



They defended us...now we need to defend their health

Did You Know?

Studies show that 1 in 3 servicemen and women has some form of arthritis, it's the second leading cause of medical discharge from the Army. Worse, many soldiers are young when they receive injuries that lead to osteoarthritis. That means more years of pain, disability and limitations; veterans often need costly, lifelong care for this progressively degenerative disease.

The Arthritis Foundation has taken the latest research data and turned it into a compelling case for public policy change. We and our partners are calling on Congress to dedicate \$20 million to Department of Defense research that focuses on arthritis and ways to mitigate its effects. We need to make more people aware of this growing health problem to fund more Arthritis research that helps our military and veteran populations and that will ultimately benefit everyone with arthritis.

How More Arthritis Research Can Help

Research can help identify ways to lessen joint injury during military training and service. More research on post-traumatic OA can lead to the development of interventions at the time of injury that can mitigate the impact of arthritis, and possibly prevent it altogether. In addition, research on the genetics and epigenetics of rheumatoid arthritis can help us better understand what causes RA, which can lead to more effective treatments with fewer side effects.

We believe it's our duty to support America's veterans and service members, who are disproportionately affected by arthritis.

Return completed nomination form by 2/1/19 to:
Arthritis Foundation, Inc.

29 Crafts Street | Suite 100 | Newton, MA 02458 | ATTN: Andrea Savisky | asavisky@arthritis.org



Do You Know a Veteran Living with The Pain of Arthritis?

Nominate them to be the 2019 Boston Walk to Cure Arthritis Veteran Honoree!

The Walk to Cure Arthritis Veteran Honoree is essential to the success of the event. Their role in this event is to fundraise, help put a face on our mission, and to act as a role model for other veteran teams at the event.

Boston Walk to Cure Arthritis
Sunday, June 23, 2019
Canal Park, Cambridge, MA

Nomination Form

1. **Name of person nominating Honoree:** _____

Phone: _____ Email: _____

Relationship to nominee: _____

2. **Name of nominated Veteran:** _____

Branch of military: _____ Service years: _____

Veterans phone #: _____ Veterans email: _____

Was this Veteran discharged due to arthritis? Yes No Not sure

Reason for nominating this Honoree: (may use additional paper)

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