

"Camp M.A.S.H stands for "Make Arthritis Stop Hurting" and it really will make your Arthritis seem like it doesn't hurt anymore or at least not as much while you're at camp. There are so many fun and exciting activities to do like watching Comedy Sportz perform, going horseback riding, camping out under the stars, swimming in the outdoor pool, playing basketball, or just even sitting on the swings and talking with friends.

I was a camper for 10 years at Camp M.A.S.H. and I had the time of my life. I made really good friends who I still keep in touch with today. We can talk about our Arthritis with one another because we know what it's like. Having someone else to talk to about my Arthritis helped me to cope/deal with it better. During Camp I also had the opportunity to ask the doctors and nurses any questions I could think of about my Arthritis and I learned a whole lot.

Camp M.A.S.H. helped boost my self-confidence and it encouraged me to take risks in a safe, friendly environment. I realized through the experience of Camp M.A.S.H. that anything is possible. After I graduated from Camp, I went on to get my Bachelor's Degree in Wildlife Biology. And then I fulfilled my dream of becoming a Peace Corps Volunteer and served 4 years in Micronesia. I still come back to Camp and volunteer as a counselor whenever I can because I love it so much and want to give something back. So I hope to see you there this summer!

> ~Amy Levendusky, Age 29, Whitefish Bay, Former Camper