

WALK to CURE ARTHRITISSM



Jill Dlabal Ellner, DDS
2014 Walk to Cure Arthritis
Corporate Chair
Manhattan, KS

Dr. Jill Dlabal Ellner was born and raised in Manhattan, Kansas. She left for a few years in 1992 to receive her undergraduate degree from the University of Kansas, and graduate as a Doctor of Dental Surgery from Creighton University School of Dentistry. She returned to Manhattan in 2001 to work as a dentist alongside her father, Dr. J. Dennis Dlabal, at The Dental Health Group. Jill met her husband, Mark Ellner, during college and they married in 1999. They have two sons, Marcus and Miles, and one daughter, Macie.

Jill has had severe psoriasis for 26 years. Psoriasis is a chronic, non-contagious, autoimmune disease that appears as scaly red patches on the skin. About thirty percent of people with psoriasis develop psoriatic arthritis (PA). She was diagnosed with psoriatic arthritis in 2008. Her identical twin sister also has psoriasis and PA. Jill has tried topical steroids, phototherapy and systemic medication for her psoriasis. It wasn't until she was diagnosed with PA that she decided to use biologics to treat her disease. Jill used Enbrel for about four years which significantly helped her PA, but cleared her psoriasis by about fifty percent. Her doctors suggested she try Humira to see if she would get a better result. Now Jill has been on Humira since 2012. Her psoriasis has cleared ninety-nine percent, and her joints are doing well!

Jill has had her struggles throughout the years dealing with red, itchy, dry patches of skin and aching joints, but it has not kept her from enjoying life! She works a 40-hour work week, exercises with a trainer twice a week, and loves to take her two dogs on walks. Psoriasis and Psoriatic Arthritis haven't kept her from enjoying activities with her children and husband. They love going on family bike rides, swimming and snow-skiing together. They've participated in the Walk to Cure Psoriasis in Kansas City for the last several years. Jill and her family are hoping to find a cure for both psoriasis and psoriatic arthritis in the future!

The Arthritis Foundation is proud to recognize Jill Dlabal Ellner for her courage and determination, and we are thrilled to have her as the 2014 Walk to Cure Arthritis corporate chair.

About the Arthritis

The Arthritis Foundation (www.arthritis.org) is committed to raising awareness and reducing the unacceptable impact of arthritis, which strikes one in every five adults and 300,000 children, and is the nation's leading cause of disability. To conquer this painful, debilitating disease, we support education, research, advocacy and other vital programs and services.