

## Kathryn



Kathryn is now 17 years old and was diagnosed with Polyarticular Rheumatoid Arthritis just after she turned 10. She enjoys writing, reading, hiking, basketball, learning and traveling. One struggle Kathryn has is that arthritis is an invisible disease so people don't believe that young people like her have it and are in pain. They often aren't around during a flare-up or when she is sick from her medications, so they just don't understand. Having arthritis has made her more independent and comfortable with who she is.