



Jingle Bell®

Run/Walk for Arthritis

Arthritis Foundation®

Locally Sponsored By

**AMERISTAR
CARES**

**JINGLE UNDERGROUND THIS
HOLIDAY SEASON!**

24th Annual
Jingle Bell Run/Walk

Sunday, December 9, 2012

Meritex Lenexa Executive Park

The underground run starts at 9 a.m.!

Nationally Sponsored By



For more information call or visit:

913.262.2233

JingleBellRunKC.org

Event Day Schedule

Sunday, December 9, 2012

Registration and packet pick-up begins at 7 a.m.

- 7:00 am** - Registration and packet pick-up begins
- 8:45 am** - Drawing of names for JBR raffle
- 9:00 am** - Start of 5K run
- *10:00 am** - Start of awards ceremony
* Approximately

Awards

Prizes will be given to the top male and female finishers in the following age divisions: up to 9; 10-14; 15-19; 20-24; 25-29; 30-34; 35-39; 40-44; 45-49; 50-54; 55-59; 60-6; 65-69; 70 and up

Jingle Bell Battle

Celebrate the season of giving with your colleagues! The Jingle Bell Battle is a friendly but ferocious fundraising challenge among corporate teams. The winner of the 2012 Jingle Bell Battle will receive ...

- A plaque recognizing the company's accomplishments.
- Verbal recognition at this year's Jingle Bell Run.
- An invitation to have all your 2013 Jingle Bell Run/Walk T-shirts personalized by color.
- A promise that all T-shirts, goody bags and accessories for the 2013 Jingle Bell Run/Walk will be delivered to your office.

A huge THANK YOU! and CONGRATULATIONS! to our 2011 winner: OptumRX

Event Highlights

The Jingle Bell Run/Walk will have plenty of perks for runners and their families, including ...

- Appearances by Santa Claus, Kansas City Royals mascot Sluggerrr and other child-friendly friends of the Foundation.
- A steady array of holiday music, festive décor and holiday cheer.
- Plenty of food and drinks for everyone, including bagels from Panera and fruit from Liberty Fruit Co.
- Jingle Bell Run T-shirts and necklace for all participants!
- Overflow parking and shuttle service available in the nearby Kiewit parking lot, located at 9401 Renner Blvd.

Unique Location!

Few runs in the country are quite like this one, as the Jingle Bell Run/Walk takes place entirely underground. The facility is the Meritex Lenexa Executive Park, where the average temperature - even in the dead of winter - is 68 degrees. There are no hills, and the course never ventures outside. The route is flat, festive and fun, which will allow you to jingle like you've never jingled before!

Packet Pick-Up

The Arthritis Foundation strongly recommends that all participants take advantage of an early packet pick-up opportunity, as there is sure to be event-day congestion. Packet pick-up options:

Friday (December 7) - 3 to 7 p.m.

- Arthritis Foundation, 1900 W. 75th St., Suite 200, Prairie Village KS 66208

Saturday (December 8) - 12 p.m. to 3 p.m.

- Meritex, 17501 W. 98th St., Lenexa KS 66219

Sunday, Race Day (December 9) - 7 a.m.

- Meritex, 17501 W. 98th St., Lenexa KS 66219

Special Thanks to our Sponsors



For more information visit

JingleBellRunKC.org,

call 913.262.2233 or

e-mail srock@arthritis.org

Get in the Spirit this Holiday Season!



Be There With Bells On!

Get in the spirit this holiday season at the Arthritis Foundation's Jingle Bell Run/Walk for Arthritis.

Be one of the thousands of runners and walkers who hit the nation's pavement, pathways and parks to fight the nation's leading cause of disability.

Jingle Bell Run/Walk is a fun and festive way to kick off your holidays by helping others! Wear a holiday-themed costume. Tie jingle bells to your shoelaces. Run or walk with your team members and celebrate the season by giving.

It's Easy to Join In...

1. Register Today!

Register online at JingleBellRunKC.org or complete the attached registration form and send it to the Arthritis Foundation.

2. Form a Team!

Invite friends, family, neighbors and co-workers to join your team. Being part of a team is fun! You'll build camaraderie while raising funds to fight arthritis.

3. Raise Funds!

Collect donations to help prevent, control and cure arthritis. You can raise funds online at JingleBellRunKC.org by creating a free personal website and e-mailing donors, or collect check/cash donations and turn them in prior to the event. Every dollar you raise brings us one step closer to a cure.



Fifty million American adults and 300,000 children have arthritis, the nation's leading cause of disability. Arthritis costs our economy \$128 billion annually. Please help the Arthritis Foundation conquer this painful, debilitating and unacceptable disease. Register today, form a team, raise funds, and put a little jingle in your step to support our urgent cause.



Kasie Goodfellow, Age 19

When **Kasie Goodfellow** was 9 years old, her life changed forever. Diagnosed with Juvenile Rheumatoid Arthritis in all of her joints, **Kasie** was devastated. She wanted so badly to fit in - to be active, to play sports, to be "normal." But the pain was too much, leaving her lost and alone. Then, Kasie found music. Then, she found the Arthritis Foundation. These days, Kasie is an accomplished singer and a sophomore in college. She's confident and colorful, a true role model. She's been actively involved with the Arthritis Foundation for several years, even mentoring young children who are struggling with their own diagnoses. In short, Kasie has taken control of her arthritis - rather than the other way around - and has no time to ask, "Why me?" For those reasons and more, **Kasie Goodfellow** of **Warrensburg, MO**, is our Jingle Bell Run honoree - and the reason we do what we do!

Raise Funds to Earn Prizes.

<p>\$100</p>  <p>Candy Cane JBR Tube Socks</p>	<p>\$250</p>  <p>Insulated Travel Cup IGLoo Lunch Bag</p>	<p>\$1000</p>  <p>LEAPSTER learning system iPod Shuffle with Earphones</p>
<p>\$350</p>  <p>Wireless Stereo Headphones</p>		

Visit www.jbrprizes.afgear.org to see a full list of prizes.

Where Does the Money Go?



- 76.4% RESEARCH & PROGRAM SERVICES**
- 12.6% FUNDRAISING**
- 11% MANAGEMENT & GENERAL**

Register online at www.arthritis.org



Register online at jinglebellrunc.org

Registration Form

Send completed form and check to:
Arthritis Foundation Western Missouri Payment Processing Center
P.O. Box 790379, St. Louis, MO 63179-0379.

Name _____

Address _____

City _____ State _____ Zip _____

Phone: (Home) _____

(Cell) _____

(Work) _____

E-mail _____

Male Female

Date of Birth _____ Age _____

Team Name _____

Team Captain _____

Employer/School/Organization _____

Please check all that apply:

I PLAN TO: Run Walk

REGISTRATION FEES:

Through Oct. 30 \$30 On Race Day \$40

From Nov. 1 through Dec. 8 \$35

I want to be a team captain, please send me more information

Please accept the enclosed check as a donation

I want to volunteer

My company has a matching gift program

I have arthritis (type) _____

I would like more information about the Arthritis Foundation

How did you hear about Jingle Bell Run/Walk for Arthritis? _____

T-Shirt Size: S M L XL XXL

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WAIVER/RELEASE - SIGNATURE REQUIRED

I hereby certify the following: (1) I am physically fit and have received medical clearance to participate in the Jingle Bell Run/Walk for Arthritis; (2) In consideration for my application to participate in the Jingle Bell Run/Walk for Arthritis being accepted, I, on behalf of myself, my heirs and assigns, and my estate, hereby waive and forever discharge the sponsors, organizers, affiliates, as well as their agents and employees, from any and all claims that may accrue as the result of my participation; and (3) I hereby grant the Arthritis Foundation specific permission to reproduce, publish, circulate, copyright or otherwise use any and all photographs and/or video of me and/or my family, taken at the Jingle Bell Run/Walk for Arthritis, for use by the Arthritis Foundation. (4) "The Arthritis Foundation reserves the right to cancel this event in case of inclement weather, dangerous conditions or other extreme situations. The event will not be rescheduled and no refunds will be issued."

Date _____

Participant's Signature _____

If under 18, Parent's or Guardian's signature _____

May the Arthritis Foundation share your name?