

# Team Up for a Cure

## What is a team?

A team is any group of people joining together to walk to raise awareness for arthritis. There are no requirements for team sizes and you may sign up as many people as you want! Team members may include friends, family, co-workers– anyone you can think of who wants to participate!

## What are the benefits of forming a team?

- It's always more fun to have a great group of people on the path with you
- Participation promotes team spirit – shoot for one of the team awards (Top Fundraising Team, Largest Team, Most Team Spirit)
- The Walk to Cure Arthritis joins people together to support the Arthritis Foundation while participating in a healthy activity
- It's FUN!



## How do I start a team?

- Register at <http://www.walktocurearthritis.northernlakes.kintera.org>
- Click on “Register” then “Start a Team,” then select “Independent Team” and create a Team Name, Team Fundraising Goal and Recruiting Goal
- Create a username and password then continue to enter your personal information
- Once your registration is complete, send emails from your personal Webpage asking co-workers, friends & family to join your team
- Motivate and inspire your team to success!

