



## **Put Pain in Its Place**

*How to Get Osteoarthritis Pain Under Control*

### **Dellwood Gardens Assisted Living**

**753 7<sup>th</sup> Street East**

**Saint Paul, MN 55106**

**Wednesday – May 20, 2015 - 2 p.m.**

The goals of the program are to provide you with knowledge about osteoarthritis pain and to prepare you with strategies to relieve it. If you would like to attend this program, please RSVP by calling 651-776-9511

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