

PROGRAMS for better living

Why Offer Arthritis Foundation Programs



**WALK
WITH EASE**



TAI CHI



EXERCISE



AQUATICS

HELP PEOPLE IN YOUR COMMUNITY TAKE CONTROL OF THEIR ARTHRITIS – OFFER ARTHRITIS FOUNDATION PROGRAMS FOR BETTER LIVING

As an official Arthritis Foundation program partner, you are able to serve the needs of the growing number of people in your community with arthritis and promote your organization as a leader in offering high quality, arthritis education and exercise programs.

Did you know?

- Arthritis affects all ages, including one in five adults (50 million) and 300,000 children
- As baby boomers enter retirement years, numbers of people with arthritis are expected to increase to 67 million by the year 2030
- Arthritis is the leading cause of disability in the United States
- Arthritis costs the U.S. economy \$128 billion dollars, including \$80.8 billion in direct medical costs and \$47 billion in lost wages (2003 data)
- Among working age adults with arthritis, one in three reported arthritis-attributable work limitation which can result in absenteeism, reduced productivity, work loss and lower income

Benefits to You

By offering Arthritis Foundation exercise programs you will:

- Expand the number of people you serve
- Increase community recognition for your facility
- Save time, money and effort by adopting the Arthritis Foundation's easy-to-use packaged programs
- Improve the lives of people with arthritis

Sign Up!

To learn more about hosting a program today contact your local Arthritis Foundation office.

