

# Arthritis Foundation Brochure Order Form

[www.arthritis.org](http://www.arthritis.org)

## Diseases & Conditions

IRARTHDS

- Arthritis & Diabetes
- Ankylosing Spondylitis
- Back Pain
- Bursitis, Tendonitis and other Soft Tissue
- Fibromyalgia
- Gout
- Lupus
- Osteoarthritis
- Osteoporosis
- Polymyalgia Rheumatica & Giant Cell
- Psoriatic Arthritis
- Raynaud's Phenomenon
- Rheumatoid Arthritis
- Scleroderma
- Sjogren 's syndrome

## General Info & Self Management

IRGENMGT

- Arthritis Answers
- Arthritis in African Americans
- Arthritis in the Workplace
- Complementary Therapies
- Diet and Arthritis
- Exercise and your Arthritis
- Gardening & Arthritis
- Golf & Arthritis
- Guide to Intimacy and Arthritis
- Heat & Cold Therapy
- Managing your Activities
- Managing your Fatigue
- Managing your Pain
- Managing your Stress
- Surgery & Arthritis
- Walking & Arthritis
- Water Exercise: Pools, Spas

The educational materials listed below provide information about arthritis and its management. Receive up to 10 free single copies of any of these items. Call 800-383-6843, mail or visit our website at [www.arthritis.org](http://www.arthritis.org)

## Medications

IRMEDS

- Aspirin & NSAIDS
- B-Cell Therapy
- Biologic Response Modifiers
- Corticosteroids
- DMARDS
- Glucosamine & Chondroitin Sulfate
- Hyaluronic Acid Therapy
- Hydroxychloroquine
- Laboratory Tests

## Arthritis Today Reprints

IRATRPRT

- Drug Guide
- Just Diagnosed
- RA Today
- Simple Strategies for Change
- Supplement Guide
- Walking Guide

## Local Services

IRLOCAL

- Advocacy
- Annual Report
- Aquatic Exercise List
- Exercise List (Land based)
- Ohio River Valley Chapter Brochure
- Research Update
- Rheumatologist List
- Support Group List
- Tai Chi Exercise List

## Children & Young Adults

IRCHLDRN

- Arthritis in Children
- Aquatic classes for children
- When your Student has Arthritis



**Take Control. We Can Help.™**

## Arthritis Foundation Books

IRSALES

Call for prices or visit our web site to order

- All You Need to Know About Back Pain
- All You Need to Know About Joint Surgery
- Alternative Treatments for Arthritis: A to Z
- Arthritis HelpBook 6<sup>th</sup> Edition
- Beyond Chaos
- Celebrate Life with Chronic Illness
- Change Your Life
- Guide to Arthritis Medication A to Z
- Guide to Good Living with Fibromyalgia
- Guide to Good Living with Osteoarthritis
- Guide to Good Living with Rheumatoid Arthritis
- Guide to Managing Your Arthritis
- Guide to Pain Management
- Health Organizer
- Natural Treatments for Fibromyalgia: A - Z
- Raising A Child with Arthritis
- Tips for Good Living with Arthritis
- Toward Healthy Living: A Wellness Journal

## Videos, DVDs, etc

- Arthritis Water Exercise DVD
- Take Control with Exercise DVD or VHS
- Walk with Ease II Book
- Walk with Ease Audio Tape

## Additional Resources

- Arthritis Today Magazine** (6 issues per year). \$20 annual membership.
- Kids Get Arthritis Too** (6 issues per year). Free.

## Online Resources

Let's Move Together encourages daily activity. <http://www.arthritis.org/lets-move-together-main.php>

**Arthritis Today Magazine**  
*Ordering Information*

Name \_\_\_\_\_

Address \_\_\_\_\_

City, State, Zip \_\_\_\_\_

Phone (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

E-mail \_\_\_\_\_

\$ \_\_\_\_\_ Arthritis Today/membership \$20.00

\$ \_\_\_\_\_ Kids Get Arthritis Too (Free)

\$ \_\_\_\_\_ Total enclosed

**METHOD OF PAYMENT (choose one)**

- Check or money order enclosed
- VISA
- MasterCard
- American Express (\$10 min. for cards)

Credit Card # \_\_\_\_\_

Expiration date \_\_\_\_\_

Signature \_\_\_\_\_

MAIL, CALL, FAX OR ORDER ON THE WEB

**ARTHRITIS FOUNDATION**  
**OHIO RIVER VALLEY CHAPTER**  
7124 Miami Avenue  
Cincinnati, OH 45243  
513-271-4545 FAX 513- 271-4703  
TOLL FREE: 800-383-6843  
[www.arthritis.org](http://www.arthritis.org)

**Volunteer Opportunities in Cincinnati,  
Kentucky & West Virginia**

*Committees or Events*

- Arthritis Expo – Dayton, Lexington, Louisville
- Arthritis Walk-Cincinnati, Dayton, Lexington, Louisville
- Arthritis Advocate – Chapter wide
- Bone Bash Gala – Cincinnati
- Development Committee – Cincinnati, Louisville
- Health Fairs – Chapter wide
- JAA – Cincinnati, Louisville
- Jingle Bell Run – Cincinnati, Dayton
- Life Improvement Series Leaders – Chapter wide
- Mission Committee - Cincinnati
- Office Support – Chapter wide
- Osteoarthritis Summit - Cincinnati

Ohio River Valley Chapter  
7124 Miami Ave., Cincinnati, OH 45243  
513-271-4545 or 800-383-6843

Dayton  
937-293-6211 or 800-383-6843

Louisville Branch  
2908 Brownsboro Rd #117, Louisville, KY 40206  
502-585-1866 or 800-633-5335

Lexington Branch  
169 E. Reynolds #240B, Lexington, KY 40517  
859-559-5833 or 800-633-5335

Huntington Volunteer Office  
HealthSouth Rehab Hospital  
6900 W Country Club Dr. Huntington, WV 25705  
304-733-0884 or 800-358-0380

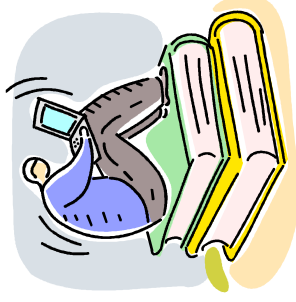
*The mission of the Arthritis Foundation is to  
improve lives through leadership in the  
prevention, control and cure of arthritis and  
related diseases.*



# Arthritis Foundation

## Ohio River Valley Chapter

### Educational Materials



Serving Southern Ohio,  
Kentucky and West Virginia

[www.arthritis.org](http://www.arthritis.org)

