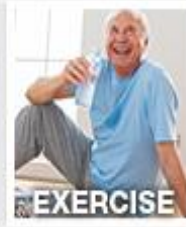


Arthritis Foundation,
Pacific Region
800 W. 6th Street, #1250,
Los Angeles, CA 90017
(323) 954-5750
(323) 954-5790 - fax

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AQUATICS
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HAWAII

City, Zip Code	Facility Name	Address	Phone Number	Website
Honolulu, 96817	15 Craigside *Residents Only	15 Craigside Place	(808) 983-1807	www.15Craigside.org
Honolulu, 96822	Arcadia Retirement Residence *Residents Only	1434 Punahou Street	(808) 983-1807	www.arcadia-hi.org
Honolulu, 96816	YMCA Kaimuki	4835 Kilauea Avenue	(808) 737-5544	www.ymcahonolulu.org/locations/kaimuki_waiialae
Honolulu, 96813	YWCA of Oahu	1040 Richards Street	(808) 538-7061	www.ywca.org/oahu

Kailua, 96734	YMCA Windward Branch	1200 Kailua Road	(808) 261- 0808	www.ymcahonolulu.org/locations/windward
Kaneohe, 96744	Pohai Nani	45-090 Namoku Street	(808) 247- 6211	www.pohainani.org
Lanai City, 96763	Lanai Community Pool	7th & Frasier Street	(808) 565- 3641 ♦ (808) 563- 2703	



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Kaneohe, 96744	Pohai Nani	45-090 Namoku Street	(808) 247- 6211	www.pohainani.org
6 Locations ♦ Kahala ♦ Kailua ♦ Kaneohe ♦ Malulani Hale ♦ Manoa ♦ Pearl City	Honolulu Gerontology		(808) 543- 8421	www.childandfamilyservice.org
Aiea, 96701	Hawai'i Pacific Health	Pali Momi Medical Center,	(808) 527- 2588	www.kapiolani.org/classes

Honolulu, 96826	Kapi`olani Medical Center for Women and Children		(808) 527-2588	www.kapiolani.org/classes
Kapaa, 96746	Kapaa Neighborhood Center	4491 Kou Street	(808) 822-1931	



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Honolulu, 96822	Arcadia Retirement Residence *Residents Only	1434 Punahou Street	(808) 983-1807	www.arcadia-hi.org
Honolulu, 96814	YMCA Central Branch	401 Atkinson Drive	(808) 941-3344	www.ymcahonolulu.org/locations/central
Honolulu, 96816	YMCA Kaimuki	4835 Kilauea Avenue	(808) 737-5544	www.ymcahonolulu.org/locations/kaimuki_waiialae
Honolulu, 96816	YMCA Kaimuki-New Hope Diamond Head	4211 Waialae Avenue, Ste. 1030	(808) 737-5544	
Honolulu, 96813	YWCA of Oahu	1040 Richards Street	(808) 538-7061	www.ywca.org/oahu

Kailua, 96734	YMCA Windward Branch	1200 Kailua Road	(808) 261-0808	www.ymcahonolulu.org/locations/windward
Kaneohe, 96744	Pohai Nani	45-090 Namoku Street	(808) 247-6211	www.pohainani.org
Kaneohe, 96744	YWCA Kokokahi	45-035 Kaneohe Bay Dr.	(808) 247-2124	www.ywca.org
Waipahu, 96797	YMCA of Leeward Branch	94-440 Mokuola Street	(808) 671-6495	www.ymcahonolulu.org/locations/leeward

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HAWAII

City, Zip Code	Facility Name	Street Address	Phone Number	Website
Kaneohe, 96744	Pohai Nani	45-090 Namoku Street	(808) 247-6211 ext. 1107	