



## **Put Pain in Its Place**

*How to Get Osteoarthritis Pain Under Control*

### **Crestview Senior Community**

**4444 Reservoir Boulevard**

**Columbia Heights, MN 55421**

**Wednesday – August 12, 2015 – 1:30 p.m.**

The goals of the program are to provide you with knowledge about osteoarthritis pain and to prepare you with strategies to relieve it. If you would like to attend this program, please RSVP to Kathy Davis.

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