



**Myra JoAnn Eickelman**  
**2013 Jingle Bell Run/Walk**  
**Ina, Illinois**

Myra JoAnn Eickelman is a 79 year old, retired Registered Nurse who has dealt with pain related to osteoarthritis in multiple joints over the past 20+ years. Working as a Registered Nurse obviously put a physical demand on her weight bearing joints, and in conjunction with genetic predisposition this has resulted in her diagnosis and treatment of osteoarthritis.

JoAnn has undergone a bilateral total knee replacement, a bilateral total hip replacement, and a recent X-Stop procedure following failure of conservative treatments (including injections, medications, and physical therapy/chiropractor with bracing) to treat her osteoarthritis. Treatment has always been to return her to a better quality of life and to maintain her functional status.

Myra is an inspiration to many and we applaud her determination and courage. We are proud to recognize her as the 2013 Jingle Bell Run/Walk Honoree.

**About the Arthritis Foundation**

Striking one in every five adults and 300,000 children, arthritis is the nation's leading cause of disability. The Arthritis Foundation ([www.arthritis.org](http://www.arthritis.org)) is committed to raising awareness and reducing the unacceptable impact of this serious and painful disease, which can severely damage joints and rob people of living life to its fullest. The Foundation funds life-changing research that has restored mobility in patients for more than six decades; fights for health care policies that improve the lives of the millions who live with arthritis; and partners with families to provide empowering programs and information.