive
Pomeroy, OH 45769
(740) 992-2161

MUSKINGUM COUNTY

AF Exercise Program
& Support Group

The Carr Center
1035 Beverly Ave.
Zanesville, Ohio 43701
(740) 453-5417

AF Exercise Program
Muskingum County Center
For Seniors

200 Sunrise
Zanesville, OH 43701
(740) 454-9761

Aquatics

Good Samaritan Hospital
800 Forest Ave.
Zanesville, OH 43701
(740) 454-5000

Tai Chi

The Carr Center
1035 Beverly Ave.
Zanesville, Ohio 43701
(740) 453-5417

Tai Chi

Zanesville/Muskingum Health Dept.
205 N. 7th St.
Zanesville, Ohio 43701
740-454-9741

PERRY COUNTY

First United Methodist Church
126 S High St
New Lexington, OH 43764
(740) 342-1063

PICKAWAY COUNTY

Aquatics

YMCA
440 Nicholas Dr.
Circleville, OH 43113
(740) 477-1661

ROSS COUNTY

Aquatics

YMCA
100 Mill Rd.
Chillicothe, OH 45601
(740) 772-4340

UNION COUNTY

Aquatics

Union County YMCA
1150 Charles LN.
Marysville, OH 43040
(937) 644-4901

WASHINGTON COUNTY

Aquatics & Tai Chi

Betsy Mills Club
300 Fourth St.
Marietta, OH 45750
(740) 373-4981

Aquatics

Ewing School
1701 Colegate Dr.
Marietta, OH 45750
(740) 373-3781

AF Exercise Program &
Tai Chi

Belpre Sr. Citizens Center
1614 Washington Boulevard
Belpre, OH 45714
(740) 423-6022

AF Exercise Program

O'Neill Senior Center
333 Fourth St.
Marietta, OH 45750
(740) 373-3914
Contact: Nancy