



**Des Moines, IA**

**Arthritis Walk Honoree  
Sadie**

**Contact Information - Owner: Amanda Huppert  
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**2012 Arthritis Walk  
Saturday, May 12, 2012  
10 a.m.  
Copper Creek Lake Park Shelter  
4390 East University Avenue  
Des Moines, IA 50317**

**Register online <http://ArthritisWalkDesMoines.org>**

Sadie is a nine year old, mixed breed female adopted from the Animal Rescue League in November, 2003. She was only 10 months old when she was adopted, but had lived in many different homes. Sadie and her siblings were abandoned in a box, and left at the door of the Rescue League. Although adopted quickly, Sadie went to an owner that spent little time with her, and she was kept in an outdoor pen with little attention, no socialization, or training. She was returned to the League nine months later due to her incessant barking.

Sadie was taken in by a loving and kind foster family who gave her the love and attention she needed, and prepared her for a second chance adoption. This time Sadie found her forever home, and joined her new housemate Mickey, a West Highland Terrier. Sadie's 45 pounds are covered in a beautiful cinnamon colored fur, and her slightly wrinkled face and expressive eyes always melt the hearts of those who meet her.

Sadie has always been very healthy and just developed arthritis in the last year. Sadie enjoys a healthy diet, gets plenty of exercise, and has supplemental chews twice daily. These have helped tremendously with her stiffness. Helping her stay active and agile are her two companions Murphy, a male Cocker Spaniel; and Poppy, a female Pomeranian. Sadie enjoys playing tug of war, fetch, and chasing squirrels

in the yard. Her leisurely walks on the Greenbelt keep her moving; and the occasional glimpse of a deer seems to always bring her joy.

Be sure to stop by and say Hi to Sadie at this year's Arthritis Walk. The Arthritis Foundation is proud to honor one of our best friends as a Walk Honoree.

**About the Arthritis Foundation**

The Arthritis Foundation ([www.arthritis.org](http://www.arthritis.org)) is committed to raising awareness and reducing the unacceptable impact of arthritis, which strikes one in every five adults and 300,000 children, and is the nation's leading cause of disability. To conquer this painful, debilitating disease, we support education, research, advocacy and other vital programs and services.