



Northwestern Medicine
2014 Jingle Bell Run/Walk
Medical Honoree
Chicago, IL

Northwestern Medicine deals primarily with the diagnosis and treatment of arthritis and autoimmune diseases. Their practice of integrating clinical care with cutting-edge research in every area of rheumatology puts them shoulder-to-shoulder with the world's most renowned hospitals.

Their arthritis program is one of several centers in the United States funded by a Multipurpose Arthritis and Musculoskeletal Diseases Center Grant from the National Institutes of Health. The arthritis center's multidisciplinary team diagnoses and treats arthritic, rheumatic and autoimmune disorders.

Dr. Calvin Brown, Fellowship Director will serve as the Team Captain for the Northwestern Rheumatology Team for the 2014 Jingle Bell Run/Walk. "We are excited to participate and raise funds for the Chicago Chapter of the Arthritis Foundation. Secretly, some of us are hoping it snows like last year because we had quite a bit of fun with it," said the team's spokesperson.

The team at Northwestern Medicine is highlighting one of their current fellows, Dr. Mary Mahieu. She is about to start her second year with Northwestern Medicine. Dr. Mahieu said, "I chose a career in Rheumatology because I was fascinated by the broad range of diseases that Rheumatologists encounter, but also because Rheumatologists can dramatically impact a patient's quality of life and limit disability. I strive to become proficient in the diagnosis and treatment of both common and uncommon rheumatologic disorders. I also hope to be productive in clinical research, which I believe will enhance my patient care skills."

Dr. Mahieu has worked with Dr. Rosalind Ramsey-Goldman on a project investigating a potential serum biomarker for subclinical cardiovascular disease in patients with systemic lupus erythematosus (SLE), and the manuscript was recently accepted for publication. Dr. Mahieu has vowed to continue her research with Dr. Ramsey-Goldman first in a project evaluating the interplay between physical activity, physical function, and quality of life in patients with SLE. A second project is also planned to assess potential biomarkers for patient-reported health status in domains such as pain, fatigue, and physical function.

In an effort to supplement her research experience, Dr. Mahieu will concurrently work towards earning a Master of Science in Clinical Investigation degree through the Graduate School at Northwestern University, and she hopes to continue research pursuits beyond her fellowship training. Her long-term career goal is to practice at an academic institution where she can be involved in both patient care and clinical research.

The Arthritis Foundation is grateful for the commitment of Northwestern Medicine to their patients, and we are thrilled to recognize them as the 2014 Chicago Jingle Bell Run/Walk Medical Honoree. We wish them a snowy Jingle Bell Run/Walk!

About the Arthritis Foundation

The Arthritis Foundation (www.arthritis.org) is committed to raising awareness and reducing the unacceptable impact of arthritis, which strikes one in every five adults and 300,000 children, and is the nation's leading cause of disability. To conquer this painful, debilitating disease, we support education, research, advocacy and other vital programs and services.