



A FREE Arthritis Foundation Public Education Event
Hosted by PeaceHealth St. Joseph Medical Center

Living With Knee and Hip Pain?

Join the Arthritis Foundation and ReBound Physical, Occupational and Hand Therapies in celebrating **World Arthritis Day** and learn tips, tools and treatment techniques on how to combat pain.

Thursday, October 9, 2014

6:30 p.m. – 7:30 p.m.

Registration, refreshments, and interactive informational booth will begin at 6:00 p.m.

**PeaceHealth St. Joseph Medical Center
Conference Room 5/6**

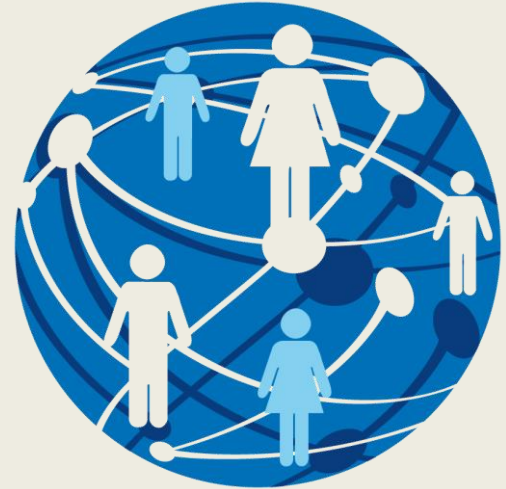
2901 Squalicum Parkway
Bellingham, WA 98225

Featured Speakers:

Kevin Rupp, DPT (Doctor of Physical Therapy)

Conservative Treatment and living with an arthritic knee and hip pain.

Osteoarthritis (OA) is not an old person's disease. Symptoms of OA typically first begin after age 40 and effect a large working population. OA can develop within 10 years of a major joint injury. Thus a teenager injured at age 15 could have OA as early as age 25 or 30.



Register Today!

Seating is limited.

Pre-registration is appreciated.

Phone:

Lisa Mitchell at 360-746-2664

Email:

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Online:

<http://bhamworldarthritisdays.eventbrite.com>



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