



## Compelling Reasons to Advocate in KY

- 1,052,000 people in Kentucky have arthritis or a related disease (2011 BRFSS)
- 32% of all adults in Kentucky have arthritis (2011 BRFSS)
- 59% of adults with diabetes in Kentucky also have arthritis (2011 BRFSS)
- 49% of adults with hypertension in Kentucky also have arthritis (2011 BRFSS)
- 40% of adults who are obese in Kentucky also have arthritis (2011 BRFSS)
- The approximate annual cost of arthritis to Kentucky in direct and indirect costs exceeds 2.45 billion dollars (Medical Expenditure Panel Survey)
- An estimated 3,900 children in Kentucky have some form of arthritis (CDC)
- The prevalence of arthritis-attributable work limitation (AAWL) among all working-age adults with arthritis in Kentucky is 51.3% (CDC)
- CDC data identifies arthritis as the most common causes of disability

***As a part of health care reform in this country, arthritis research and prevention efforts must be strengthened to reduce and minimize the burden of arthritis.***

## Ambassador Program

Arthritis Ambassadors are official liaisons between the Arthritis Foundation and their member of Congress. This program trains individuals into elite advocates ready to take on the challenges facing the arthritis community.

## What is an E-Advocate?

E-Advocates help improve the lives of people living with arthritis. The key to success in changing government policies and funding is through grassroots advocacy and our e-advocates are the Arthritis Foundation's chief resource for making positive changes in Washington.

## What does an E-Advocate do?

E-Advocates make their opinions and personal stories known. By signing up, you'll receive Action Alerts in your inbox when important arthritis-related issues are debated on Capitol Hill. In 5 minutes or less, you'll be able to write your elected officials and tell them their constituents care about arthritis and how it impacts our communities.

To register, go to  
[www.arthritis.org/Take Action](http://www.arthritis.org/TakeAction)

Become an *Advocate* and take *Action* today.