

Why offer the Arthritis Foundation Life Improvement Series Programs?

Program Quality

The Arthritis Foundation Life Improvement Series Programs:

- Are evidence-based, with research-proven effectiveness and safety
- Include nationally standardized exercises
- Are developed and updated by experts to meet the specific needs of people with arthritis
- Help people take control of arthritis. In participants' words, they are: "life-changing," "helped me walk again," "lessened my pain," and "helped me feel better physically and mentally"

Great Marketing Opportunity

- The Arthritis Foundation is a trusted resource, and its name lends credibility
- Arthritis Foundation programs provide a value-added service to your constituents
- Partnership with the Arthritis Foundation increases visibility for your site through co-marketing opportunities, nationally produced promotional flyers, phone referrals and listings on the Arthritis Foundation's award-winning Web site
- Classes open to the community provide a greater potential for increased membership and utilization

Instructor Benefits

- Affordable training provides a valued three-year certification
- Packaged instructional materials are easy to use
- Training provides an opportunity to earn contact hours for possible continuing education credit

**Be a part of the solution:
sign up to offer classes today!**

Did you know?

- Arthritis affects all ages, including one in five adults (46 million) and 300,000 children
- As baby boomers enter retirement years, numbers of people with arthritis are expected to increase to 67 million by the year 2030
- Arthritis is the most common cause of disability in the United States
- Arthritis costs the U.S. economy \$128 billion dollars, including \$80.8 billion in direct medical costs and \$47 billion in lost wages (2003 data)
- Among working age adults with arthritis, one in three reported arthritis-attributable work limitation which can result in absenteeism, reduced productivity, work loss and lower income

