

Benefits of Teaching

Improve Lives Today by Leading an Arthritis Foundation Program

The Arthritis Foundation Life Improvement Series programs were developed to help the millions of people living with arthritis take control of their disease. As a program instructor or leader, you will help change lives. Receive specialized training to deliver these high-quality exercise and education programs and become affiliated with the Arthritis Foundation—one of the most highly regarded health not-for-profit organizations in the United States.

Benefits of Teaching

When you teach an Arthritis Foundation Life Improvement Series program, you make a tremendous difference in your community. In addition, you join the nation's leading organization for arthritis research and education, as well as an elite team of Arthritis Foundation certified instructors.

As a program leader or instructor, you will:

- Experience the deep satisfaction of helping to change lives through programs proven to be safe and effective
- Provide programs that your participants will trust
- Receive specialized training and easy-to-use instructional materials
- Learn new skills and gain valuable experience with teaching and program delivery
- Receive the opportunity to obtain the Arthritis Foundation's nationally recognized certification and contact hours for possible continuing education credits
- Have fun!

How the Arthritis Foundation Helps

The Arthritis Foundation is an active participant in the training, quality monitoring and marketing of its Life Improvement Series programs. Arthritis Foundation assistance may include:

- Marketing support through Arthritis Foundation nationally produced promotional flyers, Web site listings and referrals
- Specialized training for leaders/instructors and national certification for those who teach at approved sites
- Program updates when needed, program evaluation and monitoring support
- Connection to other Arthritis Foundation educational resources, programs and services

**Be a part of the solution...
Find out about becoming an
Arthritis Foundation Program Partner**