

An Arthritis Foundation Event

# Live Yes! | RA

A Personalized Goal - Setting Event

**Take control of your arthritis and learn how to say Yes more than no,  
despite the challenges of living with rheumatoid arthritis.**

## You're Invited

To a personalized goal setting event, where you will receive free, expert advice from a local doctor and learn how to set goals that can help you live life to its fullest.

**Don't settle for less. Learn how to do more!**

**Tuesday, April 9, 2019**

**6:00 PM – 8:00 PM**

**Maggiano's – 5333 Wisconsin Ave. NW, Washington, D.C.**

Complimentary dinner, beverages, and parking will be provided. Cash bar

## Featured Speaker:

**Dr. Christopher Collins – Georgetown University – Medstar Washington Hospital Center**

Complimentary parking available in Chevy Chase Pavilion – Located across from Friendship Heights Metro

CONTACT: KAREN RAROG – [krarog@arthritis.org](mailto:krarog@arthritis.org)



This event is FREE -  
to learn more, please go to:  
[Live Yes! RA – METRO DC](#)



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