

The Arthritis Foundation Presents

Living Your Yes With RA

A Personalized Goal - Setting Event

Here's where RA patients and their caregivers can start turning life around.

WHAT YOU'LL TAKE AWAY

- How to set personal goals, track your progress and achieve life-changing results
- Tips to communicate better with your health care providers
- Ways to get optimal treatments and outcomes
- Tools and support to successfully manage RA and live life to its fullest

This must-attend event – facilitated by a local rheumatologist – is FREE.

All you invest is your time and your determination to say Yes more than No!



Take control of rheumatoid arthritis like never before.
Learn more and register at arthritis.org/LivingYourYes

Thursday, October 11, 2018 - 6:00 p.m. - 8:00 p.m.

LIVING YOUR YES WITH RA (301 EVENT)

Maggiano's - 5333 Wisconsin Ave. NW, Washington, D.C.

Complimentary dinner, beverages, and parking will be provided. Cash bar.

Featured Speaker:
Dr. Christopher Collins
Georgetown University - Medstar Washington Hospital Center

Parking available in Chevy Chase Pavilion - Located across the street from Friendship Heights Metro
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